“Since its establishment in 1981, The Tibet Fund has contributed to the building and development of a robust Tibetan community in exile. It has also supported Tibetans in Tibet in socio-economic areas. Over three and a half decades, it has assisted the Tibetan leadership in exile in its work on infrastructural development, refugee rehabilitation, and cultural preservation, while also backing education, healthcare and other capacity-building programs. Through such support, we have been able to strengthen our cultural institutions and undertake projects essential for the preservation of the Tibetan cultural heritage that is the very core of our civilization.”

HH the 14th Dalai Lama
Honorary Patron
The Tibet Fund

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Photo credits: CTA Departments of Education, Health, and Information and International Relations; Do Ngak Kunphenling; Drokmo; Gajang Medical Society; Manjushri Educational Services; Shatsa; Tenzin Choeyor; Tenzin Choenyi; Tenzin Kalden; Tibetan Cancer Society; and Tsering Wangmo.
Dear Friends,

The year 2020 has been a major challenge to humanity. Most of us are still enduring the pain and struggling from the impact of the Covid-19 pandemic on our families and communities.

The Tibet Fund was also significantly impacted. But it was an opportunity for us as the leading non-profit charitable Tibetan organization to serve Tibetan refugee communities when they needed the most help. Since the start of the pandemic, we have reached out to the entire Tibetan diaspora, primarily in India, Nepal and North America providing them with necessary support and assistance including protective supplies like masks, sanitizers, gloves, gown sets, disinfectant, and infrared thermometers for use by health workers, and preventive hygiene awareness through talks, posters, pamphlets, and social media messages.

The situation is getting much worse in India with the number of Covid-19 cases surpassing 8 million by the end of October 2020. Cases of Tibetans in refugee settlements started to increase from a few dozen to almost a thousand cases and 22 deaths in the span of a few weeks.

The pandemic is equally impacting the livelihoods of Tibetan refugees in South Asia. The Tibet Fund has initiated Covid-19 response programs to support the most vulnerable Tibetans, in particular single mothers and women led households, and by supporting short-term livelihood skills training for those left with no revenue options.

Last year, our programs benefitted more than 70,000 Tibetans directly and indirectly through cultural preservation, education, health, livelihood improvements, community development, women empowerment, and refugee rehabilitation. In collaboration with the Central Tibetan Administration, The Tibet Fund successfully managed, monitored and reported on $9.8 million in program activities in India, Nepal, North America, and Tibet, out of which $8.5 million was funded by four U.S. federal grants and $1.3 million was funded by dozens of generous grants from individuals and foundations.

Our work has been made possible by the consistent patronage of His Holiness the Dalai Lama, the Central Tibetan Administration, and generous funding from the U.S. Government, family foundations and individual supporters, and with the strong leadership of our Board of Directors and dedicated staff.

With best wishes,

Lobsang Nyandak
President
The Tibet Fund

October 31, 2020
Financial Statement  
THE TIBET FUND: YEAR ENDING DECEMBER 31, 2019  

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$465,317</td>
</tr>
<tr>
<td>Investment</td>
<td></td>
</tr>
<tr>
<td>Without donor restriction</td>
<td>$4,473,151</td>
</tr>
<tr>
<td>Donor restriction</td>
<td>$1,127,174</td>
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<tr>
<td>Grants receivable</td>
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<tr>
<td>Prepaid expense</td>
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<td>Loan receivable</td>
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<tr>
<td>Fixed assets - net</td>
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</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$8,365,934</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$62,420</td>
</tr>
<tr>
<td>Deferred grant revenue</td>
<td>$40,242</td>
</tr>
<tr>
<td>Due to subrecipients</td>
<td>$446,663</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$549,325</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Net Assets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Without donor restriction</td>
<td>$6,689,435</td>
</tr>
<tr>
<td>Donor restrictions</td>
<td>$1,127,174</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>$7,816,609</strong></td>
</tr>
</tbody>
</table>

| TOTAL LIABILITIES AND NET ASSETS | **$8,365,934** |

These statements of financial position and activities were derived from the 2019 financial statements of The Tibet Fund’s independent auditors, BKD CPAs & Advisors. A copy of the audited financial statements and Form 990 are available on our website and upon request from The Tibet Fund.
### Revenue and Expense Statement
**THE TIBET FUND: YEAR ENDING DECEMBER 31, 2019**

#### REVENUE

<table>
<thead>
<tr>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenues, gains and other support</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Public support and revenues</td>
<td></td>
<td></td>
</tr>
<tr>
<td>U.S Federal grants</td>
<td>$9,130,773</td>
<td>$9,130,773</td>
</tr>
<tr>
<td>Special events</td>
<td>$416,289</td>
<td>$416,289</td>
</tr>
<tr>
<td>Less direct expenses of special events</td>
<td>($91,080)</td>
<td>($91,080)</td>
</tr>
<tr>
<td>Contributions</td>
<td>$599,384</td>
<td>$862,824</td>
</tr>
<tr>
<td><strong>Total public support and revenues</strong></td>
<td>$10,055,366</td>
<td>$862,824</td>
</tr>
<tr>
<td><strong>Other revenues</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment Income (Loss)</td>
<td>$636,822</td>
<td>$636,822</td>
</tr>
<tr>
<td>Rental income</td>
<td>$162,747</td>
<td>$162,747</td>
</tr>
<tr>
<td>Miscellaneous Income</td>
<td>$6</td>
<td>$6</td>
</tr>
<tr>
<td><strong>Total other revenues and gains(losses)</strong></td>
<td>$799,575</td>
<td></td>
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<tr>
<td><strong>Net assets released from restrictions</strong></td>
<td>$831,977</td>
<td>($831,977)</td>
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<tr>
<td><strong>Total revenues and other support</strong></td>
<td>$11,686,918</td>
<td>$30,847</td>
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EXPENSES

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost 1</th>
<th>Cost 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Humanitarian assistance</td>
<td>$2,431,303</td>
<td>$2,431,303</td>
</tr>
<tr>
<td>Education and scholarship</td>
<td>$1,142,974</td>
<td>$1,142,974</td>
</tr>
<tr>
<td>Cultural and religious preservation</td>
<td>$280,905</td>
<td>$280,905</td>
</tr>
<tr>
<td>Economic and community development</td>
<td>$5,689,578</td>
<td>$5,689,578</td>
</tr>
<tr>
<td>Health Care</td>
<td>$474,896</td>
<td>$474,896</td>
</tr>
<tr>
<td><strong>Total program services</strong></td>
<td><strong>10,019,656</strong></td>
<td><strong>10,019,656</strong></td>
</tr>
</tbody>
</table>

| Supporting services                   |        |        |
| Management and general                | $672,503 | $672,503 |
| Fund raising                          | $124,126 | $124,126 |
| **Total supporting services**         | **$796,629** | **$796,629** |
| **Total expenses**                    | **$10,816,285** | **$10,816,285** |

| Change in net assets                  |        |        |
| **$870,633**                          | **$30847** | **$901,480** |
| **Net assets -beginning of year**     | **$5,818,802** | **$1,096,327** |
| **Net assets -end of year**           | **$6,689,435** | **$1,127,174** |

**Net assets - beginning of year $5,818,802**  **Net assets -end of year $6,689,435**

Economic & Community Development 51%

Health Care 10%

Management & Fund raising 6%

Religion & Cultural preservation 5%

Education & Scholarship 11%

Humanitarian Assistance 17%
Rehabilitating New Refugees

China’s policies of political oppression, social marginalization, and cultural assimilation in Tibet continue to push Tibetans to risk their lives and escape the prevailing repressive conditions to freedom in exile. Rehabilitating new refugees from Tibet and assisting them to become self-sufficient and productive members of the Tibetan exile community is a core component of humanitarian assistance from the U.S. State Department’s Population, Refugees, and Migration Bureau (PRM). Since 1991, The Tibet Fund, working in close partnership with the Central Tibetan Administration (CTA), has administered PRM funding to improve the health, education, and livelihoods of the most vulnerable Tibetan refugees in South Asia benefitting more than 100,000 Tibetan refugees. The grant supports quality reception and rehabilitation services for incoming refugees through two reception centers located in Delhi and Dharamshala and three schools that cater to new refugees. Healthcare, housing, and other humanitarian assistance support new refugees on their journey from meeting immediate basic needs to achieving self-sufficiency.

In 2019, with PRM funding the CTA Department of Security secured entry permits, safe passage and legal documentation for 32 new refugees from Tibet arriving in India via Nepal, working in coordination with UNHCR and the Government of India. The number of new arrivals has steadily declined over the past decade (from an annual average of 2-3,000 in prior years), due to increased border security and restrictions on movement.

All 32 newly arrived refugees received food, shelter, clothing, counselling, and access to language study, as well as medical care including check-ups and tests for infectious diseases such as TB, HIV/AIDS, and Hepatitis B. The new arrivals also participated in orientation programs on sexual health and gender-based violence, and all obtained legal status to reside in India, after which most were admitted to PRM-supported schools, monasteries, or nunneries. Surveys found that all 32 new arrivals felt physically and legally secure after arriving in India and the program was able to adequately meet their basic needs and post reception planning.
The Gift of Education
The Tibet Fund is a proud partner in the momentous journey of literacy and education that Tibetans embarked on soon after reaching exile. With our firm belief that education is the most important step towards resilience and freedom, The Tibet Fund continues to play a key role in administering funds for innovative interventions, providing technical expertise, and finding empirical solutions to our unique challenges. We team with the Department of Education (DOE) of the Central Tibetan Administration, the Snow Lion Foundation (SLF) in Nepal, and civil society organizations to create the largest educational footprint in exile, serving more than 24,000 students in over 70 schools across India and Nepal. The generosity of our donors including the U.S. Government and many organizations and individuals has enabled us to expand the reach of early childhood care, improve the quality of education at Tibetan schools, broaden access to higher education and professional studies, and address core deficiencies in the Tibetan education system. This gift of education is our contribution to the strong foundation children need to learn, build better lives, and continue the struggle for Tibet’s identity and freedom.
Early Childhood Care and Education

Tibetan communities in India and Nepal remain underserved in this area due to limited attention toward improving daycare centers and providing knowledge and resources to parents of newborns. Realizing the importance of investing in this critical stage of children’s physical, social, emotional and cognitive development, we have been working with our partners to educate parents, provide resources and trainings to daycare center staff, and ensure nutritious meals are provided to children at baby crèches in remote areas.

As part of the Tibetan Baby Box Project our partner Manjushri Educational Services organized parent workshops in Leh settlement and five nomadic camps in the remote Jangthang region of Ladakh. Manjushri experts gave professional guidance to 60 parents of newborns, sharing information on brain development, the importance of storytelling, reading and play, harmful effects of excessive screen time, and positive disciplining strategies. Following the training, parents received baby boxes containing information brochures, baby board books, Tibetan language children’s books, and sensorial and educational toys.

Manjushri began working with two baby crèches in Bir Tibetan settlement and Suja Tibetan Children’s Village school in north India. Workshops were held for caretakers and parents, and educational and sensorial toys, baby board books, and book shelves were distributed. With USAID support, more than 700 crèche children in Ladakh, Miao and Dharamshala received supplemental nutritional support, including fruit, milk, and eggs.
Enriching Children Literature

With USAID funding, we continued supporting the Tibetan Early Grade Reading Program, which works to overcome Tibetan children’s inadequate level of mother tongue reading comprehension. The program focuses on producing high quality, age appropriate and culturally relevant children’s books in Tibetan language and providing training and mentoring for primary teachers, librarians, and parents. In collaboration with the CTA, this program supported publication of ten new children’s book titles, bringing the total of USAID supported Tibetan language children’s literature to 87 original or newly translated titles over the past five years. Books are widely distributed to primary classroom reading corners, lower school libraries, and parents. 30 additional classroom reading corners were installed, and five animation videos of Tibetan nursery rhymes were produced to facilitate pre-primary mother tongue language learning. These initiatives have reached thousands of Tibetan children, parents, and educators.

In a first of its kind effort to publish Tibetan language children’s books on themes of science, technology, engineering and math (STEM), The Tibet Fund supported Manjushri to produce 25 newly translated titles in collaboration with a leading Indian children’s book publisher. The STEM books are expected to address the shortage of age appropriate children’s literature in Tibetan while increasing enthusiasm for science related topics from a young age. Over 2,500 copies were distributed to more than 71 Tibetan schools and organizations in India and around the world, reaching more than 10,000 Tibetan children and around 5,000 monks and nuns.
Serving the Marginalized

With funding from the U.S. State Department Bureau of Population, Refugees and Migration, The Tibet Fund provided access to modern and traditional education for 4,786 vulnerable students, monks and nuns who were born in Tibet and fled to India within the last two decades. These services were provided in collaboration with the CTA’s Department of Religion and Culture, the Tibetan Children's Village, and the Tibetan Homes Foundation. 3,119 monks and nuns received support to continue nonformal education at 56 traditional learning centers in India, while 1,667 students received modern education at TCV Suja and THF Rajpur. These residential schools provide Tibetan medium instruction and special classes for new arrivals from Tibet, designed to integrate them into the formal educational system of India. In Nepal, 1,617 students in nine schools benefitted from meals with increased nutritional value.

The Tibet Fund continued to support Sherab Gatsel Transit School in Dharamshala, which caters specifically to the educational needs of newly arrived adult Tibetan refugees. 68 refugee students received nonformal adult education and foundational courses in English and Tibetan languages, mathematics, and basic computer skills. Following completion of their courses students may choose to continue pursuing general education or vocational training courses.

The Tibet Fund continued supporting a nomad children tent school located at over 15,000 feet in the remote Jangthang region of Ladakh. The tent school provides a year-round learning space for children below the age of six, moving throughout the year with a traditional herding community of about 20 families whose main livelihood comes from herding yak, sheep, and goats. In addition to daily classes, the tent school organized summer and winter camps for 40 children returning home from the TCV residential school in Leh for school vacation. Students of varying ages participated in recreational
activities and attended classes in English, math and science during the camps.

Tsering Wangmo, a freelance filmmaker and Tibetan Scholarship Program alumna, volunteered at the winter camp and taught essay writing to the students. Tsering has visited the tent school on multiple occasions and wrote to The Tibet Fund to express her appreciation for the positive impact the tent school is making.

“The tent school truly is a very important project in Samed and I wish to inform you that the contribution and support of The Tibet Fund is benefiting a whole new generation of young students who will soon be graduating from high school, senior high schools, and then colleges to become self-sustaining individuals. The impact that The Tibet Fund is making in the lives of the family members and the student themselves is unforgettable. Although the weather was freezing and sometimes unbearable, I am happy that I was able to spend a productive time at the tent school. I am deeply touched by the total dedication of the students to study and learn.”

As part of our focus on remote underserved regions, we also began working with Shatsa, a Ladakh based organization founded by young Tibetans born and brought up in the region, aimed at inculcating reading habits among Tibetan children in the region. Every Sunday, volunteer members of the organization visited different camps of Sonamling Tibetan settlement and read books, shared stories, played educational games, and enacted small skits with young children. With support from The Tibet Fund, Shatsa bought story books, educational toys, and a projector for their Sunday classes. In December, Shatsa organized a “Reading Fest” filled with reading programs, educational games, movie screenings, and author talks. The Tibet Fund also began supporting the Gapa Himalayan School in the small Tibetan settlement of Kamrao in a remote region of Himachal Pradesh. The school has around 40 students and serves the local Tibetan community and monastery.
Quality of Education

Improving education at Tibetan schools begins with the quality of pedagogy and the practice of complementary teaching methods. The Tibet Fund partnered with CTA, Sambhota Tibetan Schools Society, Tibetan Children’s Village, Tibetan Homes Foundation, and Central Schools for Tibetans to deliver a host of trainings for teachers to improve and upgrade their pedagogy skills.

With support from USAID, 400 teachers and librarians in India and Nepal received training and mentoring in early grade reading instruction, Montessori methods, higher order thinking skills and the CTA’s basic education policy. A school-based teacher professional development program was successfully scaled up to all Tibetan schools in India and introduced in Nepal. 1,050 teachers participated in collaborative activities such as lesson study groups, peer observation, book discussions, and exchange visits with neighboring schools. 29 middle school teachers completed training at the Central University for Tibetan Studies in Sarnath and 20 teachers completed a Tibetan language teacher pre-service training program at the College for Higher Tibetan Studies in Sarah.

In Nepal, a team of experts completed a diagnostic assessment to improve strategies for early grade reading and early child education at Tibetan primary and pre-primary schools. Plans were developed based on recommendations, and focus on building the capacity of school leaders, teachers and librarians, creating child-friendly classroom arrangements, increasing parental engagement and involvement, increasing use of school libraries, and continuous assessment of student learning.
The Tibet Fund continued strengthening STEM education through teacher training, teaching and learning materials, and science learning events. 73 teachers received training in activity-based science learning, science centers at schools were equipped with new teaching materials, science laboratory equipment was installed, and science events were organized, benefitting 843 students in seven schools.

Nine college students completed month-long science research internships at the National Institute of Biological Science in Bangalore and Indian Institute of Science Education and Research in Pune. Internships aim to increase students’ interest in scientific research and encourage them to pursue advanced science studies after college.
A new educational information and communications technology (ICT) initiative was scaled up to an additional eight schools, following initial design and piloting in four schools the previous year. Classroom technology corners were installed in middle school classrooms and multimedia rooms, and 241 teachers in India and Nepal received training in technology-based classroom instruction and digital literacy training. A study found that the percentage of middle school teachers using ICT best practices in classrooms increased to 75% from the pre-intervention baseline of 10%, and over 60% of lessons observed during the study were found to successfully integrating ICT with classroom instruction.

**Advancing Higher Education**

Despite universal access to basic education and high enrollment rates in Tibetan schools, access to tertiary education remains a major challenge for approximately 1,200 students who graduate from Tibetan schools each year. Since 2012 USAID funding has provided scholarships for Tibetan students to pursue higher education in India. Scholarships are awarded by the CTA through a competitive merit-based process. 339 scholarship recipients pursued undergraduate and graduate degrees at colleges and universities across India, of which 38% were post graduate students, 55% were female, and 13% were students from Nepal. To enable high school graduates to gain admission to competitive medical and engineering schools, ten students received support to attend year-long test preparation courses at reputed coaching centers. 101 secondary school students also received coaching to prepare for national standardized tests.

A review of the CTA scholarship policy was conducted by a team of experts and our education program coordinator. Key recommendations were to revise applicant selection criteria, create funding buckets for separate categories of applicants, strengthen high school student counseling, and improve scholarship data management. The Tibet Fund will collaborate with CTA to make improvements in the next cycle of the USAID-funded scholarship program.

Yeshe Khorlo Foundation created a scholarship program in 2015 that has impacted the lives of hundreds of Tibetan students, giving them a brighter future and creating a stronger Tibetan community.
In 2019, the foundation made a generous grant of $100,000 to The Tibet Fund and CTA which supported 154 Tibetan students to pursue higher education at various colleges and universities in India.

The Tibet Fund has been administering the Tibetan Scholarship Program since 1988 with funding from the U.S. Department of State Bureau of Educational and Cultural Affairs. Managed in collaboration with the U.S. Embassy Public Affairs Section and CTA Department of Education, this program has enabled 452 students to pursue further studies in some of the best universities and colleges in the U.S., and later return to serve the Tibetan community as officials in the CTA, educators, health workers, business leaders and heads of community-based organizations. In 2019, 22 graduate students received funding to pursue Master's degrees in a wide range of fields, including public health, computer science, secondary education, human resource management, physics, and intelligence studies.

The Tibetan Professional Scholarship Program supports Tibetan students to pursue professional degrees at colleges and universities in India and Nepal. Managed in collaboration with the CTA Department of Education in India and the Himalayan Society for Youth and Women Empowerment in Nepal, the program aims to cultivate a growing class of Tibetan professionals that can contribute to self-reliance of the Tibetan community in exile. In 2019, 23 students in India received scholarships to pursue professional degrees in medicine, law, business administration, pharmacology, computer science, clinical research, and anthropology. Seven students in Nepal received scholarships to pursue degrees in sociology, hotel management, business administration, and law.
Recognizing that Tibetan girls from poor families are often unable to attend college, The Tibet Fund established the Girls Scholarship Program to support underprivileged girls to pursue higher education. Managed in collaboration with Drokmo, a women-led Tibetan organization in India, the program is intended to address gender inequality and help reduce poverty, as well as empower a new generation of talented Tibetan girls to become leaders, educators, entrepreneurs, and change agents. In 2019, 17 deserving girls received support to enroll in various colleges in India to study business administration, law, tourism, nursing, fashion design, art, and Tibetan studies.

**Other Educational Initiatives**

In 2019 we also supported a host of other educational projects and initiatives. The Latse Calligraphy Project organized an exhibit featuring over 50 Tibetan calligraphy works from nearly 30 calligraphers; the Tibet Forum at Jawaharlal Nehru University organized the 5th Professor Dawa Norbu Memorial Lecture in New Delhi; and the National Democratic Party of Tibet organized its 4th leadership training for young Tibetan leaders. We made grants to Tibetan Resettlement Stories: Voices of Boston to support the publication of their Tibetan oral history book; to Tibetan Children’s Village school in Bylakuppe for 30 computers; to The Dalai Lama Institute of Higher Education in Bangalore to organize a conference on Promotion of Secular Ethics; to Ganden Jangtse Norling college in Mundgod for monks language training; and to Sambhota Tibetan Schools Society for facility improvements at eight schools.

*Lobsang Sangmo is currently pursuing her Bachelor’s in Nursing in Mysore, South India. She fled to India when she was only 8 years old, leaving behind her entire family in Tibet. With no regular contact with her family in Tibet and little support system in exile, her dream of completing higher studies and living a meaningful life in service of others like her looked distant. With the help of the Girls Scholarship Program, she now has the opportunity to access the kind of education and life after school that she always imagined for herself.*
Building Healthy Communities
The Tibet Fund is committed to providing Tibetan communities with access to affordable and quality healthcare. Working in partnership with the CTA Department of Health, Snow Lion Foundation, and grassroots health organizations, we help deliver essential medical services for the most vulnerable refugees, TB and Hepatitis B prevention and treatment, maternal and child healthcare, free eye and dental camps, community health insurance, nutritional support, safe drinking water and sanitation, and preventive health education.

With funding from the U.S. government and private donors, our initiatives have helped strengthen institutional and human resource capacities by providing Tibetan health workers and administrators with training, supplies, and new medical equipment. Working through a network of 49 Tibetan hospitals, primary health care centers, and rural clinics, we deliver healthcare services to tens of thousands of Tibetans, including the most underserved and vulnerable groups among the Tibetan exile community.

Promoting Health Coverage

With support from USAID, The Tibet Fund continued to strengthen the capacity of CTA’s community health insurance program, the Tibetan Medicare System (TMS), and provided membership subsidies to the most vulnerable Tibetans in India. Over the years TMS has steadily increased member enrollment, claims processing efficiency, member satisfaction, and financial sustainability of the scheme. In 2019, 24,321 members were enrolled, an 85% increase over enrollment in 2015.

Serving the Most Vulnerable

The Tibet Fund continued to extend essential health services, life-saving drugs, and financial support to the most vulnerable Tibetan refugees, including the destitute, torture survivors, HIV patients, elders, substance abuse victims, pregnant women, and newborn children.

With funding from the U.S. State Department’s Population, Refugees, and Migration Bureau and USAID, more than 75,000 Tibetans in India and Nepal received access to basic primary care, referral services, and home visits from health workers at 49 health clinics and hospitals. Basic subsistence support was provided to 581 highly vulnerable refugees in India and Nepal, including 139 physically disabled, 33 mentally disabled, 5 leprosy patients, 400 disadvantaged elders, and 4 patients with HIV. Delivered by the CTA Department of Health and Snow Lion Foundation, health services included gynecological and pediatric services to more than 1,000 pregnant women, mothers, and newborn children.

The Tibet Fund supported a pilot anemia awareness and screening project at Jangchup Choling Nunnery in Mundgod settlement. A team headed by Dr. Dhondup Tashi of Gaden Jhangtse Monastery Hospital conducted complete blood count and iron
profile tests for 228 nuns and found that 54% of the nuns were anemic. Appropriate treatment was administered and provisions for iron-rich diet were made at the nunnery. Follow-up screening found that 99% of the nuns responded to the treatment and special diet with a two-fold increase in hemoglobin count. Currently only 15 nuns have mild anemia requiring continued treatment.

With USAID support, anemia screenings were also conducted in more than a dozen schools in India. Over 1,800 girls were screened and more than 520 received iron tablets.

The Tibet Fund began working with the Tibetan Community Dental Services, a volunteer organization of Tibetan dentists, to provide free dental services and oral hygiene awareness in Tibetan settlements. A dental camp in Mundgod settlement provided around 350 Tibetan refugees with services

Ani Tenzin is a 26 years old nun who was severely anemic with a Hemoglobin count of 5gm/dl (the normal range is 12-15gm/dl). She was suffering from chronic fatigue, weakness, shortness of breath, poor memory, and had difficulty concentrating. Following administration of medicines and iron-rich diet, she reported feeling much better and after just six months of treatment, her Hemoglobin count increased to 13gm/dl. “I have never felt better,” said Ani Tenzin.
including extractions, scaling, teeth restoration, and dental crowns. A dental camp was also organized in Pokhara in coordination with NYU College of Dentistry. 36 NYU dental students and faculty members were involved in examining 532 adults and provided treatment to 302 patients, including root canals, extractions and fillings. In addition, 288 children received treatments, mainly for sealants and extractions.

The Tibet Fund collaborated with the Eye Surgery Fund and local eye hospitals in Bylakuppe and Mandi settlements to organize eye camps. A team of ophthalmologists provided free eye check ups and screening to 266 Tibetan refugees. Cataract surgeries and laser treatment were performed on 23 patients followed by post operative examinations. Free spectacles and medicines were also distributed during the eye camps.

Patient Care Trust provides pro-bono medical advocacy services to poor Tibetans with severe medical conditions, elderly Tibetans without family support, and newly arrived refugees facing language barriers in India. With our support, Patient Care Trust assisted 145 patients to access quality and affordable healthcare services at leading Delhi hospitals.

To address the rise in cancer in the Tibetan community, The Tibet Fund began partnering with the Tibetan Cancer Society (TCS) to provide cancer awareness, early detection, and palliative care. Cancer detection camps were organized in five Tibetan settlements and leading oncologists and health professionals provided free consultations, screenings, and tests for more than 2,130 Tibetan refugees. Educational and awareness programs on cancer were held at schools, monasteries, and nunneries and TCS assisted patients, especially from economically vulnerable backgrounds, in arranging consultations at reputed cancer hospitals and palliative care and support.
Fighting Communicable Diseases

With support from U.S. State Department’s Population, Refugees, and Migration Bureau, USAID, and private donors, The Tibet Fund continued to play a pivotal role in the fight against Hepatitis B and Tuberculosis, two of the largest public health concerns among Tibetan refugees in India and Nepal. We supported measures to control these diseases by integrating behavior change communication strategies with early diagnosis, screening, and treatment programs. Working with the CTA Department of Health, Snow Lion Foundation, and grassroots organizations, our initiatives have improved diagnostic infrastructure, increased public awareness, and provided access to costly tests and treatment.

Tenzin Yangkyi is a 30-year-old cancer patient who was diagnosed with acute promyelocytic leukemia in 2018. Her treatment cost at a private hospital was becoming unaffordable when she got in touch with TCS for help. TCS relied on its personal and professional network to not only get Yangkyi admitted to a leading cancer institute but also ensured free treatment for her. In June, 2019, Yangkyi became cancer free and has since gone back to her normal life.

Hepatitis B screening
As part of an ambitious Hepatitis B prevention initiative, the CTA Department of Health and Snow Lion Foundation began an extensive Hepatitis B screening and vaccination program, reaching 9,314 refugees in 19 settlements in India and Nepal. Confirmatory follow up tests were conducted to determine infection severity and appropriate treatment for 475 positive cases, out of which 41 patients began receiving antiviral medicine. Remaining positive patients were monitored by health workers and received guidance on managing Hepatitis B through changes in lifestyle behavior.

Hepatitis B vaccinations were administered to 1,873 refugees including high-risk individuals, children under 5 years of age, and newborn children of infected mothers. More than 60 health workers also received Hepatitis B screening and titer tests to determine if they have the required protective immunity.

The Tibet Fund began supporting Altruism in Action (AIA), an NGO that works to spread awareness about Hepatitis B and provides free diagnosis and treatment to economically vulnerable Tibetans. AIA conducted a series of awareness sessions in Ladakh settlement and the remote Jangthang nomadic region, benefitting more than 2,100 students and settlement residents. AIA also provided free viral load tests and treatment for Hepatitis B patients from vulnerable backgrounds.

With funding from USAID we continued to collaborate with the CTA to control Tuberculosis within the Tibetan community, through active case finding in schools and monasteries, early identification and treatment of multi-drug resistant patients, innovative solutions to improve adherence and cure rates, and capacity building for health workers to improve quality of services.
More than 700 TB patients received medical treatment, diagnostic services, and supplemental nutrition support. Culture and drug sensitivity testing was conducted to identify whether bacteria are resistant to one or more of the main TB drugs, and to help determine the most effective treatment for multi-drug resistant TB. GeneXpert cartridges were distributed to conduct nucleic acid amplification tests for rapid and reliable diagnosis, new diagnostic equipment and supplies were purchased for TB wards at Tibetan hospitals, and Directly Observed Treatment centers were established in Tibetan settlements and schools. TB awareness and active case finding campaigns reached more than 3,100 Tibetan students and settlement residents in India and Nepal.

Ensuring Safe Water, Sanitation and Hygiene

Access to safe drinking water, sanitation, and good hygiene practices are essential in combating the spread of disease and upholding the dignity of vulnerable populations. In 2019 our support significantly improved the health and welfare of thousands of Tibetan settlement residents, school students, and elders.

With funding from the U.S. State Department’s Population, Refugees, and Migration Bureau, The Tibet Fund collaborated with the CTA Department of Health and Snow Lion Foundation to repair, construct, and improve drinking water facilities, toilets and drainage systems in 16 Tibetan refugee settlements and 12 schools in India and Nepal. New borewells, submersible pumps, and water pipelines
were installed in Kollegal and Odisha settlements, benefitting over 665 residents. New pipelines and water tanks were installed to improve water supply at CTA facilities in Dharamshala and Miao settlements and damaged pipelines were replaced at the CTA hospital in Mundgod settlement. In Hunsur settlement, 14 borewell recharge pits were completed, and three check dams were constructed in Mainpat settlement. Water tanks were constructed in Choejor settlement in Nepal, and water tanks and filter systems were also installed at Odisha and Choejor settlements and an elders home in Kathmandu.

In Sonamling settlement in Ladakh, construction was completed of four public composting toilets, three solar-heated bathing rooms, 18 traditional household toilets, and a school handwashing station. 23 non-functioning water pumps were repaired, and trainings were organized for 333 residents in handpump and submersible pump maintenance. Settlement camp committees were established to increase community awareness of good hygiene practices, and child health and hygiene clubs were established at schools.

In Kollegal settlement, eight household toilets and nine public toilets were constructed, benefitting over 1,600 residents. Community toilets were also constructed at Bylakuppe Drukpa Kagyu monastery, and new drainage systems were installed at Kamrao and Tsering Dhonden settlements, benefitting 790 residents. In Nepal, 13 household toilets were constructed in Jawalakhel and Tsreok settlements and 47 household toilets were repaired in Samdupling and Jawalakhel settlements. Drainage and sewage systems were also renovated at Tashi Palkhiel settlement, Choejor settlement office, and the Tibetan Refugee Welfare Office in Kathmandu.

New toilets and washrooms were constructed at Tibetan Homes Foundation school in Mussoorie, benefitting 1,108 students, and toilets were renovated at Sambhota schools in Bylakuppe, Gothangaon, and Lobersingh, benefiting 290 students. In Nepal, 338 students and 50 staff members gained access to clean drinking water with the repair of a water filter system at Namgyal Middle School. Water storage tanks were installed to harvest rainwater at Atisha school in
Jawalakhel, a water purifier was installed at Lopheling school in Manang to provide clean drinking water for students, and a borewell pump was repaired at Srongtsen Brikhuti school. Bathrooms and toilets were also renovated at Lekshedh Tsal School, Atisha School, Srongtsen School, Mt Kailash School, and Saraswati School.

The Tibet Fund continued to support Reimagining Doeguling Tibetan Settlement (RDTS) water conservation initiatives in Mundgod settlement. Rooftop rainwater harvesting systems were installed in three camps in the settlement, which are expected to provide access to cleaner and more abundant water for 1,325 residents while recharging underground borewells and raising water conservation awareness. RDTS is a grassroots organization working to preserve the Nalanda tradition and empower local communities, and has successfully demonstrated rainwater harvesting projects at Rato Monastery, Ganden Monastery, Sakya Monastery, and the Doeguling Elders Home.

Supplementary Nutrition for Children

With support from USAID, Ann Down and the Hershey Family Foundation, our supplementary nutrition program significantly reduced malnutrition and promoted healthy and balanced diets among young school and crèche children in India and Nepal. Administered in collaboration with the CTA Education and Health departments and the Snow Lion Foundation, the program provided milk, fruit, eggs, meat, and vegetables to some of the most vulnerable Tibetan refugee children. The supplementary nutrition program benefitted 4,900 students in 54 schools in India, 1,600 students in nine schools in Nepal and 731 crèche children in the remote settlements of Miao and Ladakh.
Strengthening Livelihoods and Self-Reliance
The Tibet Fund supports economic and community-led development that strengthens the viability of Tibetan settlements and promotes self-reliance. Our projects improve the livelihoods of disadvantaged Tibetans through low interest business loans, micro and small enterprise development, employable skills training, and agriculture development, while also empowering communities to address their own needs and priorities. With funding from USAID under the flagship Tibetan Self-Reliance and Resilience Program, most of our livelihoods and community development assistance is undertaken in collaboration with the Central Tibetan Administration in India and Lodrik Welfare Fund in Nepal.

Revolving Loan Funds

With USAID finding we continued to support micro enterprises with low interest loans and non-financial business development services. A revolving loan fund managed by the CTA disbursed over 1,200 loans to Tibetan micro enterprises in India, primarily winter garment sellers and street vendors. Since 2017 the revolving fund has disbursed more than $3.3 million in microloans, which have been collected from borrowers with a 100% repayment rate.

In Nepal we worked with a local Tibetan organization, Lodrik Welfare Fund, to establish a new community managed savings and credit program. 71 households received low interest loans and set up savings and credit groups in five settlements near Pokhara. This program differs from the revolving fund in India, which does not mobilize savings and is managed by the CTA. The model in Nepal is managed by communities themselves, who are learning to run their own savings and loan funds self-sufficiently. We plan to extend this program to all Tibetan settlements in Nepal in the coming years.

Business Development Services and Seed Funds

To promote entrepreneurship and small enterprise development, the Tibetan Entrepreneurship Development initiative delivered business development services and training to more than 200 existing small enterprises and supported 6 new entrepreneurs to start their own businesses. Street vendors and small restaurant owners in Dharamshala, Dehradun, and Bylakuppe received basic bookkeeping and marketing training, and self-help groups of women street vendors were formed to create social capital and promote collective
action. The USAID funded program provided training, business planning assistance, and seed grants to startup businesses, and introduced “skills to enterprise” services for vocational trainees who want to start their own businesses. An incubation center was also established near the CTA premises to provide on-site training to new startup entrepreneurs.

Employable Skills Training

276 unemployed youth received vocational skills training at centers managed by the Central Tibetan Administration in Dharamshala and Bangalore. Youth attended short-term courses in hairdressing and beautician skills, cooking, web design, accounting software, Photoshop, and hotel management. A new long-term vocational training program was also introduced in collaboration with the Tibetan Children’s Village Industrial Training Institute near Dehradun. More than a dozen unemployed youth began 2-3 year courses in cosmetology, food and beverage, cooking, secretarial skills, and bakery and confectionary.

The Tibet Fund supported Lha Charitable Trust, a Tibetan organization in Dharamshala, to design and launch a new livelihoods improvement program. 85 unemployed youth received training and internships in spa, cookery, bakery, and bartending skills. The program provided financial literacy and personality development training to strengthen trainee communication and job interviews skills. Jamyang Choephel took part in the massage and spa course and after completion started his own massage, yoga, and sound healing business in Dharamshala. Two beneficiaries, Wangchen Dawa and Tenzin Sherab, own a small restaurant and after completing the cookery course added a variety of Indian dishes to their menu.
We also began supporting a tailoring training for unemployed Tibetan women in Sonamling Tibetan settlement in Ladakh. New sewing machines, tailoring materials and trainee stipends were provided to the regional chapter of the Tibetan Women’s Association for this project, which aims to empower unemployed women and help them become financially independent and support their families.

**Participatory Community Development**

The Tibet Fund continued to improve our participatory approach to community development in Tibetan settlements, intended to address community-identified needs while maximizing local ownership of program support. In 2019, USAID funding provided 13 small grants for community priorities in seven settlements of northeast India. Community priorities were identified through a process of participatory needs assessment with technical support from experts in the field of participatory community development. Small settlement-based projects included establishment and improvement of tailoring centers and street-side garment and food stalls, and support for cultural and language preservation initiatives.

**Supporting Farmers**

The Tibet Fund continued supporting initiatives designed to shift Tibetan agriculture from household farming to small scale agribusiness that can both increase farmer income and generate revenue for the Central Tibetan Administration.

With USAID funding, over 450 farmers in India and Nepal benefitted from cash crop cultivation inputs and training and began using improved farm technologies and management practices on 1,633 acres of land. New practices included soil health testing, development of a mobile app through which farmers can access high quality extension services, and cultivating new cash crop varieties such as quality protein maize, avocado, pomegranate, coconut, lemon, and black pepper.

To enable settlement-based agriculture officers to visit and assist farmers more frequently, 12 motor bikes were provided, and a farming equipment assessment
was conducted for 11 agriculture cooperatives in India. New tractors, harvesters, threshers, sowing machines, ploughs and water tankers were provided to replace old equipment.

The Tibet Fund provided a grant to Lodrik Welfare Fund to construct irrigation canals in Lo Tserok settlement, Nepal, where residents are primarily dependent on agriculture, especially apple farming, for their livelihood. An 885-yard concrete irrigation canal was constructed and mud canals were repaired to irrigate existing and new apple fields benefitting around 50 households.

Disaster Relief Support

The Tibet Fund provided emergency relief support of $29,000 to Tibetans affected by natural and manmade disasters. Tibetan garment sellers in Maharashtra and Arunachal Pradesh suffered damage to their inventory after fires broke out at their warehouse and shops. A handicraft center at Dalhousie settlement also suffered losses from a major fire, and Tibetan nomads in the remote Jangthang region of Ladakh lost large numbers of livestock due to unusually heavy snowfall. Our emergency relief helped partially alleviate the burden of these disasters.
Safeguarding Our Heritage
The Tibet Fund believes that Tibetan cultural heritage and national identity are the fabric that binds the Tibetan people together and lends an enduring momentum to our struggle for freedom and justice. In accordance with our core mission, The Tibet Fund supports diverse programs and institutions in exile that contribute to the preservation of traditional Tibetan culture and national identity. Events in North America are specifically targeted at Tibetan youth and serve as avenues by which to explore cultural expression, Tibetan history, and identity. These opportunities instill a deeper sense of ownership among the youth of their culture, tradition, language, and community.

Enabling Performance Arts

With USAID funding, The Tibet Fund continued collaborating with the CTA Department of Religion and Culture to support performance skills training, cultural events and facility improvements at the Tibetan Institute of Performing Arts (TIPA) in Dharamshala. 53 artists and trainees received pre-service performing arts training in traditional dance, music, drama, and opera performance, and attended workshops in contemporary Western music, vocal skills, music arranging, mixing and mastering. TIPA instructors received training to enhance their teaching skills and trainees received traditional performance costumes, and musical instruments.

To commemorate TIPA’s sixtieth anniversary, an international conference was organized on Tibetan
performing arts, attended by noted scholars and artists from around the world. Tibet scholar Tashi Tsering Josayma convened the three-day conference, at which 23 scholars presented research papers on various aspects of Tibetan performing arts.

TIPA organized its 24th annual Shoton festival, a week-long event celebrating the centuries-old tradition of Tibetan opera known as *Ache Lhamo*. 168 artists from opera troupes in India and Nepal performed some of the most loved traditional operas including Sukyi Nyima, Nangsa Woebum, Chungpo Dhonyoe, Pema Woebar, and the life of Sakya Pandita. Visiting amateur performers also received training from TIPA masters opera drum notation, prelude performance dances, slow and fast paced operatic dance styles, opera arias, and the black hat cham dance.

**Nurturing Tibetan Artists and Writers**

13 artists, researchers, and cultural organizations received grants from the Tibetan Arts and Culture Fund, established in 2017 with USAID funding to strengthen Tibetan cultural resilience. Administered by the CTA Department of Religion and Culture, the fund awards small grants for culture preservation projects and full-time practitioners of Tibetan arts and culture. Grants were awarded for projects including traditional clay statue making, traditional thangka painting training, preservation of traditional ritual masks, sand mandala training, a documentary on Tibetan death rituals, and digitization of rare texts documenting rituals, guides to sacred places, and dharma songs.

The Tibet Fund began collaborating with Tibet Writes, an organization of Tibetan writers that promotes and publishes prose and poetry by Tibetans in exile. A book by veteran CTA civil servant Thubten Samphel titled “Tibet: Reports from Exile,” an anthology of the author’s writings on Tibet’s history, struggle, and the changing conditions inside Tibet, was published, and work continued on other publications in progress. We also began collaborating with Stories of Tibetans, an organization that uses storytelling, photography and film to document and share stories of ordinary Tibetan individuals. With our support, they launched “Fading History,” a project that is recording the stories of 500 elder refugees to preserve their legacy and share their stories of hope, hardship, and resilience.

The Tibet Fund published a booklet titled “The Institution of The Dalai Lama,” offering a historical overview of the Dalai Lama lineage and its evolution and emergence as a force that has united and provided leadership to the Tibetan people for centuries. On the future of the Dalai Lama institution, the booklet notes that His Holiness the 14th Dalai Lama is loved and respected all over the world as a champion of peace and compassion, and it is on this global stage of moral leadership that the modern institution of the Dalai Lamas will continue to provide a spiritual compass for those of faith around the world.
Tibetan Language and Culture Preservation in North America

In North America we hosted the third annual Let’s Talk in Tibetan online contest for Tibetan children in coordination with the CTA Office of Tibet. The contest gives children aged 6 to 17 the opportunity to showcase their language skills with the goal of encouraging them to speak and write Tibetan frequently. Participants submitted videos of themselves having conversations on various topics, and older participants submitted original stories. 30 children from North America participated, of which five in each age category received small cash awards.

21 Tibetan Associations received small grants to organize week-long summer programs for Tibetan children in their localities. Camps offered classes on Tibetan religion, culture and language. Associations received a total of $34,500 from The Tibet Fund, benefitting 664 children.

We organized a three-day Buddhist retreat for Tibetan families in collaboration with Do-Ngak Kun-Phen Ling, a Buddhist Center in Connecticut. Led by Geshe Lobsang Dhargyal, the retreat was attended by 17 participants from New York, New Jersey, Connecticut, and Boston, who learned about Tibetan Buddhism and Buddhist philosophy and engaged in different kinds of meditation.

A week-long workshop on Secular Ethics was organized in collaboration with the Tibetan Buddhist Learning Center in Washington, New Jersey. 33 Tibetan high school and college students took part in the workshop, which featured sessions on Secular Ethics, Tibetan Buddhism and Tibetan history.
Protecting and Empowering Women and Girls
The Tibet Fund worked with multiple partners to address the critical areas of protecting women and girls from sexual exploitation and gender-based violence and developing preventive policies and robust redressal mechanisms. With funding from the U.S. Department of State Bureau of Population, Refugees and Migration, USAID, and private donors, we supported gender sensitization workshops, women’s leadership training, menstrual health and hygiene promotion, and capacity building of partner organization staff and grassroots leaders.

The Tibet Fund continued collaborating with Drokmo, a women’s organization dedicated to addressing the problems of health, education and livelihoods faced by women. Drokmo organized trainings on responsible menstrual health management in nine middle and secondary schools in India, benefitting 758 students. To promote environmentally responsible menstrual waste disposal, Drokmo distributed 420 reusable pads in two Tibetan schools.

The Tibet Fund continued supporting CTA’s Women Empowerment Desk (WED) to develop a new strategy to prevent and respond to sexual and gender-based violence (SGBV). WED began drafting new guidelines for prevention and action to comply with the Indian government’s Sexual Harassment of Women at Workplace Act, and 12 internal complaints committees were formed in all CTA departments and sub-offices in Delhi and Dharamshala. 50 CTA staff were appointed as committee members and received training on sexual harassment at the workplace, safeguarding employees, and creating a safe and conducive workplace environment.

17 grassroots leaders and social workers took part in a SGBV prevention training of trainers, aimed at widening the pool of female Tibetan trainers and counsellors and building local...
capacity to address SGBV issues. Three manuals on conducting SGBV prevention training for Tibetan communities, schools, and workplaces were developed and field-tested.

More than 200 settlement residents, grassroots leaders, and CTA and NGO staff attended workshops on gender mainstreaming and preventing sexual harassment at the workplace. Workshop discussions were held on sex, gender and patriarchy within Tibetan communities, gender inclusive practices, and building awareness about Indian laws related to SGBV.

A helpline and a physical safe space were established in Dharamshala to address SGBV complaints and support survivors. Specialized trainings on operating the helpline and safe space in compliance with government regulations were provided to staff, and referral networks with local welfare and security offices were established.

We also continued working with WED to protect against sexual exploitation and abuse in schools and settlements. Students at three pilot schools were trained to conduct safety audits and map their school compounds, and actions plans were then drafted to address safety issues identified by students. School gender focal persons were appointed, and more than 500 school students and staff received SGBV orientations, including sessions to build student confidence to report protection issues and seek support.

In Bylakuppe settlement, 21 camp leaders received orientations and provided inputs on procedures to protect against sexual exploitation and abuse. 14 barefoot counselors received training in couples counselling and therapy, and then provided counselling services to more than 30 individuals and couples.

In Nepal, SGBV prevention activities were implemented in five schools and settlements in Pokhara and Kathmandu, benefitting 32 gender focal persons, 66 teachers, and 89 parents. Students conducted safety audits of their school compounds, SGBV awareness campaigns were conducted, and robust reporting mechanisms were developed.
Empowering Tibetan Civil Society
Building New Partnerships

Over the years, The Tibet Fund has supported the educational and social development projects of many Tibetan CSOs, targeting youth, women, elders, and other vulnerable groups. Tibetan CSOs are often most effective at finding solutions to pressing grassroots challenges, and a new generation of Tibetan social entrepreneurs is emerging to spearhead innovative and new initiatives. Some of our new CSO partners include:

- Altruism in Action
  The Tibet Fund began supporting Altruism in Action, an organization that creates awareness on Hepatitis B and provides free treatment to economically vulnerable Tibetans in India, particularly in Ladakh.

- Tibetan Cancer Society
  The Tibetan Cancer Society organizes cancer awareness and education programs and conducts health camps and cancer screenings in Tibetan settlements across India in partnership with leading oncologists and health professionals specializing in cancer diagnosis.

- Shatsa: A Radical Act of Education
  Founded by a group of young Tibetans in Ladakh, Shatsa’s main aim is to encourage reading habits among Tibetan children. They organize book reading fests and Sunday classes at settlement camp community centers, at which they share stories, play educational games, and enact skits.

- Tibetan Community Dental Services
  Started by a group of young Tibetan dentists, Tibetan Community Dental Services organizes camps to provide dental services in remote refugee settlements and conducts awareness sessions on dental health and hygiene.

- Help with Books Trust
  Help with Books Trust aims to create a community of readers focusing on young children, parents, and educators in the Tibetan community. It is best known for establishing a model children's library in Mundgod, the largest refugee settlement in India.

In our commitment to build stronger and more resilient Tibetan communities, The Tibet Fund continued to support Tibetan civil society organizations (CSOs) with potential to make positive change. Established in 2016, the Tibetan Civil Society and Community Empowerment Program is provides small grants for CSO projects while building their capacity to increase their impact. Our CSO partners address critical community needs left unaddressed by large U.S. Government funded programs, and their young Tibetan staff acquire nonprofit leadership skills and experience.
Stories of Tibetans

Stories of Tibetans uses storytelling, film and photography to share stories of ordinary Tibetans about their hopes, hardships, resilience, and unique experiences in exile and inside Tibet.

TibetWrites

TibetWrites promotes and publishes creative works of Tibetans in exile, with the goal of enabling Tibetans to gain control and ownership of their narrative while inspiring a new generation of Tibetan writers.

Tibet Theatre

Tibet Theatre is an amateur contemporary theatre group with the vision to build community awareness, preserve Tibetan language and culture, and generate social change through the medium of performance. Since its inception in 2011, Tibet Theatre has enacted 25 plays and performed more than 100 shows in different Tibetan settlements and schools.

In 2019 grants were made to 18 CSOs for amounts between $2,500 and $33,000, totaling more than $220,000. Notable CSO projects included two grants to Reimagining Doeguling Tibetan Settlement for rooftop water harvesting and anemia screening and treatment; a grant to Manjushri Educational Services for a nomad community tent school; a scholarship program for economically vulnerable girls in partnership with Drokmo; microenterprise support for economically vulnerable refugees in partnership with Drokpo and Hope & Challenge;
livelihood skills training for underemployed youth, led by Lha Charitable Trust; an early child care and education project that trains parents and produces Tibetan children’s literature, led by Manjushri; pro-bono legal aid services for Tibetans in India, led by Tibetan Legal Association; and a project to encourage reading habits among young children led by Shatsa. In the health sector, Tibetan Cancer Society, Altruism in Action, Patient Care Trust, and Tibetan Community Dental Services received grants to conduct screening and awareness camps to prevent cancer and Hepatitis B, to provide pro-bono medical advocacy services, and to conduct dental screening camps.

Tibetan Civil Society Strengthening Conference

The second Tibetan Civil Society Strengthening Conference was held in Dharamshala, intended to build capacity of Tibetan CSOs and create networks for cooperation and collaboration among grassroots organizations. 35 participants from 29 Tibetan CSOs from India and Nepal attended, including 16 receiving small grants from The Tibet Fund.

President Lobsang Nyandak gave the opening remarks at the inaugural ceremony and highlighted the important role CSOs play in the social and economic development of the community. He
stressed the need for strengthening the capacity of CSOs in order to realize a more vibrant Tibetan civil society with stronger actors working in the development sector. Organized by Lha Charitable Trust, the three-day conference saw sector experts lead sessions on CSO fundraising, project needs assessment, documenting success stories, and host country legal compliance requirements. On the last day of the conference, His Eminence Professor Samdhong Rinpoche gave a guidance talk. Following the conference, The Tibet Fund organized two follow up workshops for our CSO partners on protecting staff and beneficiaries from sexual exploitation and abuse.
Sponsoring Needy Tibetans

In 2019, The Tibet Fund raised a total of $190,984 in sponsorship donations from private sources which was transferred to monasteries, nunneries, schools, and elder homes in India and Nepal. Sponsorships supported 195 monks, 102 nuns, 524 school children, 54 disabled children, 71 elders, and seven performing arts students. Our Sponsorship Coordinator works with over 80 institutions and organizations to manage this program.

The Tibet Fund’s Sponsorship Program empowers hundreds of vulnerable Tibetan refugees. Your sponsorship helps hundreds of children to receive affordable tuition, better education and healthcare services, improved living environments and nutritious foods, and greater care for the elderly and the differently abled.

Through your sponsorship, we offered hope in the future for hundreds of needy Tibetans by giving them life-affirming experiences, particularly for those who are orphans, newly arrived refugees from Tibet and those living in poverty.

We will connect you to bond with a new person in your life. You’ll receive news of progress and letters from your sponsored child/monk or elders. We ensure that the sponsors remain in contact with the beneficiaries and keep them updated on their well-being. Please visit our sponsorship page https://tibetfund.org/sponsorships/ for more information.

OUR BENEFICIARIES

Monasteries: Chuwar, Drepung Loseling, Drepung Gomang, Ganden Jangtse, Gyuto Tantric, Gyummed Monastic School, Gyudmed Tantric University, Gyuto Tantric University, Institute of Buddhist Dialectics, Kirti, Samtenling, Sera Jhe, Sera Mey, Sera Mey Toesam, Sera Mey Tsaangpa, Shalu, and Tashi Lhunpo.

Nunneries: Khari, Dolma Ling, Geden Choeling, Jamyang Choling, Jangchub Choeling, Keydong Thukche Choeling, Ladakh Nuns Association, Namdroling, Sakya Rinchen Choeling, Samtenling, Shugseb, Tilokpur, Tsogayl Shedupling, and Thekchok Namdoling

Schools: Atisha Primary School, CST Dalhousie, CST Darjeeling, CST Kalimpong, CST Mussoorie, CST Nainital, CST Shimla, Karuna Home for The Disabled, Lophel Ling, Lower TCV, Mt Kailash, Namgyal Middle Boarding School, Nepal Snow Lion Foundation, Ngoenga School for Tibetan Children with Special Needs, SOS High School Pokhara, Srongten School, STS Bylakuppe, STS Chandragiri, STS Chauntra, STS Dhanji, STS, Gurupura, STS Kollegal, STS Manali, STS Mewon Tsuglak Peten, STS Miao, STS Mundgod, STS Paonta Sahib, STS, Pokhriabong, STS Ravangla, STS, Shillong, STS Tenzingang, STS Tezu, TCV Chauntra, TCV Dharamshala, TCV Outreach, TCV Selakui, TCV SOS Bylakuppe, TCV SOS Gopalpur, TCV SOS Ladakh, TCV Suja, Tibetan Homes Foundation, Tibetan Medical and Astrology Institute, and Youngling Creche and Kindergarten

Elder Homes: Tsering Elder’s Home, Jawalakhel Elders Home and Dhondenling Old People’s Home.

Institute of Performing Arts: Tibetan Institute of Performing Arts.
Every year The Tibet Fund organizes several events and outreach activities designed to promote and deepen international understanding and appreciation of Tibet’s rich cultural heritage and build stronger networks among Tibet supporters. In 2019, these events included fundraising activities for programs aimed at supporting a sustainable Tibetan community in exile and preserving our distinct national and cultural identity.

Tibetan New Year - Losar

To experience and celebrate Losar, a rich cultural tradition of the Tibetan people, The Tibet Fund brought together our diverse community of supporters at Baruch College on February 14th. Through immersion in customary Losar festivities and rituals we hoped that guests would gain an understanding and meaningfully partake in the preservation of Tibet’s cultural heritage. Professional artists from the Tibetan Institute of Performing Arts and Tibetan Opera Association performed cultural dances, and guests partook in various ceremonial activities, such as Guthug or “dough-ball revelation,” Gorshe or “Circle Dance,” and Tibetan calligraphy. The event also included a silent auction.
Special Event in Orange County

The Tibet Fund held a special fundraising event in California on June 15th, which was attended by Chinese and Vietnamese friends and supporters. This event was hosted by a Tibetan friend of The Tibet Fund at her home in Laguna Hills and included a reception and dinner for about 30 people. The Tibet Fund’s work was presented along with performances of traditional Tibetan songs and dances.

San Francisco Gala

The Tibet Fund’s Gala in San Francisco on August 27th turned out to be a special event. We honored Diane Brandenburg in recognition of her extensive philanthropy and boundless compassion for underprivileged communities. Other highlights include attendance of Senior Senator Dianne Feinstein, Richard Blum, Suzanne DiBianca, Dick Grace, Linda Lester, Mickey Lemle, Tom Nazario, and Chinese and Tibetan supporters. The event raised a total of $124,000.

10th Annual NYC Gala

The Annual Gala of The Tibet Fund was held at Le Bernardin Privé in New York City on October 24th. Co-chaired by Richard Gere and Dr. Kazuko Tatsumura Hillyer, Chef Eric Ripert hosted the event along with four other celebrated chefs – Chef Laurent Manrique, Chef Vikas Khanna, and Chef Bernard Guillas – who offered their signature dishes for the occasion. We honored three remarkable individuals – Thupten Jinpa, and Sam and Carol Nappi – and celebrated their extraordinary achievements as advocates who have worked hard to support His Holiness the Dalai Lama and the Tibetan people under difficult circumstances. Major donors included Dr. Kazuko Hillyer Tatsumura, Barry Hershey, Sam Nappi, Jonathan and Diana Rose, Mickey Lemle, Richard Gere, Tom Sargent, Jessica Brackman and Olivia Hansen. More than $350,000 was raised from ticket sales and silent and live auctions.
President Visits Settlements and Projects in India

The Tibet Fund President made field visits to Dharamshala and Mundgod Tibetan settlements in May to monitor project implementation and interact with beneficiaries. In Dharamshala, he met with CTA officials to discuss The Tibet Fund’s working relationships with the Departments of Education, Finance, Health and Home. The President also held meetings with beneficiaries in both settlements. The President also met with local partner organizations in Mundgod as part of our community mobilization program. In September, the President made field visits to Paonta and Puruwala Tibetan settlements, Trilokpur and Dharamshala where he again met CTA officials and attended the Tibetan Civil Society Strengthening Conference and a special meeting convened by the Tibetan Parliament-in-Exile. The President also held meetings with USAID officials in Delhi.

Launch of Chinese and Tibetan Language Websites and Facebook Page

The Tibet Fund launched its new Tibetan and Chinese websites on May 10th, along with a Tibetan language Facebook page. The websites have translated important background information on Tibetan refugees, our organization, and projects in both Tibetan and Chinese. The Chinese language website is helping to connect with potential donors and untapped resources in the Chinese speaking world. The Tibetan website and Facebook page are helping to reach Tibetan communities in India, Nepal, and Tibet to promote our mission and spread awareness of our programs.
Thank You to All Our Donors!

You have made a real difference in the lives of the Tibetans we serve

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Become a part of the long-term solution to sustain Tibetan culture and national identity! Learn about how you can make a difference.

For more information, please contact:

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The Tibet Fund Mission:
Our mission is to preserve the distinct cultural identity of the Tibetan people. Founded in 1981 under the patronage of His Holiness the Dalai Lama, The Tibet Fund is the leading nonprofit organization dedicated to supporting and strengthening Tibetan communities, both in exile and inside Tibet.

The Tibet Fund reaches out to Tibetan communities through programs for health, education, rehabilitation, cultural preservation, elder care, and community development.

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