The Tibet Fund works to preserve the distinct cultural and national identity of the Tibetan people. Since 1981, under the patronage of His Holiness the Dalai Lama, The Tibet Fund has been the primary funding organization for health care, education, refugee rehabilitation, religious and cultural preservation, elder care, and community and economic development programs serving hundreds of thousands of Tibetan refugees living in India, Nepal and Bhutan.

Our aim is to promote self-reliance and to help sustain the cohesiveness of the exile community. In Tibet, our support is directed towards education, emergency relief, healthcare, and social enterprise programs that aid impoverished and marginalized Tibetans.

For more information please go to www.tibetfund.org and visit the ‘About Us’ page for more information on our history and financial information and like us at www.facebook.com/tibetfund.

The Tibet Fund’s work is guided by the following priorities:

– Ensure that Tibetan culture and identity remain a strong part of our global heritage

– Expand the resources needed to strengthen the growing Tibetan community in exile and prevent marginalization of Tibetans in Tibet

– Enable individual donors to connect with Tibetan children, monks, nuns, and the elderly

– Raise awareness of the success and struggles of the Tibetan people to sustain their way of life, language, and traditions
‘The Tibet Fund has worked closely with our Central Tibetan Administration in Dharamsala to understand the priorities of the Tibetan Community. With the aid of The Tibet Fund, our people have built schools, homes for the elderly and other refugees in the settlements. The Tibet Fund has also enabled us to create programs essential to the preservation of our cultural heritage, the very seed of our civilization.’

His Holiness the 14th Dalai Lama
Dear Friends,

We are pleased to report on The Tibet Fund’s activities and accomplishments in 2013. With every passing year, as the Tibetan people struggle to preserve their culture and identity, The Tibet Fund’s grant and sponsorship programs bring vital resources to the refugee communities scattered across India, Nepal, and Bhutan, as well as to orphanages, healthcare centers, and schools in Tibet.

We are proud of what has been accomplished with the support of our donors. In the following pages, you will learn about some of the important programs and services that have been provided during the past year. The Tibet Fund depends on the goodwill and generosity of numerous individuals, foundations, and the U.S. government. We would like to take this opportunity to express our sincere and humble gratitude to each and every supporter, especially the U.S. Congress and Administration, which have lent significant support, enabling The Tibet Fund to provide vital humanitarian aid and scholarships to Tibetans in refugee communities in India, Nepal, and Bhutan and to Tibetans inside Tibet.

We are also grateful to our Board of Directors for their tireless work, guidance and dedication, which have ensured The Tibet Fund’s success over the past 33 years. I also thank our small staff, without whose dedication we could not have achieved these accomplishments.

The Tibet Fund has been privileged with the appointment of Lobsang Nyandak, former Representative of His Holiness the Dalai Lama to the Americas, as our Executive Director, effective September 1, 2013. The Board is thrilled and excited about the leadership and skills Lobsang la brings to forward The Tibet Fund’s work in service of the Tibetan people, their culture and religion.

Once again, thank you for your support. We look forward to updating you on the many exciting and crucial projects we are working on in 2014.

Sincerely,

Rinchen Dharlo
President
27th Group of Tibetan Scholarship Program (TSP) Students Arrive in the U.S.

The Tibet Fund welcomed eight students in August, 2013, as part of the Tibetan Scholarship Program (TSP) program, which gives scholarships to Tibetans living in India and Nepal to study in the United States. Meanwhile, eight students who arrived in the U.S. in 2012 continued their studies, and ten students who arrived in 2011 successfully graduated from their respective degree programs. TSP students in the 2013 cohort are pursuing graduate studies in fields such as East Asian Studies, Film Studies, Environmental Studies, Business, and Physics at institutions including Harvard and Emory universities. Before departing for their respective schools, the students participated in a two-day orientation in New York City designed to provide them with information on academic life, acclimating to American culture, campus life and the responsibilities of a TSP scholarship recipient.

On October 17, 2013, the Board of Directors welcomed friends and supporters to our 4th Annual Gala held at Riverpark in New York City. With 200 guests in attendance, the dinner and silent auction raised approximately $300,000 to support The Tibet Fund’s mission. The event was chaired by Richard Gere. At this year’s event we honored three cherished friends of The Tibet Fund: scholar, conservationist, and philanthropist Dr. Stephen Rockefeller for his enthusiastic and steadfast support of the Tibetan people, Chef Eric Ripert for his work preserving Tibetan culture, and the late musician and filmmaker Adam Yauch for his efforts to raise awareness of the Tibetan freedom movement.

Endowment Matching Grant Campaign Raises $69,000

The Tibet Fund has initiated a matching grant campaign to increase the endowment in order to bring long term sustainability to the organization. Board member Jane Wells and the Donald and Shelley Rubin Foundation generously contributed initial grants of $25,000 and $10,000 respectively. These grants were matched by $34,000 raised at the Annual Gala for a total of $69,000 in addition to many donations contributed by individual donors.
Tibetan Scholarship Program (TSP) Students Participate in Workshops

This year TSP students participated in two workshops. TSP students halfway through their studies attended a two day mid-session workshop held in Washington DC. Graduating TSP students participated in a re-entry workshop in May 2013 designed to prepare them for their return to India. The re-entry workshop helped students identify newly acquired skills from their experience of studying in the U.S. and to develop successful strategies for re-integration upon their return home. At the end of the two-day workshop, all graduating students were honored with a certificate in recognition of their accomplishment.

"Jamtse: Love and Compassion" CD for Sale to Benefit The Tibet Fund

The digital compilation “Jamtse: Love and Compassion,” produced by BFM Digital, features eight renowned artists. The CD is comprised of two parts: *Dhodma* (Original) is a compilation of 14 traditional songs from various areas of Tibet performed by artists from the renowned Tibetan Institute of Performing Arts in Dharamsala, India, and *Thundril* (Unity) presents 14 contemporary songs from award-winning young Tibetan artists in exile. Originally conceived by producers Joshua Jacobs and Steven Weber as an instrument to help bring about awareness of the current plight of the Tibetan people, the music is not only inspirational but also benefits The Tibet Fund. In 2013, we received $7,109 from sales of the “Jamtse” CD.

The Tibetan Chamber of Commerce’s Trade Delegation Visits New York City

In September 2013, The Tibet Fund hosted a reception for the Tibetan Chamber of Commerce trade delegation. The delegation visited New York at the end of September in order to establish networks and explore possible markets in the United States. The Tibetan Chamber of Commerce was established in 2005 with H.H. the Dalai Lama’s patronage under the leadership of Lobsang Nyandak, Executive Director of The Tibet Fund, during his tenure as Finance Minister of the Central Tibetan Administration. The Chamber’s primary goals are to strengthen the Tibetan business community in exile and to support new and aspiring Tibetan entrepreneurs.

Modern Feast to Honor Tibet Event a Success

In February world-renowned chef Maxime Bilet hosted The Modern Feast to Honor Tibet at VUDE, a food performance space in Seattle generously donated by Jon and Joel Staneberg. President Rinchen Dharlo said a few words about The Tibet Fund while guests sampled Chef Bilet’s delicious work. Well-known Tibetan singer and teacher Tsering Lodoe performed traditional Tibetan music. The event raised over $12,000 for health and education programs in India and Nepal.

Annual Appeal is Highly Successful; Membership Drive Launched

The 2013 Annual Appeal was launched a week before Thanksgiving Day, thanking our friends and supporters for their generosity and support. The appeal was sent to over 3,811 people, and supporters generously sent
contributions totaling $31,657. In addition to the Annual Appeal, we have launched the Membership Drive inviting donors and friends to become members of The Tibet Fund. Three tiers of membership were introduced, including “Leadership Donor,” “Sustaining Partner,” and “Friend of The Tibet Fund” with annual fees of $1,000, $360, and $180 respectively.

Tom Sargent Leaves the Board of Directors
The Board of Directors bids goodbye to Tom Sargent, who served on the board with distinction since 2010. Mr. Sargent is a real estate developer and city planner. He made valuable contributions as a board and program committee member. He and his wife Barbara are major supporters of The Tibet Fund who have donated generously for over ten years; their contributions have made a significant impact in strengthening the Tibetan settlements where Tibetan culture and identity is kept alive, and they are continuing their support.

New Internet Security Initiative is Launched in Dharamsala, India
In March, 2013, The Tibet Fund and Central Tibetan Administration introduced a $1.4 million initiative to help protect Tibetan exile organizations from the frequent cyber attacks they experience, most of which originate in China. With support from the U.S. State Department Bureau of Democracy, Rights and Labor, work began in Dharamsala to train Tibetan system administrators, migrate websites to more secure platforms, establish a malware laboratory, and upgrade vulnerable computer systems and network infrastructure.

The Tibet Fund and Twin City Collaborate on a Fund-raising Event
In collaboration with Twin City, a global network of emerging leaders, The Tibet Fund organized a small fund-raising event to celebrate the 24th anniversary of the Nobel Peace Prize conferral to His Holiness the Dalai Lama. Held on December 10 in New York City with approximately 35 guests, the event included a screening of a short film about His Holiness, a silent auction, traditional Tibetan and Sufi performances, and speeches by Zoran Josipovic, Director of NYU Contemplative Neuroscience Lab, and Natalie Geld, co-founder of the Society for Mind Brain Sciences. The event raised $3,821 for The Tibet Fund.

Spare Change for Tibetan Elders Project Raises $1,113 for Elders in Nepal
When Ken Klein traveled through Asia in the 1970s he wondered how he could help the Tibetan refugees he saw there. His solution was the Spare Change for Tibetan Elders project, which distributes coin cans to Tibetan shops, restaurants, and Dharma centers to collect donations and spare change. The funds are donated to Tsering Elders Home in Kathmandu, Nepal, where they go a long way in providing the 50 resident elders with food, clothing, and shelter.

The Tibet Fund Welcomes Executive Director
Lobsang Nyandak, former Representative of His Holiness the Dalai Lama to the Americas, was appointed as Executive Director on September 1, 2013. Mr. Nyandak brings a deep knowledge of the Tibetan community in exile, a profound understanding of Tibetan culture, and his experience from years of dedication to the Tibetan people. The Board of Directors heartily welcomed Mr. Nyandak and is excited about the leadership and insight he brings to the organization’s work in service to the Tibetan people.
Assisting Tibetans in Tibet

The Tibet Fund’s Khawachen Assistance Project (KAP) supports the medical, educational, and economic needs of Tibetans in Tibet through partnerships with local grassroots organizations and the support of individual sponsors. Working primarily with local non-governmental organizations (NGOs) in Tibet, the program has launched small-scale, well-managed programs to educate and care for orphans, offer scholarship opportunities for higher education, and provide eye care and blindness prevention services.

Poor Snowland Home
The Poor Snowland Home is an orphanage located in a remote area officially recognized as one of the poorest in Tibet. The school has made a special effort to serve underprivileged girls whose families cannot afford the most basic necessities, are homeless, or whose parents are suffering from physical or mental illness and cannot care for their children. Currently 50 girls live at the Poor Snowland Home and attend a nearby elementary school. In 2013, The Tibet Fund continued to support the Poor Snowland Home through $4,400 in donations from individual sponsors so that the Home may continue to house girls from rural Tibetan communities.

Scholarships for Two Medical Students
Tibet suffers from a shortage of trained medical professionals, especially in remote areas. Some Tibetan individuals are helping with scholarships for students in Tibet. In 2013, The Tibet Fund donated $2,897 to give scholarships to two medical students.

Dorje and Sanji Charity Home in Yunnan
Partnership with NYU College of Dentistry in Nepal

In November, 2013, The New York University College of Dentistry partnered with The Tibet Fund and Srongtsen Bhrikuti School to conduct free dental camps for Tibetan children in an underserved community of Nepal. Children received examinations, treatment, and oral hygiene education from visiting NYU oral health professionals, made possible through a grant from Victoria and Michael Imperioli.

Free Eye Screening and Cataract Surgery Camps

With funding from the Gere Foundation and Eye Surgery Fund, The Tibet Fund supported free eye screening and surgery camps to prevent and treat curable blinding diseases in Tibetan refugee communities. 798 Tibetan refugees were screened and received free glasses, medication, and cataract surgery in the settlements of Miao, Tezu, and Tuting in Arunachal Pradesh, Bandhara Norgyeling in Maharastra, and Phuntsokling in Odisha.

PROFILE

Samten, age 27, is a monk studying at Sera Mey Monastery in Bylakuppe, India. He left Tibet in 2011, and gained admission to Sera Mey Monastery in India in order to study Buddhist dialectic, where he has since remained. He has had hearing problems since childhood. Because of this, Samten faced a great number of challenges in his classes and was often unable to hear instructions and teachings. He consulted many doctors for his hearing problem and was advised that surgery was his best option. However, due to his financial situation, he was unable to afford surgery. Fortunately, with the Tibetan Medicare System, the cost of Samten’s surgery (Rs. 45,350.00) has been fully covered. His hearing has recovered, and he is now able to continue his studies without difficulty.
Health Coverage for 1,510 Monks Under the Tibetan Medicare System

Funding from the Gere Foundation was used to enroll 1,510 monks in the Tibetan Medicare System (TMS), a new community health insurance program administered by the Central Tibetan Administration Department of Health. The TMS provides insurance for secondary and tertiary health care and protects families, monks, and nuns from bankruptcy when faced with medical emergencies.

Community Health Education

Many Tibetans lack basic knowledge about diseases and preventive health strategies, resulting in poor health practices and leading to delayed treatment that threatens community health when diseases are contagious. Access to public health information is often limited due to language barriers, high mobility, and wide dispersion of the refugee population, and low health literacy is compounded by cultural misconceptions about the causes of illness and disease transmission. To address these challenges, The Tibet Fund supports health education and awareness campaigns in refugee settlements, schools, monasteries, and nunneries; screening campaigns for hepatitis, hypertension, diabetes, and HIV/AIDS; and publication of Tibetan language health brochures and pamphlets. With support from the U.S. State Department and Namaste Foundation, in 2013 health education messages reached more than 25,950 Tibetans in India and Nepal, and more than 2,360 school children, monks, and nuns participated in screening campaigns.

A monk receives free eye care at an Eye Surgery Camp.
Sponsoring Monks, Nuns, Children, and Elders

The Tibet Fund solicits funds for the sponsorship of monks, nuns, school children, and the elderly in the exile community in Nepal and India. These annual sponsorships are vitally important to monastic institutions, schools, and elder homes which constantly struggle to provide nutritious meals, clothing, educational materials, health care, and other necessities to their residents. The Tibet Fund underwrites 100% of the administrative cost so we can send the donations directly to those who need it most. Our Sponsorship Coordinator works with various institutions to ensure sponsors remain in contact with beneficiaries and that they are updated on their well being. In 2013, supporters donated $172,728.58 to sponsor 180 monks, 68 nuns, 420 children, 38 disabled children, 54 elders, and 11 performing arts students. In addition, The Tibet Fund received U.S. State Department support to sponsor 1,750 children, 298 youth pursuing adult education, and 3,735 monks and nuns who arrived from Tibet in recent years. 60 children from disadvantaged families in remote refugee settlements also received sponsorships to attend Sambhota Petoen School in Dharamsala.

Our Beneficiaries

**Monasteries**
- Chuwar Gadhen Dopheling
- Dongyu Gatseling
- Drepung Gomang
- Drepung Loseling
- Gaden Shartse
- Ganden Jangtse
- Ganden Tharpa Choling
- Gongkar
- Gyudmed Tantric
- Gyudmed Monastic School
- Gyurmeling
- Gosok Phuntsok Choeling
- Gyuto Tantric University
- Institute of Buddhist Dialectics
- Khari
- Kirti
- Sera Jhe
- Sera Mey
- SeraMey Thoesam School
- Shalu
- Tashi Kyil
- Tashi Lhunpo
- Tharpa Choling
- Thubchog Gatsel Ling

**Nunneries**
- DK Samteling
- Dolmalung
- Dongyu Gatseling
- Geden Choeling
- Jamyang Choling Institute
- Jangchub Choeling
- Keydong Thukche Choeling
- Ladakh Nuns Association
- Namdroling
- Sakya Rinchen Choeling
- Samtenling Nunnery
- Tibetan Nuns Project
- Tilokpur
- Tsogyal Shedupling
- Thekchok Namdoling

**Schools**
- Atisha Primary School
- Bhuntar Center for Teacher Education
- CST, Dalhousie
- CST, Kalimpong
- CST, Nanital
- CST, Ravangla
- CST, Shilim

**Elder Homes**
- Dhargyeling Elders Home
- Tsering Elders Home
- Jawalakhel Elders Home

**Performing Arts Institutes**
- Tibetan Institute of Performing Arts (TIPA)
- Thangdong Lungkar Tibetan Performing Arts

**Sign Up!**

To sponsor a Tibetan monk, nun, elder or child
http://www.tibetfund.org/spONSORshipS/s_a_main.html
Many young Tibetans flee Tibet in search of better education and economic opportunity; most arrive with very limited academic skills or formal training in Tibetan language and culture. His Holiness the Dalai Lama considers education of the upcoming generation of Tibetans to be the highest priority of the exile community. Since 1981, The Tibet Fund has helped establish schools for refugees and administered many educational programs.

Current education support focuses on two critical goals: increasing access to higher education, in particular professional degree studies, and improving the quality of education in Tibetan schools. In 2013, more than 12,910 Tibetan students, 347 Tibetan teachers, and 40 Tibetan schools directly benefited from the education programs and initiatives described below.
Tibetan Scholarship Program
Since 1988, the Tibetan Scholarship Program (TSP) has brought students from India and Nepal to pursue higher education in the United States at some of America’s most prestigious universities, including Harvard, Yale, Columbia, and Cornell. This has enabled the Tibetan exile community to meet its most pressing need: to train and develop its future leaders and strengthen its administrative, community, health, and educational human resources. Since its inception the TSP has brought a total of 406 Tibetan refugee students and professionals to the United States. Most previous scholarship recipients have returned to India and Nepal to serve the Tibetan exile community as officials in the Central Tibetan Administration and as educators, health workers, business leaders, and directors of local community-based organizations.

In 2013 the TSP enabled eight new scholarship recipients to enroll in Master’s degree programs in the U.S. Meanwhile, eight students who arrived in the U.S. in 2012 continued their studies, and ten students who arrived in 2011 successfully graduated from their respective degree programs. The U.S. State Department Bureau of Educational and Cultural Affairs funds the Tibetan Scholarship Program, which The Tibet Fund administers in collaboration with the Central Tibetan Administration.

Professional Scholarship Program
In response to His Holiness the Dalai Lama’s advice, The Tibet Fund established the Professional Scholarship Program (PSP) to address the shortage of trained professionals in the Tibetan exile community. The PSP provides scholarships to students in India and Nepal pursuing professional degrees that are expected to help strengthen the self-reliance of the Tibetan community. Students receiving more than $3,000 in scholarship support are required to commit to a minimum of two years of service in the community upon completion of their studies.

In 2013, 30 students pursuing professional degrees received PSP scholarships administered in collaboration with the Central Tibetan Administration Department of Education. The Dorothy Berger Memorial Scholarship Fund, established in the memory of this devoted leader of the Tibetan movement, supports the PSP.

Student Nutrition Supplements
With support from two private donors The Tibet Fund provided funding to improve the nutritional intake of 4,309 children in 23 Tibetan schools by supplementing school meals with fresh ingredients such as eggs, fruit, and vegetables and addressing the special dietary needs of weaker children.

‘His Holiness the Dalai Lama considers educating the upcoming generation of Tibetans to be the highest priority of the exile community.’
Higher Education Scholarships in India and Nepal
In addition to the PSP, The Tibet Fund supports higher education scholarship programs administered by the Central Tibetan Administration Department of Education and the Snow Lion Foundation in Nepal. 377 Tibetan students received scholarships through these programs to attend colleges and universities in India and Nepal, where they pursued studies ranging from history, film, and journalism to physics, mechanical engineering, and biotechnology. Funding to support these scholarships was provided through two grants from the U.S. State Department and a grant from the U.S. Agency for International Development (USAID).

Test Preparation Coaching
In addition to financial constraints, competitive national board and university entrance exams pose a major challenge for many Tibetan high school graduates seeking to pursue higher education. With funding from USAID, The Tibet Fund supported test preparation coaching for 830 Tibetan students to prepare for national board examinations in India and Nepal. In addition, 120 students aspiring to pursue selective medical, technology, and engineering degrees received support for specialized coaching courses. Of these courses, one is an after-school coaching program that prepares students for India’s most competitive engineering entrance exam for two years using an innovative approach combining peer instruction and group learning with conventional methods.

Teacher Training
A newly established training center for Tibetan teachers, the Bhuntar Center for Teacher Education, successfully completed its first academic year. The Bhuntar Center is the only institution in India to award dual degrees combining a Bachelor of Arts or Science with a Bachelor of Education while at the same time offering mandatory Tibetan language, ethics, and modern pedagogy. Each student completes a teaching practicum as part of the curriculum, and is expected to teach in a Tibetan school for at least three years following graduation. 93 teacher candidates received training at the center in 2013, and 20 successfully completed one-year Bachelor of Education degrees. In addition, 254 teachers at Tibetan schools attended in-service training workshops organized by the Central Tibetan Administration Department of Education. Funding for pre-service and in-service teacher training was provided by USAID and the U.S. State Department.
New Science Education Initiatives
Three innovative programs were introduced to improve science learning in Tibetan schools, focusing in particular on grades six through ten. New science teaching centers at eight middle schools were equipped with activity-based teaching aids; a mobile science exhibition was held at seven schools; and supplementary science lessons using National Geographic educational materials were introduced at five schools. More than 5,750 students benefited from these new initiatives, which are expected to increase student interest in science topics and contribute to improved learning. Funding was provided by USAID as part of the Tibet Education Project.

Career Guidance and Counseling
Limited access to sound guidance about higher education options and opportunities is another critical challenge many Tibetan high school students face. The Tibet Fund supports counseling workshops at Tibetan schools and individual counseling at two regional centers, through which students receive guidance and counseling about school admissions, standardized tests, career options, scholarships, and test preparation resources. With support from the U.S. State Department, 3,481 students participated in counseling workshops and 98 students received individual counseling. Career exhibitions were also held at two Tibetan high schools in Kathmandu, where 210 students learned about potential career options.

Solar Lighting for Tibetan High School in Nepal
With funding from the Judith McBean Foundation, The Tibet Fund supported the installation of a solar lighting system at Namgyal Higher Secondary School. Due to lack of an adequate power infrastructure in Kathmandu, local authorities restrict electricity usage to 12 hours per day, and during the dry season power outages can last up to 18 hours. The new solar lighting provides a reliable and environmentally responsible source of energy for the school and today the children are able to study without interruption.

Early Grade Reading Program Launched
In October, 2013, The Tibet Fund began an initiative to improve the reading skills of children in Tibetan schools, focusing in particular on Tibetan and English reading in grades one to five. The new program will produce the first Tibetan language graded reading series, translate high quality children’s books into Tibetan, create reading corners in early grade classrooms, train primary teachers and school librarians, and support parents in encouraging reading at home. In 2013, a survey of Tibetan school libraries was completed and funding was secured from USAID for activities in 2014.

Student Leadership Training
371 Tibetan high school students attended leadership training workshops in Dharamsala. Training topics included effective communication skills, core qualities and responsibilities of leaders, and developing empathy and emotional intelligence. Students visited the offices of the Central Tibetan Administration where they interacted with prominent Tibetans including Sikyong Dr. Lobsang Sangay and Speaker of the Tibetan Parliament in Exile, Mr. Penpa Tsering, and participated in roundtable discussions on community service. After returning to their respective schools, participants gave presentations on lessons from the workshops to their peers. Supported by USAID and the U.S. State Department, these workshops were the first of their kind organized for Tibetan students in India and Nepal.

Special Education Initiatives in Nepal
In addition to the above, The Tibet Fund supported a variety of special initiatives to improve the quality of education for Tibetan students in Nepal. With support from the U.S. State Department, primary schools received classroom reading corners and activity-based teaching aids; school administrators and accountants attended training workshops; teacher and student exchange visits were conducted; and guidance counseling was provided to Tibetan parents.
Lack of economic opportunities in rural settlements and growing underemployment are among the most pressing challenges facing the Tibetan community in India and Nepal. More than 25% of the refugee population subsists near the poverty threshold, and in many settlements unemployment among the job seeking population exceeds 20%, according to the most recent census by the Central Tibetan Administration. The Tibet Fund works to strengthen the economic self-sufficiency of Tibetan families and the exile community as a whole through initiatives that promote entrepreneurship and small enterprise development and that improve the vocational skills and job competitiveness of unemployed youth. The Tibet Fund also works with local Tibetan NGOs, elder homes, and community based organizations to support community development projects that address locally identified needs and priorities.

Developing Self-sufficiency and the Community in Exile

Internet Freedom Award Grant for Project Dharamsala
Project Dharamsala is a new program aiming to improve the overall state of Internet security and cyber literacy in the Tibetan community in exile. In April 2013, The Tibet Fund received a two-year $1.36 million grant from the U.S. Department of State’s Bureau of Democracy Human Rights and Labor (DRL) for Project Dharamsala.

Employable Skills Training and New Enterprise Development for Tibetan Youth
The Tibet Fund, with support from the U.S. State Department and in cooperation with the Central Tibetan Administration and Snow Lion Foundation, paid for 40 unemployed Tibetan youth to receive training in skills expected to lead to employment, including cooking, baking, vehicle driving, and tourism service skills. Trainees interested in starting their own small businesses receive additional training, and entrepreneurs are eligible to receive start-up seed funding of up to $2,000.

Livelihoods Improvement and Capacity Building
Under this program we provided opportunities for vocational and skills-training to create a source of future livelihood for refugees who do not have transferable livelihood skills and who do not join the exile monastic community.

70 newly arrived refugees at the Tibetan Transit School received skills training in thangka painting, computer skills, toy crafts production, and tailoring. 49 unemployed youth at Nelamangla Vocational School completed their skills training in cookery, computer skills, and English. In Nepal, ten unemployed youth completed their vocational training in beautician skills, cooking, tailoring, secretarial skills, and driving.

Installation of Solar Lighting at Dhargyeling Elders Home
Currently there are 30 elders living in this home in India. The elders face issues due to electricity shortages in the area. With support of $5,000 from Tom and Barbara Sargent through Tides Foundation, The Tibet Fund installed solar lighting for the elders.
The Tibet Fund focuses its efforts on community and economic development, with an emphasis on finding solutions to broader systemic issues that will contribute to the long-term sustainability of the Tibetan community in exile.

Vocational Skills Training for Unemployed Youth

The Tibet Fund supports vocational skills training for two groups of unemployed Tibetan youth: recently arrived refugees pursuing adult education in exile, and exile-born youth seeking employment. 70 newly arrived refugees received training in traditional thangka painting, computer skills, crafts production, and tailoring skills at the Tibet Transit School in Dharamsala, and 69 unemployed youth received training in cookery, computer skills, English, professional hair styling, and cosmetology at the Institute for Small Trade and Learning in Bangalore. In addition, ten youth in Nepal completed training in cosmetology, cookery, tailoring, secretarial skills, and vehicle driving through a grant to the Snow Lion Foundation. Vocational skills trainings were funded by private donors and the U.S. State Department.

Tibetan Entrepreneurship Initiative Launched

The Tibet Fund supported the initial start-up activities of the Tibetan Entrepreneurship Development program, launched by the Central Tibetan Administration Department of Finance in September, 2013. The new initiative provides small entrepreneurs with business training, incubation, and advisory services, and conducts outreach to young Tibetans interested in starting their own businesses. A survey of Tibetan livelihoods commissioned by The Tibet Fund in 2010 and expertise from a Tibet Fund consultant contributed substantially to the program’s design.

With funding from private donors and the U.S. State Department, support was used to recruit staff, prepare a business plan, and assess the feasibility of establishing a local financial institution targeting Tibetan entrepreneurs. The Tibet Fund’s senior entrepreneurship advisor visited India where he met with Central Tibetan Administration officials, the Tibetan Chamber of Commerce, the Federation of Tibetan Cooperatives in India, and Tibetan business leaders, as well as several aspiring young entrepreneurs.

Skills Training and Study Tour for Women

With the support from The Tibet Fund, the women employees of the Tibetan Women’s Center, a handicrafts cooperative in Rajpur, received skills training for six months. Their training included a study tour for weavers to Jaipur to study innovative production techniques; special training for cooperative managers in fair trade marketing, and improved management skills. These activities have helped strengthen the success and competitiveness of the Tibetan Women’s Center resulting in improved livelihoods and self-reliance for at least 80 women and their families.

Basic Needs Assistance for Tibetan Elders

Support was provided to more than 350 disadvantaged Tibetan elders in India and Nepal to ensure their basic needs were met. In an initiative separate from our sponsorship program, 85 elders living in the Jawalakhel Elders Home and Tsering Elders Home in Kathmandu received support for medical care, nutrition, sanitation, hospital transport, and water purification. New clothes were also provided to Tsering Elders Home residents who lacked sufficient clothing. In addition, 254 elders in Nepal residing outside these homes received monthly financial support.

The Tibet Fund focuses its efforts on community and economic development, with an emphasis on finding solutions to broader systemic issues that will contribute to the long-term sustainability of the Tibetan community in exile.
support to meet their basic needs. In India, solar lighting was installed at Dhargyeling Elders Home in Tezu, a remote settlement in Arunachal Pradesh where power outages are frequent. Funding for elder support was provided by Tom and Barbara Sargent through the Tides Foundation, other private donors, and the U.S. State Department.

Tibetan Women Leadership Training
With a grant from The Shelley and Donald Rubin Foundation, The Tibet Fund supported the Tibetan Women’s Association to organize the 4th annual Tibetan Women’s Advanced Leadership Training. 33 Tibetan women educators, activists, health workers, students, and social workers attended the weeklong training in New Delhi. Training topics included communications strategy, critical thinking, personal effectiveness, social media and leadership, and leadership strategy and execution. During field visits the women met with Tibetan professionals based in Delhi, lobbied Indian leaders on the Tibet issue, assessed conditions at a relief camp for displaced persons in Uttar Pradesh, and participated in a televised debate and panel discussion.

The Tibet Fund is dedicated to promoting leadership and education opportunities for women in the Tibetan community.
Rehabilitating New Refugees

Since its inception, The Tibet Fund has played a vitally important role in rehabilitating newly arrived Tibetans who seek refuge in India and Nepal. The continued denial of basic human rights in Tibet compels Tibetans to make the treacherous journey over high Himalayan passes in search of freedom. Escaping with only the clothes on their back, refugees frequently succumb to frostbite, shock, and other serious ailments.

The Tibet Fund and the Central Tibetan Administration administer funds from the U.S. State Department to protect and care for new refugees that arrive from Tibet. They receive immediate legal and physical protection, medical care, food, accommodation, clothing, transportation, and assistance in entering Tibetan schools, monasteries, and nunneries located in or near refugee settlements. Former political prisoners, torture victims, and refugees suffering from post-traumatic stress receive special financial and psychosocial support.

In 2013, 153 newly-arrived Tibetan refugees received free accommodation, meals, clothing, and transit from Delhi to Dharamsala. All of them received universal medical check-ups, including tests for infectious diseases such as HIV/AIDS and Hepatitis B, and were found to be in good health. They were then assisted in acquiring registration certificates from India’s Foreign Registration Office. Children under 18 were sent to Tibetan Children’s Village and Tibetan Homes Foundation schools and young adults were sent to the Tibetan Transit School, while those interested in pursuing traditional learning were sent to various monasteries and nunneries of their choice.

Support from the U.S. State Department also enabled The Tibet Fund and the Central Tibetan Administration to provide support for sponsorships, education, health, and economic self-sufficiency, as described in the following updates. U.S. State Department grants from the Bureau of Population, Refugees, and Migration have been administered by The Tibet Fund each year since 1991.
In many Tibetan settlements living conditions remain at the subsistence level. Refugees are vulnerable to serious illness and disease without adequate access to health care and sanitation, especially in remote rural settlements. The Tibet Fund supports systemic solutions that create long term improvements in community health and provides essential health services for the most vulnerable refugees including the elderly, destitute, and disabled, disadvantaged women and children, torture survivors, and patients with tuberculosis, HIV/AIDS, and hepatitis B. In 2013, more than 74,180 Tibetans benefited from the health programs and initiatives described below.

Tuberculosis Prevention and Control
The tuberculosis (TB) incidence rate of Tibetans in South Asia is among the highest in the world, and TB remains the number one killer of Tibetans in the exile community. Incidence is particularly high among students, monks, and nuns due to crowded living conditions, high mobility, low levels of TB awareness, and poor treatment adherence. To address these problems The Tibet Fund supports TB screening in schools, monasteries, and nunneries; community awareness campaigns; and treatment including direct observed therapy for multi-drug resistant TB. With support from the U.S. State Department, 12,968 school children, monks, and nuns benefited from TB screening, 424 TB patients received treatment support, and TB awareness campaigns reached over 10,500 Tibetans in India and Nepal. In addition, more than $135,000 was raised from private donors and Breathe Free Tibet to support TB prevention and treatment services at the Tibetan Delek Hospital in Dharamsala.

Health System Capacity Strengthening
The Tibet Fund provides support to strengthen the institutional and human resource capacity of the Central Tibetan Administration Department of Health to enable it to continue providing quality health care through its network of 48 clinics and 7 hospitals located in settlements throughout India and Nepal. 76 Tibetan nurses and community health workers received training to improve their knowledge and skills in a variety of medical topics, and the Department’s health information system (HIS) software was upgraded. Developed with assistance from public health specialists at Johns Hopkins University, the improved HIS is expected to provide more reliable, timely data to inform health planning, policy making, and resource allocation. In addition to the software upgrade, 25 health workers received training in HIS data collection, management, and analysis. Funding was provided by the Gere Foundation and the U.S. State Department.
Disadvantaged Tibetan women, in particular new arrivals from Tibet and those living in remote Tibetan settlements, often have serious health problems during pregnancy and child delivery, and their children are highly vulnerable to preventable infectious diseases. Poor access and low quality of gynecological and antenatal care at public hospitals, cultural barriers to reproductive health communication, and limited access to national vaccination programs contribute to these problems. In response, The Tibet Fund supports pregnancy tests, reproductive health awareness, antenatal care, and micronutrients for pregnant women, gynecological and safe delivery training for nurses, safe delivery services, and cervical cancer vaccinations. In addition, it contributes to the healthy growth of children by supporting vaccinations, child hygiene and nutrition awareness, and nutrition supplements for children in remote rural settlements. With support from the U.S. State Department more than 6,220 Tibetan women, 4,380 children, and 30 health workers benefited from MCH services and trainings delivered in India and Nepal.

Clean Water and Sanitation
Lack of access to safe drinking water causes preventable water borne diseases and continues to threaten community health in many remote settlements. The Tibet Fund provided support for construction of water tanks in Rajpur, Clement Town, and Kham Kathok settlements in India and a new bore well in Sonamling settlement in Ladakh. Funded by the U.S. State Department, these small infrastructure projects now provide a reliable supply of clean water for more than 9,580 Tibetans.

Essential Health Services for Vulnerable Refugees
This program provides essential health services for the most vulnerable Tibetan refugees, including the destitute and disabled, torture survivors, the mentally challenged, HIV patients, and substance abuse victims. Funding ensures delivery of essential medicine and life-saving drugs, emergency medical relief and hospitalization, financial support, psychosocial counseling, and substance abuse prevention and rehabilitation services. Free health examinations by visiting doctors are also provided in remote settlements, reaching the communities most vulnerable to serious health risks. With support from the U.S. State Department and Namaste Foundation, 16,917 vulnerable refugees in India and Nepal received these essential health services in 2013.
Preserving Tibetan Culture and Religion

The Tibet Fund has long recognized the sustaining role that Tibetan history, culture, and religion play in maintaining the spirit and vitality of the Tibetan people. Since its founding, The Tibet Fund has dedicated considerable resources and expertise to strengthen cultural programs and organizations and to provide sponsorships for thousands of Tibetan monks and nuns in the monasteries and nunneries that have been rebuilt in exile.

Traditional Education Sponsorships for Monks and Nuns
With funding from private donors and the U.S. State Department, 3,983 Tibetan monks and nuns received one-year sponsorships to pursue traditional education at 49 monasteries and nunneries located throughout India and Nepal. Traditional education includes classes in English, Hindi, math, and science along with Buddhist philosophy, ethics, and traditional ritual practice.

Support for Historic Geshema Examination
His Holiness the Dalai Lama has advocated for many years for Tibetan Buddhist nuns to have the opportunity to earn a Geshema degree, the equivalent of a doctorate in Buddhist philosophy, like their monk counterparts. The Central Tibetan Administration recently formulated a system of conferring the degree, and the first Geshema examination in history was held in India in May, 2013. With a bequest from Kristin Lisa Johannsen, The Tibet Fund provided $20,000 for examination expenses.
Support for Ladakh Nuns Association
The Ladakh Nuns Association works to revive the tradition of nuns in Ladakh by creating educational opportunities for women in the area to study and practice the Dharma. With support from private donors, The Tibet Fund provided a grant to the association to pursue its mission.

Support for Conserve Tibet Project
The Conserve Tibet Project restores at-risk audio and video materials that are of historical and cultural importance to the Tibetan people and their identity. With support from The Shelley and Donald Rubin Foundation, The Tibet Fund provided funding to restore and digitize over forty audio tracks, including many speeches by His Holiness the Dalai Lama. You can listen to these recordings at http://www.conservetibet.org/.

Support for Institute of Tibetan Classics
The Institute of Tibetan Classics works to preserve, revitalize, and disseminate Tibetan culture and literature through open resource sharing. With support from the Silicon Valley Community Foundation, The Tibet Fund provided $68,500 in support of the Institute’s mission.

Support for The Meridian Trust Archive Project
The Meridian Trust maintains the world’s foremost film archive of Tibetan Buddhist culture, with over 2,500 hours of unique and rare recordings. With support from The Hershey Family Foundation and The Shelley and Donald Rubin Foundation, The Tibet Fund provided $53,350 for the Open the Vaults project, which is constructing an open resource website to make the trust’s archive accessible online.
Statement Of Financial Position

Year ended December 31, 2013

Assets
Cash and cash equivalents $ 3,642,345
Investments $ 1,819,128
Government Agency Receivables $ 469,663
Prepaid expenses and other assets $ 111,686
Fixed assets–net $ 479,334
Total assets $ 6,522,156

Liabilities And Net Assets
LIABILITIES
Accounts payable and accrued expenses $ 90,873
Refundable advances $ 578,532
Total liabilities $ 669,405

NET ASSETS
Unrestricted $ 4,759,027
Temporarily restricted $ 1,093,724
Total net assets $ 5,852,751

Total liabilities and net assets $ 6,522,156

These statements of financial position and activities were derived from the 2013 financial statements of The Tibet Fund's independent auditors, Loeb & Troper. A copy of the audited financial statements and Form 990 FY 2013 are available upon request from the Tibet Fund.

STATEMENT OF ACTIVITIES
Year ended December 31,2013

92% Programs
3.2% Fund Raising
4.2% Management and General

67% Humanitarian Assistance
3.2% Health Care
0.5% Programs in Tibet
1.5% Economic and Community Development
5.8% Cultural and Religious Preservation
22% Education and Scholarship

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### Statement Of Activities

**Year ended December 31, 2013**

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>TOTAL 2013</th>
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<td><strong>PUBLIC SUPPORT AND REVENUES</strong></td>
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<td><strong>SUPPORTING SERVICES</strong></td>
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<td>Net assets—end of year</td>
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</table>
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Designed by Tenzin Yeshi, Sither
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