The Tibet Fund’s mission is to preserve the distinct cultural identity of the Tibetan people. Founded in 1981 under the patronage of His Holiness the Dalai Lama, The Tibet Fund is the leading nonprofit organization dedicated to supporting and strengthening Tibetan communities, both in exile and inside Tibet. Each year, The Tibet Fund reaches out to almost the entire Tibetan refugee community in exile through programs for health, education, refugee rehabilitation, cultural preservation, elder care, and community development. Health programs have contributed to substantial reductions in infant and child mortality rates, morbidity, and tuberculosis incidence. Education initiatives have raised literacy rates, provided schooling for thousands of children, equipped adult refugees with new livelihood skills, and provided scholarships for over 486 Tibetans to pursue higher studies in the US and many more to attend universities in India and Nepal.

The Tibet Fund is a 501©3 organization and as such your donations are tax deductible to the extent allowed by law. If you have any questions about our organization, please do not hesitate to call us at (212)213-5011 or write to us at info@tibetfund.org

Cover Photo: Our three-month supplementary nutritional program benefitted 631 children, including 304 girls in four Tibetan schools in India.
Dear Friends,

Under the patronage of His Holiness the Dalai Lama, The Tibet Fund continues to serve as the most trusted non-profit humanitarian organization working to preserve Tibet’s rich cultural heritage and strengthen Tibetan communities in exile. Your continued support has enabled us to provide critical resources and essential opportunities to transform the lives of thousands of Tibetan refugees in South Asia.

Last year, our programs benefited more than 70,000 Tibetans directly and indirectly through cultural preservation, education, health, livelihood improvement, community development, women empowerment, and refugee rehabilitation. In collaboration with the Central Tibetan Administration, we have successfully managed, monitored and reported on $9.18 million in program activities in India, Nepal, North America, and Tibet, out of which $7.67 million was funded by four U.S. federal grants and $1.51 million was funded by dozens of generous grants from individuals and foundations. This annual report provides a summary of the major highlights and impact of the work undertaken in each programmatic area.

The Tibet Fund has made significant improvement over the last four decades and is now seen as the primary funding organization reaching out to every corner of the Tibetan refugee world in India and Nepal. We have launched new initiatives in recent years, including the Tibetan Settlement Matching Grants, Tibetan Civil Society Empowerment Program, Tibetan Women Micro-entrepreneurship Program and three higher studies scholarship programs, to achieve our strategic goals to empower Tibetans in every aspect of their lives.

Our ability to thrive as a people in exile depends in part upon the selfless dedication and generosity of our friends and supporters. We remain deeply grateful to all the individual donors, private foundations, the United States Congress and the successive US Administrations whose generosity and dedication has made our work possible.

The Central Tibetan Administration, which represents the Tibetan people, has extended its fullest cooperation in our four decades of partnership and we are deeply thankful to all successive CTA Administrations. We have a dedicated Board of Directors, to whom I wish to thank for guiding the work of The Tibet Fund through the years. A note of thanks also goes to our hardworking staff who deserve a special mention for their dedication and commitment.

Thank you very much! With best wishes,

Lobsang Nyandak
President

October 1, 2022
The heart and soul of the Tibetan education policy, as envisioned by His Holiness the Dalai Lama soon after coming into exile in 1959, was to provide a quality modern education and to pass on the Tibetan language and culture to the new generation of Tibetans growing up in exile. These past four decades of our service to the Tibetan community, The Tibet Fund has held firmly to this vision and continued to play a key role in administering funds for many different programs working to help enrich and sustain educational efforts. These programs work to create and provide innovative interventions, technical expertise, and evidence-based solutions to the many unique challenges that encompass educating Tibetans in exile.

In order for us to continue to implement, grow, and sustain these programs year after year, we team up with the Department of Education (DOE) of the Central Tibetan Administration, the Snow Lion Foundation (SLF) in Nepal, and many different civil society organizations to create the largest educational footprint in exile. This educational footprint reaches more than 15,000 students in over 64 schools across India and Nepal.

If it weren’t for the generosity of our donors, including individuals, organizations, and the U.S. Government, we would not be able to expand our reach of early childhood care, improve the quality of education at Tibetan schools, broaden access to higher education and professional studies, and address core deficiencies in the Tibetan education system. This gift of education is our contribution to the strong foundation children need to learn, build better lives, and continue the struggle for Tibet’s identity and freedom.

**Covid-19 Educational Interventions**

As Tibetan schools closed in India and Nepal due to Covid-19, two e-learning portals with rich collections of online teaching and learning resources were created for two school administrations including Tibetan Homes Foundation and Sambhota Tibetan Schools Society. The e-learning portals contain video recordings of lessons, e-textbooks, and other reference materials to facilitate virtual learning. Moreover, 924 school teachers from 31 schools and 811 class X and XII students were supported with internet expenses to conduct and attend virtual classes during school lockdown.

To help prevent the spread of Covid-19, schools were also provided with personal protective equipment, disinfectants and sanitation supplies. 392 teachers, staff and volunteers for the Covid task forces of 29 schools received honorariums. In addition, during the second wave of Covid in India, 15 boarding schools received oxygen concentrators in case of acute need.

**Early Childhood Education and Care**

Ensuring early childhood education and care for Tibetan communities in India and Nepal is crucial to enriching young lives and empowering families. Many of these communities are faced with continuous challenges that hinder their ability to offer early childhood care and education programs. The main reason for this is the lack of basic resources available to them in
order to provide, maintain, and improve daycare and learning centers. Understanding that beginning education at a young age is extremely important when investing in children’s social, cognitive, physical, and emotional development, The Tibet Fund has been working with partners to make sure that these resources are available. We want to make sure that there are safe and fun daycares, libraries, and education centers, training and education opportunities for parents and daycare center staff as well as access to education for all, including nomadic families.

Continuous progress is being made in the field of early childhood education and care. The Tibetan Civil Society Empowerment Program has made new and continuing grants to different CSOs in India and Nepal in 2021. Our partner, Manjushri Educational Services (MES), worked to improve early childhood education and care for infants and pre-school children up to the age of five by providing workshops for parents. Six in-person and three virtual workshops were organized in Bir, Kullu, Dobhi and Manali; these were attended by 184 parents. Each parent received a baby bag containing four English language board books, four Tibetan language board books, six Tibetan children's books, one baby hygiene gift pack and two Fisher Price sensorial toys.

With funding from the U.S. State Department Bureau of Population, Refugees and Migration, The Tibet Fund partnered with CTA DOE to sensitize parents and caregivers on the importance of early childhood period. One early child development guideline and two early childhood care & education manuals for 0-3 years for parents and caregivers were published in Tibetan language in 2021. These are the first books in Tibetan language on early childhood care and education in the Tibetan exile community. To further support parents and caregivers, indoor and outdoor play-based educational materials were purchased for two creches in Bir and Chauntra. DOE was also able to complete improvements to the creche in Bir settlement that included installation of ramps and rails and renovation of toilets and washbasins.

Enriching Children’s Literature

In partnership with numerous Tibetan civil society organizations, we have undertaken various educational programs to enrich children's literature. We supported Manjushri Educational Service (MES) in opening a new library which has become a reading and play center for children. The library has promoted reading and literacy skills in its regular children visitors. A few hundred children have even registered as library members. As the COVID-19 pandemic continued, MES was able to digitize the library collection. This placed 2,000 children's books into BookCat software allowing children and parents to be able to access them from anywhere during lockdown. This was a major step in ensuring that the kids stayed engaged and learning during this time. MES was also able to take advantage of the digital platform they created, as well as social media, which allowed the reading center to upload audiobooks and story videos while the kids stayed in lockdown.
In collaboration with Venerable Redo Sangay from Kirti monastery, LHA helped produce a series of Tibetan audiobooks that were uploaded on YouTube and are available for free online. 101 episodes were created focusing on the stories of 34 notable Tibetans who contributed to Tibet’s history and culture through Buddhism, politics, language, and culture. Users from 25 different countries have listened to the audiobooks online, and LHA has received positive feedback. One listener in Europe commented, “This is such a noble cause to preserve our rich culture. As a Tibetan living in Belgium and being a mother, through this blog I am able to teach lots of things to my child including the ancient philosophy of Buddhism and the root of our culture.”

With USAID funding, we continued supporting the Tibetan Early Grade Reading Program, which focuses on producing high quality, age appropriate and culturally relevant children’s books in Tibetan language, and providing training and mentoring for primary teachers, librarians, and parents. In collaboration with the CTA, this program supported the publication of 10 new titles of translated children’s books including picture books, STEM books and fantasy books, bringing the total of USAID supported Tibetan language children’s literature to 117 original and newly translated titles. A total of 35,820 children’s books were distributed to primary classroom reading corners and school libraries in 68 schools in Tibetan settlements in India and Nepal. 4,973 high-quality children’s books were also distributed to parents of primary grade children in seven Tibetan settlements including areas of Ladakh, Tuting, Shillong, Sataun, Kumrao, Shima and Kollegal and in Nepal.

Along with 103 new hostel reading corners, 45 additional classroom reading corners were installed in pre-primary and primary class rooms in 27 Tibetan schools. The reading corners were stocked with a collection of high-quality Tibetan and English children’s books. These initiatives have reached thousands of Tibetan children, parents, and educators. In addition, public libraries and NGOs including Shatsa in Ladakh region were also supported with high quality children’s books.

**Serving the Marginalized**

With funding from the U.S. State Department Bureau of Population, Refugees and Migration, The Tibet Fund provided access to modern and traditional education for 4,288 vulnerable students, monks and nuns who were born in Tibet and fled to India within the last two decades. These services were provided in collaboration with the CTA’s Department of Religion and Culture, the Tibetan Children’s Village, and the Tibetan Homes Foundation. 2,814 monks and nuns received support to continue nonformal education at 54 traditional learning centers in India, while 1,474 students received a modern education at TCV Suja and THF Rajpur. These residential schools provide Tibetan medium instruction and special classes for new refugees designed to integrate them into the formal and non-formal educational system of India. In Nepal, 37 students in nine schools benefitted from meals with increased nutritional value.

The Tibet Fund continued to support Sherab Gatsel Transit School in Dharamshala, which caters specifically to the educational needs of newly arrived adult Tibetan refugees. 36 refugee students received nonformal adult education and foundational courses in English and Tibetan languages, mathematics, and basic computer skills. Following completion of their courses, students may choose to continue pursuing general education or vocational training courses.

We continued our partnership with Tibetan organizations in
Ladakh to reach out to the most vulnerable Tibetan children in remote areas. MES collaborated with Shatsa to create 108 mini home libraries for nomadic families in Ladakh, funded by the U.S. Embassy in Delhi. They have also launched the books-on-wheels program to increase access to children's books throughout different communities by placing bookshelves in nearby creches, pre-primary and primary schools, and stocking them with different collections of books every month.

The Nomad Reading and Home Library Project, a program of Shatsa, organized reading camps for 150 children in seven Tibetan nomadic encampments. Workshops were organized for 108 parents with infants to ten-year-olds, focusing on the importance of reading and access to age appropriate, as well as culturally relevant, reading materials.

Shatsa opened a community library in March of 2021 in Ladakh where children were provided with reading and storytelling sessions. Around 50 children visit the library every day for these fun and hands-on learning sessions. Two Shatsa librarians attended a six-months long Library Educators Certificate program to better equip themselves with necessary skills. Shatsa published three children's books on nomadic life settings and 3,300 copies were printed and distributed to Tibetan schools in Nepal and India.

The Ladakh Tent School provided education access and quality learning to nomadic children in the Changthang area. Mobile tuition classes were organized in eight camps for the first time over five weeks in the summer of 2021. In total, 120 children between the ages of 6 and 16 received coaching in the fundamentals of math, science, Tibetan and English language. Each specific educational focus was one week long.

The tent school also was able to provide a summer educational camp that was conducted at the Jangthang Samed camp. 17 children from ages 6 to 13 participated in educational and creative learning activities. The activities helped to build confidence, as well as develop and strengthen language skills. The tent school at Jangthang Samed also held regular classes for 13 children below the age of six. Here, the teacher engages children in reading, storytelling, writing, and recreational activities. In December, a project management workshop was held for nomadic college students. Now, an educational camp in the Winter has started up in Jangthang Samed, where there are currently 30 children participating.

Quality of Education

Improving education in Tibetan schools begins with the quality of pedagogy and the practice of complementary teaching methods. The Tibet Fund partnered with CTA, Sambhota Tibetan Schools Society, Tibetan Children's Village, Tibetan Homes Foundation, and Central Schools for Tibetans to deliver a series of trainings for teachers to improve and upgrade their pedagogical skills.

With support from USAID, 101 pre-primary teachers in India and Nepal received training in theatre and storytelling, pre-primary teacher teaching and student observation, early childhood education training and orientations on setting up a pre-primary classroom that is conducive to creating a learning environment.

As part of the school-based teacher professional development (TPD), small grants were released to 40 schools to carry out collaborative teacher professional development activities such as orientation workshops, expert talks, book discussions, and lesson study groups. 848 teachers benefitted from the school-based teachers' professional development in India. In Nepal, 24 teachers from nine schools participated in a five-day virtual TPD training conducted by TPD mentors.

Other teacher professional development activities include trainings and workshop for teachers and librarians from India and Nepal. In total, 117 teachers attended a series of trainings on progressive pedagogy including sessions on library educators’ course, Early Grade Reading (EGR) training of trainers, strategies for higher order thinking skills, Basic Education Policy (BEP) refresher training, teacher guide development and workshop on curriculum-based teaching.

With support from PRM, 71 teachers from six schools participated in a series of virtual trainings on inclusive education to identify learning difficulties in students, strategize learning plans for children, and promote their psychosocial well-being. Nine special educators from Ngoenga School for Tibetan Children with Special Needs completed a foundational course in the education of children with disabilities. Five schools installed disabled-friendly railings and ramps for wheelchair. 117 students from 11 schools were also provided with aids and appliances.

The Tibet Fund continued strengthening STEM education through teacher training and teaching and teaching aids. 73 primary and middle school math and science teachers received a 5-day training from STEM education experts from Aavishkar: Center for Math, Arts and Technology. 100 students received STEM workshops focused on improving the conceptual understanding of key STEM concepts in India. A virtual STEM exhibition event was organized in seven schools to encourage scientific and technological creativity among students. Out of 23 exhibits submitted, seven of the best exhibits were featured on CTA's TibetTV channel. To improve STEM related primary
teaching aids in schools, 12 sets of math teaching aids were provided to 12 pre-primary and primary schools. 16 pre-primary schools also received 20 sets of exercises of practical life teaching aids in India. The provision of teaching aids is expected to improve the quality of classroom instruction in primary and pre-primary classrooms.

To improve the teachers’ modern technology skills, 71 teachers received six-week online training in electronics and information communication technology conducted by the prestigious Tata Institute of Social Sciences, Mumbai. 25 teachers received the Digital Badge online course on topics such as using technologies for constructive teaching and learning. 17 teachers from schools in Nepal also received a six-day EICT training. In addition, 20 classroom technology corners were installed and equipped with LCD projectors, printers, scanners, video cameras, speakers and internet connectivity in four Tibetan schools in India.

Advancing Higher Education

Despite universal access to basic education and high enrollment rates in Tibetan schools, access to tertiary education remains a major challenge for approximately 1,200 students who graduate from Tibetan schools each year. Since 2012, USAID funding has provided scholarships for Tibetan students to pursue higher education in India. Scholarships are awarded by the CTA through a competitive merit-based process. 363 scholarship recipients pursued undergraduate and graduate degrees at colleges and universities across India, of which 53% were post graduate students, 63% were female, and 9% were students from Nepal.

To enable high school graduates to gain admission to competitive medical and engineering schools, 128 secondary students received after-class online coaching to prepare for the Joint Entrance Examination (JEE) and National Eligibility cum Entrance Test (NEET) while 12 students received gap year scholarships to support attending yearlong test preparation courses at reputed coaching centers. 139 grade 12 students in four schools received a month-long test preparation coaching for the Indian national board exams.

The Tibet Fund has been administering the Tibetan Scholarship Program since 1988 with funding from the U.S. Department of State Bureau of Educational and Cultural Affairs. Managed in collaboration with the U.S. Embassy Public Affairs Section and the CTA Department of Education, this program has enabled 479 students to pursue further studies in some of the best universities and colleges in the U.S., and later return to serve the Tibetan community as officials in the CTA, educators, health workers, business leaders and heads of community-based organizations. In 2021, 21 graduate students received funding to pursue Master’s degrees in a wide range of fields, including public health, computer science, microbiology and immunology, science education, gifted education, human
resource management, physics, international relations, psychology, business, and botany. 8 new students were selected to pursue further studies.

The Tibetan Professional Scholarship Program supports Tibetan students to pursue professional degrees at colleges and universities in India and Nepal. Managed in collaboration with the CTA Department of Education in India and the Himalayan Society for Youth and Women Empowerment in Nepal, the program aims to cultivate a growing class of Tibetan professionals who can contribute to the self-reliance of the Tibetan community in exile. In 2021, 10 students in India received scholarships to pursue professional degrees in medicine, dentistry, business administration, pharmacology, and computer science. Seven students in Nepal received scholarships to pursue degrees in electrical engineering, law, business administration, and hotel management.

Recognizing that Tibetan girls from poor families are often unable to attend college, The Tibet Fund established the Girls Scholarship Program to support underprivileged girls to pursue higher education. Managed in collaboration with Drakmo, the program is intended to address gender inequality and help reduce poverty, as well as empower a new generation of talented Tibetan girls to become leaders, educators, entrepreneurs, and change agents. In 2021, four new girls received support to enroll in various colleges raising the total number of scholarship recipients to 23. The girls are studying nursing, physical therapy, journalism, business administration, law, tourism, fashion design, and Tibetan studies. In addition, we have supported scholarships for 22 girls in remote areas of Tibet to pursue their college degrees.

We continued working with the Tibetan Scholarship Program Alumni Association and supported their youth outreach program to raise awareness on educational opportunities in the U.S. with particular focus on the Tibetan Scholarship Program. Each of the TSPAA members, who have all studied in the US, was matched with a newly selected TSP student to guide them on preparing themselves to study in the US by sharing their personal experiences of life on the American campus.

“My name is Dawa Dolma and I am a recipient of the Girls Scholarship Program of The Tibet Fund. I am about to complete my final year of Bachelor of Commerce. I belong to a poor family. My father passed away when I was very young. My single mother had to take care of six children by herself and she is a super woman who didn’t give up on us. Due to our family financial condition, I would never even dare to dream of pursuing higher studies. But The Tibet fund gave me the opportunity to get into a college to fulfill my dream. My family and I are very thankful to The Tibet Fund and also to those who are supporting this program! We remain ever grateful for your kindness and generosity.”

“I am Kunga Choeyang and was one of the first recipients of the Tibetan Girls Scholarship Program. I was raised in Puruwala, a remote and small Tibetan refugee settlement in India. After my father passed away due to a health condition, my mother has been looking after her 9 children with a very low income. I’m extremely glad to admit that all of us siblings are supported by different sponsors. With the help of The Tibet Fund, I recently completed my BA in Tibetan Language from College For Higher Tibetan Studies Sarah. My heartfelt gratitude to The Tibet Fund for supporting me and other underprivileged Tibetan girls in pursuing higher students and making us stand on our own feet to support our family and serve our community.”
China’s policies of political oppression, social marginalization, and cultural assimilation in Tibet continue to push Tibetans to risk their lives and escape the prevailing repressive conditions to freedom in exile. Rehabilitating new refugees from Tibet and assisting them to become self-sufficient and productive members of the Tibetan exile community is a core component of humanitarian assistance from the U.S. State Department’s Population, Refugees, and Migration Bureau (PRM). Since 1991, The Tibet Fund, working in close partnership with the Central Tibetan Administration (CTA), has administered PRM funding to improve the health, education, and livelihoods of the most vulnerable Tibetan refugees in South Asia benefitting more than 100,000 Tibetan refugees. The grant supports quality reception and rehabilitation services for incoming refugees through two reception centers located in Delhi and Dharamshala and three schools that cater to new refugees. Healthcare, housing, and other humanitarian assistance support new refugees on their journey from meeting immediate basic needs to achieving self-sufficiency.

In 2021, with PRM funding and working in coordination with UNHCR and the Government of India, the CTA Department of Security secured entry permits, safe passage and legal documentation for nine new refugees from Tibet arriving in India via Nepal. The number of new arrivals has steadily declined over the past decade (from an annual average of 2-3,000 in prior years), due to increased border security and restrictions on movement. All nine newly arrived refugees received food, shelter, clothing, counselling, and access to language study, as well as medical care including check-ups and tests for infectious diseases such as TB, HIV/AIDS, and Hepatitis B. The new arrivals also participated in orientation programs on sexual health and gender-based violence, and all obtained legal status to reside in India, after which most were admitted to PRM supported-monasteries, or nunneries, or settled in settlements. Surveys found that all nine new arrivals felt physically and legally secure after arriving in India and the program was able to adequately meet their basic needs and post-reception planning.
Serving the Most Vulnerable

With support from the U.S. State Department’s Population, Refugees, and Migration Bureau (PRM), basic subsistence support and essential medical care was provided to 1,224 of the most vulnerable Tibetans in India and Nepal, including disadvantaged elders, the destitute and differently abled, and epilepsy, leprosy, HIV, and substance abuse patients. Delivered by the CTA Department of Health and Snow Lion Foundation, essential health services also included antenatal, postnatal and gynecological services for 170 pregnant women. Nutritional support was provided to 118 creche children in the remote settlements of Ladakh and Miao. We also supported an anemia screening and awareness program that reached 930 female students at seven schools in Dharamsala, Bir and the Doon valley. To address the rise in cancer in the Tibetan community, The Tibet Fund continued partnering with the Tibetan Cancer Society (TCS) to provide cancer awareness, early detection and palliative care, and assistance to patients from economically vulnerable backgrounds. H-Pylori tests and cancer awareness health camps were held in nine Tibetan settlements in Dehradun, Dharamshala, Bir, and Delhi, screening 2,102 individuals for H-Pylori, out of which 882 tested positive. TCS also assisted 30 vulnerable cancer patients in India by securing appointments at hospitals, communicating with cancer specialists and doctors, and assisting with hospital visits.

Fighting Communicable Diseases

With funding from USAID and PRM, The Tibet Fund continued working to fight against Tuberculosis and Hepatitis B. In partnership with the CTA Department of Health and Snow Lion Foundation, we supported community screening and awareness programs as well as diagnosis, treatment, and active case screening. Around 300 TB patients received medical treatment, diagnostic services,
and supplemental nutrition. Culture and drug sensitivity testing was conducted to identify whether bacteria are resistant to one or more of the main TB drugs and to determine the most effective treatment for multi-drug resistant TB. 350 GeneXpert cartridges were distributed to conduct nucleic acid amplification tests for rapid and reliable diagnosis, and new diagnostic equipment and supplies were procured for TB wards in Tibetan hospitals. 54 presumptive TB cases were screened for HIV AIDS, a best practice recommended by WHO to reduce the prevalence of TB and HIV.

As a part of a Hepatitis B prevention initiative, the CTA Department of Health and Snow Lion Foundation continued an extensive Hepatitis B screening, vaccination and treatment program, reaching 773 refugees in 17 settlements. Confirmatory follow-up tests were conducted for 500 positive cases to determine infection severity and appropriate treatment. 34 new patients and 147 continuing patients received antiviral treatment. Remaining positive patients were monitored by health care workers and given guidance on managing Hepatitis B through changes in lifestyle behavior. Follow-up tests of patients completing their six-month treatment found that antiviral drugs and dosages were effective. Hepatitis B vaccinations were administered to 199 refugees including high-risk individuals, children under 5 years of age, and newborn children of infected mothers.

The Tibet Fund continued supporting Altruism in Action (AIA), an NGO that works to spread awareness about Hepatitis B and provides free diagnosis and treatment to economically vulnerable Tibetans. AIA assisted 55 disadvantaged Hepatitis B patients with their treatment, medication, and follow-up tests. AIA conducted Hepatitis B screening at Lower TCV school for 150 individuals. Two tested positive and received medication.

In Ladakh, AIA conducted an awareness campaign on Hepatitis B in three nomadic communities, attended by around 130 individuals, and a group discussion on World Hepatitis Day at Sonamling Primary Health Center. A Hepatitis B vaccination drive was also organized at Lower TCV school, providing a second dose of Hepatitis B vaccination to students and staff.

**Covid-19 Relief and Response**

We made 36 small grants to Tibetan hospitals and health clinics. Totaling $240,545 from private sources, these grants focused primarily on treatment and prevention of Covid-19. We supported procurement of essential medical devices and supplies, including oxygen cylinders, oxygen concentrators, ventilators, heart monitor machines, nebulizer machines, oxygen masks, contactless thermometers, inverters, safety goggles, and PPE kits for treatment and further prevention of Covid-19 in Tibetan refugee communities in the diaspora.

During the second wave of Covid in India, from March through June 2021, Tibetan Cancer Society provided emergency ambulance services to around 320 Tibetan patients in New Delhi. The ambulance, funded by us, was also used to distribute medical supplies such as PPE kits, oxygen concentrators, masks and pulse oximeters, procured with private donations raised by TCS, to Tibetan settlements, monasteries and schools.

With grants from USAID and the Bureau of Population,
Refugees and Migration of the U.S. State Department, The Tibet Fund provided a wide range of support to the Central Tibetan Administration and Snow Lion Foundation to fight against COVID-19. A total of 41,130 vulnerable refugees received COVID-19 prevention and treatment services in India and Nepal, including Tibetan medicine, protective hygiene kits, tests, quarantine/isolation care, and emergency treatment provision. 3,776 COVID-19 tests were conducted with our support in India and Nepal for at-risk individuals who had been in high-risk environments. The COVID-19 tests include both Rapid Diagnostic Tests (RDT) and Polymerase Chain Reaction (RT-PCR) tests. However, because of challenges accessing PCR tests in India and the high cost of PCRs in Nepal, only RDTs were conducted for symptomatic individuals and those who had been in high-risk environments as a form of screening. In addition, 26,076 frontline workers, quarantined individuals, positive contacts, school staffs and students, and children below the age of 17 received immunity-boosting Tibetan medicines. Eight facilities in India received medical supplies to enable them to administer COVID-19 vaccines. These included vaccine carriers, Celfrost freezers, and thermometers for freezers. 39 facilities in India received COVID-19 prevention, treatment and emergency supplies, and medical equipment. These included oxygen cylinders, nebulizers, BP monitors, cardiac monitors, suction motor capacitor, oxygen regulators, and testing kits. Sanitization supplies and locally made personal protective equipment (PPE) were provided to health facilities, elder homes, quarantine centers, settlements, schools, and rehabilitation centers in India and Nepal.

A total of 9,372 Tibetans received food rations during quarantine and treatment periods at 40 quarantine centers in India and Nepal and 15 Covid Care centers in India. 1,851 critically ill COVID-19 patients in India and Nepal received emergency treatment support for medical expenses. New medical and existing non-medical personnel were retained in response to the second wave of COVID-19. Department of Health provided tele-counselling services to 1,827 COVID-19 patients and their family members to address psychosocial concerns and provide medical/psychological support in India. In Nepal, hand washing stations were installed in three schools and one settlement.

**Covid Emergency Subsistence Relief**

In partnership with the Central Tibetan Administration, TTF disbursed $256,438 to 1,801 vulnerable households. Of these, there were 958 households in 28 Tibetan settlements in India, 787 households in 7 settlements in Nepal, and 40 households in Bhutan. The primary goal of this relief program was to prevent vulnerable Tibetan households in India, Nepal, and Bhutan from falling into poverty due to their inability to earn income during the Covid pandemic. A one-time cash assistance of Rs. 10,000 was made to each household as an emergency relief measure to alleviate the financial burden of the most vulnerable households. This helped the households meet basic nutritional and financial security needs for at least three months, and prevented them from falling into poverty.

**Promoting Health Coverage**

With USAID and PRM funding, The Tibet Fund continued working to strengthen the capacity of CTA’s community health insurance program, the Tibetan Medicare System (TMS). 26,207 members were enrolled in 2021, a 99% increase since our support began in 2015. Of the enrollees, 15,566 disadvantaged and vulnerable members received full or partial subsidies for their annual TMS premiums. The total amount of claims paid for emergency medical reimbursements in the one-year subscription period was 19,031,655 Indian rupees, approximately $257,185.
Safe Water and Sanitation
Department of Health and Snow Lion Foundation to repair, construct and improve drinking water facilities, toilets, and drainage systems in nine Tibetan settlements and nine schools in India and Nepal, benefiting 6,427 community members. In Hunsur Tibetan settlement, water meters were installed in 350 homes in eleven camps, benefitting 1,186 camp residents. In Miao, a rainwater harvesting unit was installed benefiting 18 community members. In Odisha, a drainage system was constructed at STS Lobersing benefitting 64 students and 12 staff. In Kullu, a septic tank was constructed at Dhobi village benefitting 313 community members.

Toilets were renovated at two schools in Bylakuppe and one in Rajpur, benefitting more than 500 students, and community toilets were constructed in Hunsur, Choten Monastery, Lachen Village and Shimla, benefitting 1,225 community members. Solar composting toilets and bathing rooms were constructed in Ladakh at Hanle and Sumdo camps and at an elder home, benefitting 1,036 residents. In Nepal, new toilets and bathrooms were constructed in Dhorpatan settlement and Namgyal High School, and a toilet and bathroom were renovated at Jampaling settlement. Pipeline and drainage systems were improved at Srongtsen school, a new water pump was installed and toilets were repaired at Mount Kailash school, and water filters were repaired and replaced at Lekshedh Tsal school.

Snow Lion Foundation initiated a partnership with Environment and Public Health Organization (ENPHO) to provide technical support and capacity building for SLF’s WASH coordinator. ENPHO and SLF conducted an assessment of WASH needs in schools in Kathmandu and coordinated virtual meetings with school leaders to review assessment findings, explain technical aspects of WASH implementation and introduce WASH guidelines from the host government. A new community toilet and a community kitchen was renovated in the Tibetan Settlement in Tezu at Camp # 4.

Mental Health
Department of Health conducted a series of expert talks on mental health for 67 frontline workers. The topics included the Tibetan Buddhist perspective on mental health, the role of diet and lifestyle in promoting mental health, and the prevention and management of mental health disorders. Following the second lockdown in India, DOH’s mental health team initiated a series of listening circles for frontline workers, college and school going youth, and community members in 26 settlements to provide a safe space for sharing experiences and concerns.

Department of Health in collaboration with Sangath, an NGO specializing in mental health, continued to implement tele-psychiatry services in four pilot settlements in South India. Tele-psychiatry services using the digital platform IMPACT-T (Improving Access through Tele-psychiatry-Tibet) were launched in four pilot settlements benefitting 55 patients who received 98 consultations from psychiatrists. They conducted a five-day refresher training on home-based counseling for 32 nurses from 22 settlements.

DOH’s mental health team organized a four-month training on mental health and basic counseling skills for 30 nurses from settlement health facilities in India, conducted by specialists from a U.S. based Himalayan COVID-19 Taskforce; a training on mental health for 50 students from the College for Higher Tibetan Studies in Dharamsala, conducted by specialists from a U.S. based Tibetan psychotherapist; and seven virtual trainings for 67 frontline workers in India, including medical personnel, and CTA staff.

Subsistence Support Program for Vulnerable Women
The Tibet Fund implemented a comprehensive subsistence support program for vulnerable Tibetan women in exile reeling under Covid-19 related setbacks to their income and livelihood. We worked with the Tibetan Women’s Association and the Lodrik Welfare Fund to undertake the three components of the program: Nutrition Support for Vulnerable Pregnant and Lactating women for seven months; Subsistence Allowances for Vulnerable Female-led Households for three months and, Subsistence Allowances for Vulnerable Single Women from Tibet for three months. The monetary allowances were aimed at both reducing malnutrition risks among newborn children and infants caused by food insecurity, and preventing the most vulnerable women from falling into poverty due to their inability to earn income during the Covid crisis. This program supported a total of 1,340 beneficiaries across 34 settlements in India and eight locations in Nepal. The beneficiaries included 334 pregnant and lactating women, 123 single women from Tibet, 204 female-led households with four or more family members, and 679 female-led households with up to three family members. Pregnant and lactating women received monthly nutrition allowances of INR 1,500 (NPR 2,400); female-led households with up to three family members received INR 4,200 (NPR 6,700); female-led households with four or more family members received allowance of INR 5,500 (NPR 8,800); and single women from Tibet received INR 4,000 (NPR 6,400). In total, The Tibet Fund spent more than $233,000 on subsistence allowances for vulnerable women.
Revolving Loan Funds
With USAID funding we continued to support micro enterprises with low interest loans and non-financial business development services. In 2021, over 1,632 loans were disbursed to Tibetan micro enterprises in India selling mainly winter garment and handicrafts. Considering the Covid-19 lockdowns and business slowdowns, 333 loans were given at zero interest in the first half of the year with moratoriums on installment repayment deadlines. In Nepal, TTF continued supporting Micro and Small Enterprises (MSEs) in nine settlements through the Community Managed Revolving Fund (CMRF) and Savings and Credit Groups (SCG) programs. The program prepared to extend support to Manang settlement this year. 138 households received revolving loans and 244 households received SCG loans with low interest. In Kathmandu, CMRF loans were disbursed for the first time in three settlements. In Pokhara, 42 new members joined savings and credit groups. Social mobilizers and Lodrik Welfare Fund (LWF) staff received MIS refresher and financial literacy trainings in Pokhara. The trainings were designed to improve the skills of Social Mobilizers, clarify any issues with use of the MIS software, and prepare the Kathmandu and Tserok SMs for the loan disbursements. 161 SCG members actively participated in financial literacy training sessions led by community based social mobilizers using a handbook designed for the CMRF program. As businesses continued to remain affected by Covid-related slowdowns, the RLF team decided to provide a moratorium on loan collection and extended the loan due dates.

Business Development Services and Seed Funds
To promote entrepreneurship and small enterprise development, the Tibetan Entrepreneurship Development (TED) initiative provided virtual trainings on basic financial planning and income taxes to 33 MSEs from Bylakuppe and Dharamsala. In 2021, 6 new entrepreneurs received 20 days virtual pre-incubation trainings focusing on the entrepreneurial mindset, business model & plan development, market research, branding, marketing and customer relations, real world business operations, financial statement preparation, legal incorporation, and taxation and finance. Five startups received funding after presenting their business plans; these included a fast food shop, a traditional handicraft shop, a beauty parlor, an e-commerce business, and a bakery. Five former seed grant recipients received virtual mentoring services from TED. Their individual business operations were reviewed and were provided handholding support on social media marketing strategies and business loan applications. In Nepal, several beneficiaries of previous TED training and seed grants recipients began to reopen their businesses which were forced to close during the second wave of Covid. A day care program.
center in Kathmandu, which re-opened briefly, was closed permanently due to the high rent and uncertainty created by the pandemic. A few of the MSEs began participating in the CMRF savings program.

**Employable Skills Training**

161 unemployed youth attended short-term courses in hairdressing, accounting software, photography, and graphic design at the Dharamsala Tibetan Career Center (DTCC). 42 unemployed and unskilled Tibetans continued their long-term vocational courses at the Tibetan Children’s Village Industrial Training Institute (ITI) and different institutes under the Vocational Education Fund (VEF). Courses include cosmetology, food production, bakery and confectionary, motor mechanics, secretarial skills, hotel management, Tibetan traditional wood carving, hairdressing, digital marketing, web design, cosmetics, spa therapy, nail art, 3D animation, digital marketing, and data science. All work on the Workforce Information System (WFIS) database remained suspended as the new leadership at CTA decided to stop use and maintenance of the database based on its inability to provide information and analysis useful for planning and policy making. In line with lessons learned and USAID assessment findings, in the next phase of TSRR, a high-quality mixed-method baseline survey will be conducted of Tibetan households in India and Nepal, and a better quality data management system will be developed to replace the WFIS.

**Participatory Community Development**

The program continued to implement a participatory approach to community development in Tibetan settlements under TSRR-II, aiming to attend to community-identified needs along with developing local ownership of program support. In 2021, USAID funding provided 6 small grants for community identified priorities in Tuting settlement of northeast India, one of the remote settlements under the CTA. Projects were identified through a process of participatory needs assessment. Settlement-based projects included support for noodle production enterprise, concrete block enterprise, farm equipment for six villages, village transportation tractors, solar lighting for remote households and community halls improvement benefiting over 530 households.

**Supporting Farmers**

With USAID support, over 376 farmers in India and Nepal benefitted from cash crop cultivation inputs and training, and implemented improved farm technologies and management practices on 527 acres of land. Farmers benefitted from trainings on rubber tree management, cash crop plantation, hydroponic cultivation, apple orchard management, kitchen gardening, soil health testing, and cultivating new cash crop varieties such as citrus, palmarosa, and lemongrass. The program continued to support a new multi-year citrus development initiative of high value citrus cultivation. 9 farmers with 20 acres of land from Bylakuppe
transplanted over 4,000 citrus saplings consisting of varieties like Valencia, Mandarin and Lemon. Also, over 85 farmers in India and Nepal began earning income from the sale of farm produces including cashew, mango, apple, palmarosa, lime, pineapple, guava and vegetables cultivated with USAID support. Besides, all the 9 agriculture settlements continued establishing farmer producer organizations (FPO) or farmer producer companies (FPC), and facilitating joint ventures between FPO/FPCs and private sector partners to process and market value-added products.

Tibetan Women Micro-entrepreneurship Project
In April 2021, The Tibet Fund officially launched the Women Micro-entrepreneurship Project in partnership with the Tibetan Women’s Association and its regional chapters. This pilot initiative was implemented in six Tibetan settlements in Himachal Pradesh - Dharamshala, Shimla, Bir, Kullu & Manali, Dalhousie and Rewalsar. The prime goal of this multi-year project is to contribute to improving the livelihood of Tibetan families in India by increasing women micro-entrepreneurship and generating sustainable and better incomes, which in turn is expected to benefit their families and the families of their employees. The project provides targeted financial support and business development handholding services to women-led micro-enterprises with a special focus on assisting women entrepreneurs on growing their businesses and gaining better market access.

Through sustained multi-year support, the project helps low-income women entrepreneurs become self-sufficient and empowered to act on new market opportunities.

We provided a range of support and services to 14 women micro-entrepreneurs, including eight businesses from the manufacturing sector and six from the service sector. These include purchasing raw materials and equipment such as barley, yarn, metal sheets and knitting machines, and providing customized skill trainings such as knitting and baking classes.

Lakden Wangmo is a single mother of two children living in Tso Pema, north India. She makes and sells tsampa (roasted barley flour) to support her family. The Tibet Fund began supporting Wangmo under TWMP and helped install a sealing machine to increase the product’s shelf life, created business logo and label for market identity and visibility, and procured more than 1,700 kgs of barley. We also provided a training on...
product branding and packaging, and helped her tap new markets and establish distribution channels.

Despite many challenges due to the Covid pandemic, TWMP and its beneficiaries were able to meet targets and deliver on their respective business plans. All women entrepreneurs continue to run their businesses and generate a moderate revenue to support their families and businesses. Continued marketing and financial handholding support is expected for these women micro-entrepreneurs.

Livelihood Skills Training Program
The Tibet Fund, in partnership with Tibetan Youth Congress, continued our livelihood skills training program aimed at preventing the most vulnerable micro and small entrepreneurs (MSE) from falling into poverty due to their inability to earn income during the Covid-19 crisis and to provide new livelihood alternatives. A total of 231 (141 female and 90 male) entrepreneurs in Dharamshala, Dekyiling, Paonta Sahib, Shimla, and Bir attended courses of their choice within the safety of their settlement compounds. They were trained in seven different skill training programs: 68 in bakery & confectionary, 47 in cookery, 51 in tailoring, 21 in electricity and plumbing, 33 in cosmetology, and 11 in hairdressing.

With relaxation of Covid restrictions, LHA resumed offering short term training courses in Dharamsala and Delhi, on skills including special cuisine, traditional massage and spa, bakery, cookery, bartending, and nail art. Over 160 people registered for the 8 courses offered in April, out of which 28 individuals participated in a special cuisine course, 24 in a bakery course, 17 in a Tibetan traditional massage course, 12 in a cookery course, 8 in a nail art course, one in a bartending course and 4 in certified fitness training courses. A total of 94 individuals took part in these programs this year. LHA also provided financial literacy training, personality development, and basic English courses to trainees during their courses.

Economic self-sufficiency in Nepal
Two Tibetan CSOs in Nepal, Drokpo and Hope & Challenge, continued collaborating to build the self-sufficiency of Tibetan micro-enterprises through seed grants, business development support, and mentorship. In early 2021, eight economically vulnerable Tibetans in Kathmandu received
seed grants to invest in their small businesses, which include tailoring, online marketing, ritual object cleaning, tsampa and noodle manufacturing. Beneficiaries also contributed to a monthly savings fund established in 2020. Although savings could not be collected during lockdown, savings collection has now resumed. In March, they organized a three-day training on financial and legal literacy for 18 micro-enterprise owners, with eight new entrepreneurs in addition to the ten previous beneficiaries who received seed grants in the first phase of the project. Trainees received guidance on bookkeeping and maintaining daily transactions as well as business registration and tax requirements. Beneficiaries shared the challenges and successes of operating businesses in the Covid context and exchanged ideas.

Community Development projects

Under the Tibetan Settlement Matching Grants initiative, we partnered with Tibetan settlement organizations based in North America to provide funding to support six community development projects in Tibetan settlements in India. These included construction of a crematorium with a prayer room in Chowkur Village in Bylakuppe, renovation of a basketball and football ground stage in Hunsur, two road development projects in Kollegal I Village and K Village, and a community hall renovation project in Kollegal P Village.

Other community development projects included construction of an overhead water tank at Camp 7 in Dickey Larsoe, Bylakuppe, renovation of a basketball ground at Camp 2 in Ladakh, renovation of a crematorium in Bylakuppe, construction of a community kitchen and toilet in Tezu, and renovation of a house of a needy Tibetan family in Bir.
In 2021, The Tibet Fund raised $228,240 in sponsorship donations from private sources that was transferred to monasteries, nunneries, schools, and elder homes in India and Nepal. Sponsorships supported a total of 1005 individuals including 296 monks, 102 nuns, 468 school children, 48 disabled children, 65 elders, and twenty-seven performing arts students. Our Sponsorship Coordinator works with over 80 institutions and organizations to manage this program.

The Tibet Fund’s Sponsorship Program empowers hundreds of vulnerable Tibetan refugees. Your generous contributions help hundreds of children to receive affordable tuition, better education and healthcare services, improved living environments and nutritious foods, and greater care for the elderly and the differently abled. Through your sponsorship, we offer hope in the future for hundreds of needy Tibetans by giving them life-affirming experiences, particularly for those who are orphans, newly arrived refugees from Tibet and those living in poverty.

We invite you to bond with a new person in your life. You’ll receive news of progress and letters from your sponsored child, monk, nun, or elders. We ensure that the sponsors remain in contact with the beneficiaries and keep them updated on their wellbeing. You are welcome to contact our sponsorship coordinator by phone or email. For more information, please visit our sponsorship page https://tibetfund.org/sponsorships.

OUR BENEFICIARIES

**Monasteries:** Chuwar Gaden Dopheling, Dzongar Institute, Drepung Gomang, Drepung Loseling, Gaden Shartse, Ganden Jangtse, Gaden Tharpa Choling, Gyumed Tantric, Gyudmed Monastic School, Gosok Phuntsok Choeling, Guto Tantric University, Institute of Buddhist Dialectics, Kirti, Samtenling, Sera Jhe, Sera Mey, Sera Mey Toesam School, Shalu, Tashi Lhunpo, Thubchog Gatsel Ling, Sera Mey Tsangpa, Khari

**Nunneries:** Dolma Ling, Geden Choeling, Jamyang Choling Institute, Jangchub Choeling, Keydong Thukche Choeling, Ladakh Nuns Association, Namdroling, Sakya Rinchen Choeling, Samtenling Nunery, Shugseb, Tibetan Nun’s Project, Tilokpur, Tsogayl Shedupling, and Thechok Namdoling

**Schools:** Atisha Primary School, CST Dalhousie, CST Kalimpong, CST Nainital, CST Ravangla, CST Shimla, CST Sonada, CST Darjeeling, CST Mussoorie, Karuna Home for The Disabled, Lophel Ling School in Manang, Mt Kailash School, Pokhara, Nepal Snow Lion Foundation, Namgyal Middle Boarding School, Ngoenga School for Tibetan Children with Special Needs, SOS High School Pokhara, Srongten School, STS, Bir, STS Chauntra, STS Dekyiling, STS Gangtok, STS Manali, STS Paonta Sahib, STS Pokhriabong, STS Shillong, STS Mewon Tsuglak Peteon, TCV Chauntra, TCV Dharamsala, TCV Selakui, TCV SOS Bylakuppe, TCV SOS Gopalpur, TCV SOS Ladakh, TCV Suja, Tibetan Children’s Village, Lower TCV Schools, Tibetan Homes Foundation, Tibetan Medical and Astrology Institute, and Yongling Creche and Kindergarten

**Elder Homes:** Tsering Elder’s Home, Jawalakhel Elders Home and Dhondenling Old People's Home.

**Institute of Performing Arts:** Tibetan Institute of Performing Arts and Thangtong Lhugar Tibetan Performing Arts.

To sponsor a Tibetan monk, nun, elder, or child, visit: www.tibetfund.org/sponsorships
Empowering Tibetan Women and Girls

The Tibet Fund continued working with CTA’s Women Empowerment Desk (WED) and other NGOs to empower women and girls and protect them from gender-based violence. With funding from the U.S. Department of State Bureau of Population, Refugees and Migration (PRM) and USAID, we worked on institutionalizing gender-based violence (GBV) prevention and response mechanisms at Tibetan institutions and organizations, increase gender awareness throughout Tibetan settlements, schools and institutions, and increase GBV protection.

The Tibet Fund continued supporting CTA’s Women Empowerment Desk (WED) to conduct a series of virtual and in-person GBV guideline orientations. 29 sessions were conducted for CTA offices, schools, colleges, and settlements. The orientations benefitted 386 CTA staff from 17 departments and offices; 209 educators and Internal Committee (IC) members from five STS schools in Himachal Pradesh, Karnataka and Odisha; 21 staff and 38 pre-service trainees at the College for Higher Tibetan Studies (CHTS), Sarah; and 137 residents of Dalhousie, Kulu, Dharamshala, BTS and Bir Dege settlements. The WED team and trainers from Martha Farrell Foundation (MFF) led the orientations with presentations and discussions on topics including definitions of GBV, key principles of the guidelines, GBV frameworks, preventive measures, and redressal mechanisms. Furthermore, GBV committees were established in five STSS schools in Paonta, Dolanji, Mundgod, Petoen, and Chandragiri; in four settlements in Kullu, Shimla, Dharamshala and Bir BTS; and at one college at CHTS, Sarah.

Around 14 GBV committee members took part in the trainings that mainly focused on capacity building of the members and understanding their roles and responsibilities, with an introduction to gender concepts, forms of GBV, and the concept of power and patriarchy in GBV.

Around 46 CTA and Dharamshala-based NGO staff attended a workshop on basic Gender Sensitisation in-person and virtually. Facilitated by experts from the Martha Farrell Foundation (MFF), the workshop imparted education on gender-related topics including sex and gender, power and patriarchy, gender roles, socialization, and gender-based violence. Subsequently, eight staff from WED, Tibetan Women Helpline (TWH) and the Tibetan Women’s Association (TWA) took part in a two-day on-the-job capacity building training on conflict mapping, negotiation and counseling. Led by trainers from the Tibetan Center for Conflict Resolution, the training focused on topics including understanding conflicts based on gender issues and GBV, mediating and the role of a mediator, empathetic listening, conflict mapping, and the role of the counselor in conflicts. Seven Gender Focal Persons (GFPs) from three target schools attended an online training on Life Skills Education and the Tree of Life. The training enabled them to facilitate and conduct the same sessions for more than 390 students at two schools to build student confidence, and to report protection issues and seek support. An online review meeting was also held to discuss challenges and accomplishments at respective schools.

In Bylakuppe settlement, 15 barefoot counselors received a virtual training on women’s sexual and reproductive health, and participated in webinars on GBV, mental health and disabilities in addition to a refresher training in couples counselling and therapy, positive parenting, family health history, and childhood imprinting. More than 100 settlement residents including RTWA members received counseling from barefoot counselors. Moreover, barefoot counselors received the first domestic violence case which was referred to Tibetan Women Helpline following the psychosocial support provided to two SGBV survivors. In Dharamshala, The Tibet Fund
Indian Foundation (AIF) conducted an action research on the prevalence of GBV within the Tibetan community for 1,500 community members in 11 settlements. A three-day virtual orientation workshop was conducted on research methodology and survey questionnaire for 19 field officers from these settlements. A survey data analysis and report were completed by the AIF fellow and shared with the WED, SARD and The Tibet Fund.

In Nepal, The Tibet Fund continued partnering with Snow Lion Foundation (SLF) and Nepal Fertility Care Center (NFCC) to implement SGBV prevention activities in 4 schools and 5 settlements in Pokhara and Kathmandu. Thirty Gender Focal Persons (GFP) conducted GBV awareness sessions benefitting 400 students, 63 school staff, 4 schools’ leaders, 8 community leaders, and 77 parents. A 5-day virtual refresher training was conducted for 15 GFPs from schools and settlements in Nepal. The training reviewed GBV modules including roles and responsibilities of GFPs, and challenges and lessons learned. Safety audits were conducted in 4 settlements in Pokhara to assess potential protection risks and improvements to mitigate risks were implemented in the settlements. GBV training manuals in English and Tibetan languages were printed and distributed for GFPs to conduct sessions in more informal, non-classroom settings. We also continued working with key stakeholders to develop GBV policy guidelines for Nepal.

Drokmo conducted training on sexual and gender-based violence for 37 residents of Bir and Chauntra settlements. In September, they conducted trainings on comprehensive sex education for students of grades 6th – 8th at Sambhota Tibetan Schools in Miao, Tezu and Tenzingang. 154 (70F/84M) students participated across the three settlements. Topics covered during the training included a basic introduction on puberty and menstrual health management, basic information on the Human Papilloma Virus and related vaccinations, discussions on the concepts of gender and sex, gender roles and identities, consent and violence, and child sexual abuse, and information on the related Protection of Children from Sexual Offences (POCSO) Act, 2012. Drokmo also conducted trainings with 51 women from these three settlements. From these trainings, Drokmo learnt that the taboos surrounding menstruation still exist in schools and the community, and awareness on basic menstrual hygiene is still low. From Participants from Tenzingang, Drokmo learned that period poverty still exists in Tenzingang. In November Drokmo conducted trainings for Tibetan NGOs on Indian laws against sexual harassment at the workplace.
Established in 2017, the Tibetan Civil Society Empowerment Program aims to build stronger and more resilient Tibetan communities by providing small grants for CSO projects while building their capacity to increase their impact. Our CSO partners address critical community needs left unaddressed by large U.S. Government-funded programs, and their young Tibetan staff acquire nonprofit leadership skills and experience. In 2021, we made grants to 17 CSOs in India and Nepal with a budget of $215,720.

**LHA Charitable Trust**

LHA offered eight short term training courses to 94 Tibetans in Dharamsala and Delhi on special cuisine, traditional massage and spa, bakery, cookery, bartending, nail art and fitness training. LHA also provided financial literacy training, personality development, and basic English classes to trainees during their courses. LHA helped produce a series of Tibetan audiobooks that were uploaded on YouTube and are available for free online. 101 episodes were created focusing on the stories of 34 notable Tibetans who contributed to Tibet’s history and culture in the domains of Buddhism, politics, literature, and language.

**Shatsa**

Shatsa opened a community library in Ladakh and conducted regular reading and story sessions for children. Every day around 50 children attend these sessions, which include activities such as reading aloud, storytelling, book bingo, pair reading and book treasure hunts. They also organized reading camps for children and workshops for parents in seven remote nomadic areas. Shatsa published three new high-quality children’s books with stories set in a Tibetan nomadic setting and distributed 3,300 copies to Tibetan schools in India and Nepal.

**Tibetan Cancer Society**

The Tibetan Cancer Society organizes cancer awareness and education programs and conducts health camps and cancer screenings in Tibetan settlements across India and Nepal. TCS also assisted more than 30 cancer patients in India by securing appointments at hospitals, communicating with cancer specialists and doctors, and assisting with hospital visits. During the second wave of Covid in India, TCS provided...
emergency ambulance services to around 320 Tibetan patients in New Delhi, in addition to helping with distribution of medical supplies such as PPE kits, oxygen concentrators, masks, and pulse oximeters, procured with private donations raised by TCS, to Tibetan settlements, monasteries and schools.

**TibetWrites**

Tibet Writes promotes and publishes the creative works of Tibetans in exile, with the goal of enabling Tibetans to gain control and ownership of their narrative while inspiring a new generation of Tibetan writers. They published four new titles by Tibetan authors in 2021, including Stone Flower; Wangdu’s Diary; Great Expectations and Copper Mountain. Stone Flower is the first modern novel in Tibetan published in exile by a new arrival from Tibet. Wangdu’s Diary is a translation of the personal account of a member of the third fact-finding delegation to Tibet in the 1980s. Great Expectations is the first Tibetan translation of Charles Dickens’ classic, and Copper Mountain is a novel about a Chinese mining company that attempts to extract copper from Mount Kailash. 3,500 copies of the books were printed, half of which were distributed at no cost to Tibetan schools, institutes, and NGOs in India and Nepal. Copies were also sent to the U.S. Library of Congress, Tokyo University and many others.

**Manjushri Educational Services**

Manjushri Educational Services provides early childhood care and education for infants and pre-school children and help with improving Tibetan reading skills. Founded in 2016 and based in Dharamsala, MES is led by a team of highly qualified Tibetan professionals. Over the past five years MES has organized multiple parent workshops and conducted hundreds of home visits, through which parents received guidance on early child brain development, the importance of talking, storytelling, and reading with children, the harmful effects of excessive screen time, and positive disciplining techniques. Parents also received “Tibetan Baby Boxes” containing children’s books and board books, sensorial and educational toys, information brochures and posters, and essential hygiene products for babies. The Manjushri Children’s Reading and Play Center was established with TTF support in Mcleod Ganj in late 2020. In 2021, it was open for six to seven days a week in April and the months from June-December.

**Drokpo and Hope & Challenge**

We continued our partnership with two organizations in Nepal, Drokpo and Hope & Challenge, to build the self-sufficiency of Tibetan micro-enterprises through seed grants, business development support, and mentorship. In addition to supporting eight Tibetans to build their businesses, Drokpo and Hope & Challenge organized a three-day training on financial and legal literacy for 18 micro-enterprise owners who received guidance on bookkeeping and maintaining daily transactions as well as business registration and tax requirements.

**Tibet Theatre**

Tibet Theatre produced video content for two Covid awareness videos, which were uploaded for public viewing on YouTube.
They also developed musical and drama content for seven short educational videos targeting young children—two song videos of nursery rhymes and five short films. The videos were uploaded on the Tibet Theatre YouTube channel and are accessible at: Aku Lhakpa YouTube Channel.

Altruism in Action

Altruism in Action creates awareness on Hepatitis B and provides free treatment to economically vulnerable Tibetans in India, particularly in Ladakh. AIA assisted 55 disadvantaged Hepatitis B patients with their treatment and medication. They conducted Hepatitis B screening for 150 individuals, and vaccinated unvaccinated individuals. In Ladakh, AIA conducted an awareness campaign on Hepatitis B in three nomadic communities, and their events were attended by around 130 individuals.

Other CSO grantees

In 2021, we continued our support for the following CSOs in India: Monlam IT Research Center, Stories of Tibet, Tibet I Care, TSP Alumni Association, Ladakh Tibetan Women’s Association, Tibetan Legal Association, Tibetan Rooster, Global Tibet, and Edulift. Monlam IT Research Center completed a transliteration tool, for which it conducted interviews with ten individuals including translators, writers, and researchers. Stories of Tibet completed interviews of elder Tibetans as part of its Fading History project, and shared story clips via social media. A book with the interviews and a documentary will soon be released. Tibet I Care conducted a series of webinars on topics ranging from inner development, emotional intelligence, and non-violent communication, and organized a Peace Circle with Tibetan women and a conference titled ‘The Future We Want’ for Tibetan youth at Deer Park Institute, Bir. TSPAA conducted virtual youth outreach workshops for 300 students from 12 schools and colleges, which guided students on educational opportunities in the U.S. and oriented them in preparing to study abroad; 900 information booklets were also distributed. TWA Ladakh completed an eight-month tailoring training for ten disadvantaged Tibetan women, who learned how to stitch masks, children’s school uniforms, and other Tibetan traditional and cultural clothing items. Edulift completed drafting Rethinking Education, a teachers’ guide to promote better learning and teaching, which is now in the proofreading phase; printing will be completed in early 2022.
Tibetan Community Grants

With support from the U.S. Embassy Public Affairs Section based in New Delhi, The Tibet Fund administered the Tibetan Community Grants Fund (TCGF) in partnership with the Tibetan Scholarship Alumni Association.

Virtual orientation and training workshops were conducted online soon after the inception of TCGF for 22 Tibetan Scholarship Program alumni participants. The inaugural session was attended by Mr. David H. Kennedy, Minister Counselor for Public Affairs, U.S. Embassy, New Delhi, who gave a brief address to the group, as well as J.P. Das and Ridhima Chabra of the U.S. Embassy Public Affairs Section. Workshop session topics included Project Proposal Writing, Monitoring, Learning and Evaluation, Surveys and Questionnaires, and Project Performance Reporting. TCGF grants funded the following seven projects.

Dekyi Children’s Park was developed by Tibetan Scholarship Program (TSP) alum Norzin Dickyi and Palrabling Tibetan Settlement Office at their community in Dobhi, Manali. The new recreational space is intended to promote the holistic growth and physical, social and emotional development of around 30 children’s currently residing in the camp as well as future settlement children.

Youth Engagement on Climate Change, a series of workshops for students at Tibetan schools, was organized by Tenzin Jamyang, a TSP alumni. The workshops included interactive sessions, presentations and informal group discussions on subjects, including Climate Reality and the United Nations Environmental Programme. The grantee organized virtual workshops in collaboration with teachers and successfully delivered workshops for 1,620 students at fifteen schools.

TSP alum Tenzin Kalden organized workshops on film and media for Tibetan students in grades 9-12, intended to introduce them to the basics of script writing, directing, camera work, sound recording and editing. The grantee collaborated with Drung Films, an organization he co-founded in 2020, to deliver the workshops. 25 children participated in the workshops, each of which was held for 10 days.

TSP alum Kalsang Wangdu organized reading camps for 150 children from nomadic settlements in Jangthang...
areas of Ladakh, set up home libraries for 108 nomadic families with young children, and provided hour-long workshops to parents on the importance of reading and strategies to cultivate children’s reading habits.

Tenzin Khando and Tenzin Metok, both TSP alums as well as Tibet Fund staff, organized an educational program for nuns on anemia, menstrual health, and general women’s health issues at Shugseb nunnery and Dogyu Gatsaling nunnery. The program conducted complete blood count tests, organized physician consultations, and provided iron and folic acid tablets benefiting 173 nuns in the two nunneries.

Tsering Kyi and Tsering Yangdol, both former TSP scholars and CTA staff, organized a series of gender-based violence awareness workshops in Ladakh, reaching 230 participants over nine months from January-September. Due to Covid the team hired a local project coordinator in Ladakh to help organize online awareness workshops, and provided virtual guidance from Dharamsala.

Tsering Wangmo, another TSP alum, completed post-production of her documentary film ‘Looking Back in Exile’ under the TCGF program.

After completion of all seven micro-small grants, a final exchange workshop was held online on December 10th, 2021. It was attended by all TCGF grantees as well as TSPAA executive members, TTF staff, and U.S. Embassy Public Affairs officials. The guest of honor, Gloria Berbena, Minister Counselor for Public Affairs, U.S. Embassy, New Delhi, addressed the group, and congratulated grantees on completion of their projects. Each grantee then made short presentations on their projects, followed by questions from PAS to the grantees and discussion. The workshop closed with everyone congratulating the grantees on the completion of their projects and the impact they have made on the Tibetan community.
The Tibet Fund believes that Tibetan cultural heritage and national identity are the fabric that binds the Tibetan people together and lends an enduring momentum to our struggle for freedom and justice. In accordance with our core mission, The Tibet Fund supports diverse programs and institutions in exile that contribute to the preservation of traditional Tibetan culture and national identity.

**Enabling Performing Arts**

With support from the USAID, The Tibet Fund continued collaborating with the CTA Department of Religion and Culture to support the Tibetan Institute of Performing Arts (TIPA) in Dharamshala. TIPA received support with performance skills training, conference proceedings publications, and business plan development to increase the institute’s financial sustainability. 51 performing trainees and artists received pre-service performing arts training in traditional dance, music, drama, opera, Tibetan musical instruments including Damnyen (lute), Yangjing (dulcimer) and fiddle, and public speaking. In addition to regular English and Tibetan language classes, pre-service trainees participated in TIPA’s annual Yarkyi cultural song and dance competition. After successfully completing the five-year pre-service training program at TIPA, 14 trainees became junior artists.

TIPA continued implementing a new business plan focused on long term financial stability and an improved marketing strategy. In order to effectively rebrand and market TIPA’s performances and traditional products, TIPA’s monthly newsletter, website and social media handles were redesigned with features including a multi-language switch, easy content management, navigation for all types of devices, and basic database management. Work also continued on the compilation and editing of papers presented by 23 research scholars during the first ever USAID-funded international conference on Tibetan performing arts which was co-organized by TIPA and the Tibet Policy Institute (TPI) in 2019. The final edited conference proceedings will be published soon. Awards were conferred to twelve artists for their contributions to the preservation and promotion of Tibetan music and performing arts.

**Nurturing Tibetan Artists and Writers**

The Tibet Fund continued supporting the Norbulingka Institute, widely recognized as one of the preeminent Tibetan cultural institutions in exile which is on the front lines of preserving Tibetan culture. With funding from USAID, the institute continued conducting a year-long artisan skills training through traditional apprenticeship methods, by which more than 108 artisan-trainees are learning to produce high quality works of traditional art in collaboration with master artisans. Apprenticeship trainees produced high quality works in Buddhist thangka painting, appliqué, and statue making; traditional furniture making, wood carving and painting; tailoring and appliqué of traditional clothing and textiles; and traditional textile weaving, metal work, silk screening and traditional products and clothing. In addition, 64 hospitality, marketing and sales staff employed at Norbulingka’s hotels, restaurants, and retail shops received on-the-job skills training to further advance their skills and professional development. They received training on digital marketing, soft skills development, gift wrapping, culinary arts, effective communication, language skills, complaint handling, and multi-tasking.

We supported a team of 15 researchers and digital archivists at the Norbulingka Literary and Cultural Research Center to compile and produce an official biography of His Holiness the Dalai Lama, a digital archive of His Holiness’ teachings, rare historic photos, and an online encyclopedia of Tibetan arts, culture and history. Scholarships were also provided for ten Tibetan students to pursue higher education in Tibetan studies at the Norbulingka Academy of Tibetan Culture. The academy’s three-year program includes classes on Tibetan language, history, philosophy, poetry, and literature, giving students the opportunity to learn these subjects in their own
language at an advanced academic level. 10 crèche caregivers and preschool teachers from the Norbulingka crèche, serving 67 children aged between 1-5, participated in a series of trainings on Montessori caregiving and philosophy. Led by the Norbulingka crèche and preschool headteacher, the training included presentations and brainstorming sessions on the role of the Montessori teacher, introspective parenting, Montessori numeracy and arithmetic, emotional, social and sensory skills development and building a learning environment across age groups.

17 artists, researchers, and cultural organizations who received grants from the Tibetan Arts and Culture Fund continued implementing their projects. Administered by the CTA Department of Religion and Culture, the fund awards small grants for cultural preservation projects and full-time practitioners of Tibetan arts and culture with USAID funding to strengthen Tibetan cultural resilience. Grants were awarded for projects including traditional thangka painting training, publication of Tibetan folk stories, purchase of performance costumes and traditional musical instruments, a pictorial biography of His Holiness the Dalai Lama, development of a standard research methods reference book in Tibetan, research on the works of lay Tibetan scholars, evolution of Tibetan alphabetical poetry, and Himalayan stone-carving scriptures.

**The Tibet Museum**

The New Tibet Museum (TTM), one of the extensive projects supported by The Tibet Fund, continued working with Divyashri Enterprises, a Delhi-based design and manufacturing company to undertake production work for the new museum. Conceived in 2017, TTM aims to disseminate the uncensored story of Tibet’s historical, political, environmental, and international importance through archives, exhibitions, photographs, and personal testimonies while also focusing on educating the public on Tibetan culture, democracy in exile, and the teachings and legacies of His Holiness the Dalai Lama. With COVID 19 second lockdown and restrictions, the production work was massively affected causing continuous delay. However, work continued following an improvement in the COVID situation.

**Himalayan Buddhist Library and Cultural Center**

In Nepal, The Tibet Fund began supporting the Kathmandu-based Himalayan Buddhist Library and Cultural Center (HBLCC) in implementing a series of cultural activities to sustain Tibetan tradition and strengthen cultural resilience. The center organized adult literacy classes for approximately 140 Tibetan and Himalayans in Pokhara and the remote regions of Walung, Rasuwa, Solukhumbu & Monjor where there are large Tibetan-speaking Himalayan communities. Basic Tibetan reading, writing and communication skills are taught to enable participants to read and recite Tibetan Buddhist texts. Approximately 154 Tibetans and Himalayans attended a Trans-Himalayan studies seminar held in Kathmandu and Pokhara.

The theme of the seminar featured “The Importance of Buddhism and its Practice for a Joyful Society” and “The Tibetan Medical System”. Scholars from different lineages of Tibetan Buddhism and doctors from Tibetan medical institutions in Nepal were invited as speakers and interactive sessions were held with the audience.

We also supported the Nepali translation of His Holiness the 14th Dalai Lama’s two books ‘The Art of Happiness’ and ‘The Universe in a Single Atom’. Several books on science and philosophy were added to HBLCC’s library collection to encourage more researchers and readers to visit the library. More than 90 visitors used the library and visited the exhibitions. In addition, costumes and props were procured for ‘The Life of the Buddha,’ a short film for which 22 Tibetan and Himalayan performers continued rehearsing their roles.

A quarterly culture club meeting was organized in Boudha by HBLCC. It was attended by 40 Tibetan and Himalayan youth from the remote Walung and Dolpo regions of Nepal. Participants discussed the importance of culture and language as part of their identity and the role it plays in cultural preservation and promotion, and strategies to engage more youth in these remote communities. A Tibetan thangka exhibition was also organized by HBLCC to educate people on the process of creating traditional Buddhist paintings. Around 69 students and parents participated in two Exploring Culture Together events organized at schools in Kathmandu and Pokhara. The events aim to strengthen cultural ties among Himalayan and Tibetan parents and their children. Activities included learning and celebrating language, meditation, storytelling and dance. Tibetan resource people from the International Buddhist Academy (IBA) and the Nyugsar Day Care Center (NDCC) facilitated the event in Kathmandu.

**Other Small Grants**

We made small grants to monastic institutions and cultural centers to protect and promote Tibetan cultural heritage. These grants included educational support to Shalu Monastery and renovation of a debate courtyard at Chhusang Monastery, construction of a storage and rehearsal facility for Bylakuppe Opera Association, interviews of elder Tibetans as part of its Fading History project, production of educational cultural videos targeting young children, and construction of a learning center in Ithaca, USA. We also provided general support to Dzongkar Choede Monastery, Dundul Rabtenling Monastery, and Ladakh Nuns Association.
Statement of Financial Position
Year Ended December 31, 2021

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<tr>
<th>ASSETS</th>
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<td>Investments</td>
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These statements of financial position and activities were derived from the 2021 financial statements of The Tibet Fund’s independent auditors, BKD CPAs & Advisors. A copy of the audited financial statements and Form 990 FY 2021 are available upon request from The Tibet Fund.

Statement of Program Activities

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<td>Religion and Cultural Preservation</td>
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<td>Education and Scholarship</td>
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<td>Healthcare</td>
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Statement of Revenue and Expense Activities
Year Ended December 31, 2021

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**EXPENSES**

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The Tibet Fund could not have succeeded without the generosity of our supporters, community partners and education partners.

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Get involved with The Tibet Fund to create a lasting impact on the survival of rich Tibetan cultural heritage and uplift a community of underprivileged Tibetans. Your gift and time will go towards life-changing programs that addresses greatest community needs in the field of education, health, elderly care, community empowerment, and cultural preservation.

Become a part of the long-term solution to sustain Tibetan culture and national identity! Learn about how you can make a difference.

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Ways to become involved with The Tibet Fund

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• Donate to our General Fund or specific programs
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