



བོད་ཀྱི་ཐེངས་ཚུ
THE TIBET FUND

Annual Report
2022



“Since its establishment in 1981, The Tibet Fund has contributed to the building and development of a robust Tibetan community in exile. It has also supported Tibetans in Tibet in socio-economic areas and has assisted the Tibetan leadership in exile in its work on infrastructural development, refugee rehabilitation, and cultural preservation, while also backing education, healthcare and other capacity building programs. Through such support, we have been able to strengthen our cultural institutions and undertake projects essential for the preservation of the Tibetan cultural heritage that is the very core of our civilization.”

His Holiness the 14th Dalai Lama
Honorary Patron

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Dear Friends,

Reflecting over the past ten years, The Tibet Fund has significantly increased its impact on the challenges facing the Tibetan exile community. In 2012, when I joined the organization, we had a small team, with more board members than staff. Since then our programs have more than doubled in size, with a corresponding increase in annual spending, which was \$10.6 million in 2022.

Over this time The Tibet Fund introduced several new initiatives while continuing to support priorities of the Central Tibetan Administration. Our civil society program has empowered young Tibetans to give back to their community in ways they feel passionate about, by encouraging them to start social impact organizations and pursue mission-driven careers. Our full-ride scholarship program has given girls from low-income families the opportunity to attend college. We have demonstrated new and better approaches toward improving early child care, promoting gender equity, and giving Tibetan youth the tools they need to participate in India’s dynamic digital economy. The list goes on. All this would not have been possible without the generosity of our many donors and strong partnerships with USAID, the U.S. State Department, and the Central Tibetan Administration.

Perhaps most significantly, The Tibet Fund has invested in early child literacy, Tibetan literacy in particular. In Tibet, increasing numbers of young children are being separated from their parents and compelled to undergo education at Chinese-medium boarding schools, an alarming attempt to sever the next generation from its cultural legacy. We believe this makes the vitality of Tibetan language in exile more critical than ever. We have invested heavily in publishing Tibetan children’s literature, training educators and parents to develop good reading habits, and getting Tibetan books into the hands of young children and their parents – and into every K-5 classroom in India and Nepal. We have also invested in language immersion courses for older Tibetan youth, online language tools, and programs to sustain cultural traditions.

The next ten years promise unprecedented challenges for the Tibetan people, as the Dalai Lama ages and Tibet receives less international attention than it once did. Your support will continue to be vital as we advance our mission to uphold His Holiness’ third Principal Commitment: to preserve Tibetan language and culture. We offer our deepest gratitude to all of you who support our work and stand with Tibet.

With best wishes,

Bob Ankerson
President

Photo credits: Tenzin Choejor, Tenzin Kalden, Jamyang Tenzin, SARD, Central Tibetan Administration, Tibet Museum, Norbulingka Institute, Lha Charitable Trust, TIPA, LTWA, and TibetWrites



Safeguarding Our Heritage

Tibetan cultural heritage and national identity are the fabric that binds the Tibetan people together and gives enduring momentum to our struggle for freedom and justice. The Tibet Fund supports diverse programs and institutions to sustain Tibetan traditions and strengthen cultural resilience.



Tibetan Language Programs

The learning and use of Tibetan language is under severe pressure in Tibet, where increasing numbers of young children are being separated from their parents and compelled to undergo education at Chinese-medium boarding schools. We believe the acceleration of repressive policies in Tibet makes the vitality of Tibetan language in exile more critical than ever, and work with multiple partners to ensure the next generation of Tibetans sustains its linguistic and cultural identity.

With funding from USAID, more than 95 Tibetan youth received immersive Tibetan language learning opportunities. Intensive programs on Tibetan literature, philosophy, and developing linguistic competence were offered at the Library of Tibetan Works and Archives in Dharamshala. Norbulingka Institute continued a three-year program on Tibetan history, philosophy, poetry, and literature, giving students the opportunity to learn these subjects in their own language at an advanced level. In Hunsur settlement, Tibetan college students attended a



six-month course on Tibetan grammar, religious history, dialectics, and philosophy at Gyumed Snowland School.

More than 20 Tibetan youth from the U.S., Canada, and England studied Tibetan language and culture at the College for Higher Tibetan Studies in India during their summer break. The program included courses on Tibetan history and philosophy, contemplative practice, and cultural immersion.

The Tibet Fund continued partnering with Monlam, a Tibetan NGO, to develop online resources for children and adults to improve their Tibetan language learning, reading, and writing skills. Work began to create an online dictionary for children, a glossary of Tibetan verbs, and the first-ever Tibetan spelling and grammar check application. Language experts identified more than 1,800 age appropriate and culturally relevant words for the dictionary and created illustrations, sentence examples, and audio pronunciations. Norbulingka Institute also continued compiling an online encyclopedia of Tibetan arts, culture, and history.





We began a new initiative to promote Tibetan language and living culture through short film documentaries. Tibet TV, the official media channel of the Central Tibetan Administration, worked with young Tibetan filmmakers to produce documentary stories about traditional carpet and nomadic textile weaving, Tibetan family heirlooms, the reestablishment of Ganden monastery in exile, and the journey of an ancient Buddha statue from the Kyirong region of Tibet to India.

In Nepal, we supported adult literacy classes in the remote regions of Monjor, Namche, Rasuwa, Solukhumbu and Walung, where there are large Tibetan-speaking Himalayan communities. Basic Tibetan reading skills were taught to enable participants to read and recite Tibetan Buddhist texts. More than 200 Tibetans and Himalayans, mostly female, attended the classes.

Tibetan language learning in grades K-5 is also a major focus of The Tibet Fund's education programming.

Enriching Tibetan Arts

We continued collaborating with the Tibetan Institute of Performing Arts to sustain traditional performing arts. Young Tibetan artists successfully completed a five-year pre-service training at the institute, and new trainees were recruited. This program is the equivalent of a bachelor's degree in Tibetan performing arts, and prepares artists to perform hundreds of traditional songs and dances and the age-old tradition of Tibetan opera known as *Ache Lhamo*.

In April, the institute organized a week-long festival to celebrate Tibetan opera. More than 230 artists from opera troupes across India, Nepal, and the U.S. travelled to Dharamshala to perform, and the festival was attended by thousands of Tibetans and other visitors. Tibetan schools also received instruments and costumes for their performing arts classes.

We continued collaborating with the Norbulingka Institute to sustain Tibet's rich artisan traditions. With funding from USAID, more than 90 artisans received apprenticeship training under the tutelage of master artisans. Trainees learned to produce high quality *thangka* paintings, statues, appliqué art, traditional textiles, clothing, metal work, and wood furniture.

Artists, artisans, researchers, and cultural organizations received small grants to pursue projects that promote Tibetan arts and culture. Administered with the CTA Department of Religion and Culture, grants supported fifty small projects in 2022, including research on *Bon* and *Nyingma* treasure revealers, publication of new children's books, organised Tibetan jewelry designing and wood carving courses, production of appliqué and embroidered *thangkas*.

Digitizing Cultural Heritage

The Tibet Fund worked with the Library of Tibetan Works and Archives, Tibet TV, and the Dalai Lama Library and Archives to create digital collections of important cultural resources and artifacts. With USAID support, more than 900 rare manuscripts and documents from the 17th to 20th centuries were sorted, scanned, and catalogued at the Library of Tibetan Works and Archives, and more than 20,000 rare images were digitized and transferred to its central database.

The Dalai Lama Library and Archive began to catalogue and store its digital collection of the Dalai Lama's works and artifacts, including teachings, talks, discussions, books, letters, monographs, awards, and souvenirs. Tibet TV also began digitizing old archival films and videos of the Dalai Lama's teachings and Tibet related footage.





The Gift of Education

The Tibet Fund is a proud partner in the transformative journey of literacy and education that Tibetans embarked on soon after reaching exile. The Tibet Fund teams with the Department of Education of the Central Tibetan Administration, the Snow Lion Foundation in Nepal, and civil society organizations to create the largest educational footprint in exile, serving more than 14,000 students in 62 schools across India and Nepal. The generosity of our donors including USAID, the U.S. State Department, and many organizations and individuals has enabled us to expand the reach of early childhood care, improve the quality of education at Tibetan schools, and broaden access to higher education and professional studies. This gift of education is our contribution to the strong foundation children need to become lifelong learners, build better lives, and continue the struggle for Tibet's identity and freedom.

Early Childhood Development and Literacy

We continued supporting two Tibetan NGOs that focus on early child development and literacy, Manjushri Educational Services and Shatsa. These model organizations run community libraries for young children, publish high quality children's books, organize reading programs, and educate parents. In 2022, Manjushri conducted workshops for more than 240 parents of newborns, who received baby bags with high-quality board books, sensorial and educational toys, and hygiene products. Manjushri also produced sets of Tibetan alphabet blocks and distributed them to Tibetan daycare centers and schools across India and Nepal, benefitting more than 7,000 children. Shatsa organized workshops for parents in Ladakh and conducted week-

long reading programs for more than 120 nomad children. It also published three children's books based on stories of Tibetan nomadic life, and launched a mobile library, which visits camps to organize reading activities and increase children's access to books.

We continued working with the CTA Department of Education and Snow Lion Foundation to improve reading skills for early grade children. More than 20,000 Tibetan language children's books were distributed to primary schools and parents, and 35 reading corners were installed in classrooms and school hostels. Teachers received training and language learning aids to improve early reading skills, and classrooms were furnished with child-centric furniture. Librarians also received training, improved their book collections, and organized book events at 50 school libraries. In Nepal, a new early grade reading teacher's guide was produced, and parents attended workshops on how to encourage reading at home.

The Tibet Fund worked with the CTA Departments of Education and Home to develop a new early childhood care and education program. An assessment of daycare centers highlighted the need to train caregivers, introduce play-based activities and play materials, improve daycare center conditions, and increase caregiver salaries. New guidelines and safety practices were adopted by the CTA, and caregivers received training on the importance of early childhood years, managing daily daycare activities, working with parents, and storytelling methods. Funds were provided to renovate daycare centers, provide more nutritious midday meals, and install new play materials.





Tsering's parents work as farmers in the summer and sell garments at an outdoor market during the winter. Despite the high cost of law school tuition, Tsering was determined to study law from a young age. Thanks to her scholarship, she enrolled in a bachelor's program at JSS Law College in Mysore. In addition to excelling academically, Tsering interned at the Karnataka High Court in Bangalore, and says she is keen to pursue a career in human rights law.

Access to Higher Education

The Tibetan Girls Scholarship Program supports girls from low-income families in India, Nepal, Bhutan, and Tibet to attend college. Scholarships cover the full cost of tuition and living expenses and are awarded solely on the basis of financial need. In 2022, 35 young women received awards to study medicine, law, journalism, business, Tibetan studies, and humanities subjects.

The Tibetan Professional Scholarship Program supports outstanding college graduates to pursue master's degrees at leading universities in India and Nepal. Need-based awards enable students to pursue professions such as medicine, law, and engineering, that are beyond the reach of many Tibetan college graduates. Eleven students received scholarships to begin or continue professional master's degrees.

The Tibet Fund has been administering the Tibetan Scholarship Program since 1988. Managed in collaboration with the U.S. Embassy Public Affairs Section and CTA Department of Education, this program has enabled 480 Tibetan students and professionals to study in many of America's finest universities, including Harvard, Columbia, and U.C. Berkeley. 21 graduate students received funding to pursue master's degrees in fields including data science, cyber security, science education, public health, journalism, gender studies, and international law.

We continued supporting the CTA Department of Education's Scholarship Program, which awards merit-based scholarships for students to pursue tertiary education in India at all levels. 283 undergraduate and graduate students received partial scholarships, of which 62% were female and 48% were master's and PhD students. Pre-med students also received support to prepare for medical school exams at reputed coaching centers.

Advancing Quality Education

Teacher Professional Development (TPD) program activities continued in all K-12 Tibetan schools in India and Nepal. Funded by USAID, more than 1,100 teachers participated in school-based collaborative activities including expert talks, book discussions, peer observations, and lesson study groups. Teachers from 40 schools attended a TPD coordinators workshop, and 34 teachers received training in higher order thinking skills. 532 teachers attended a webinar series and workshop on the Government of India's policy to introduce formative assessment methods in schools.

More than 4,900 middle and secondary students in India and Nepal continued benefiting from USAID-funded educational technology. Two schools in India received new classroom technology corners equipped with internet connectivity and laptops, tablets, scanners, and video cameras, which students use for group projects



and self-learning. Students in Nepal received training on computer applications, cyber security, and coding, and teachers received training to use educational technology effectively in their classrooms.

To strengthen the quality of STEM education, science and math teachers from 17 schools received pedagogical training, and STEM learning hubs were established to encourage teacher peer learning. Student science centers were set up to increase access to learning aids, and science exhibitions were organized for students from seven middle schools. Ten recent high school graduates received summer internships at prestigious Indian universities to explore their interest in scientific research.

The Tibet Fund continued supporting school counselors in Nepal. Counselors received training on developmental perspectives, psychosocial problems, and methods to address emotional, behavioral, and learning difficulties. Anti-bullying workshops were organized in six schools, and more than 380 students attended counselling sessions on scholarships, career opportunities, course selection, mental health awareness, and time management.

Serving the Marginalized

More than 3,150 vulnerable children, young adults, monks, and nuns received monthly allowances for basic necessities with support from the U.S. State Department. We collaborated with the Central Tibetan Administration, Tibetan Children's Village, Tibetan Homes Foundation, Tibetan Transit School, and 56 monastic schools in India and Nepal to give these refugees the choice of pursuing a modern or traditional education at Tibetan schools, monasteries, and nunneries. We also worked with Sambhota Tibetan Schools Society to improve school nutrition for 630 children at residential schools in Mussoorie, Shimla, Darjeeling, and Kalimpong.

To promote inclusive education in Tibetan schools, The Tibet Fund worked with the CTA Department of Education to produce two new children's books focusing on diversity and train teachers on inclusive education principles and techniques. Differently-abled students received aids and devices to improve their mobility and well-being, and wheelchair ramps and handrails were installed at two schools in India.





Strengthening Livelihoods and Self Reliance

The Tibet Fund is committed to building self reliance by improving livelihoods and promoting settlement-based economic development. With funding from USAID and private donors, we work with the Central Tibetan Administration, Tibetan NGOs, and sector specialists to increase family incomes and employment. Our initiatives support loans and business development services for microenterprises, vocational skills training for unemployed youth, and cash crop development for farmers, with a focus on women and female-led households.



Tenzin Yangzom, Tsering Bhuti, and Choekyi previously sold tsampa separately in Herbertpur, but each faced production capacity and market limitations. The Tibet Fund encouraged them to create the joint venture Ma Tsampa, and gave them support for new roasting, cleaning, and grinding machines. The women also received training in bookkeeping, machine handling, packaging, and marketing. New packaging and labels were designed to improve branding, and a new vacuum sealing machine has increased product shelf life. With improved efficiency and organization, the women doubled their production capacity and the business generated INR 600,000 in sales in 2022. Profits are evenly shared among the three women, helping them improve their lives and the lives of their families.

Microenterprise Development

The Tibetan Women Microentrepreneurship Project was introduced during the Covid pandemic to improve livelihoods for vulnerable low-income women, in particular single mothers. Managed in collaboration with the Tibetan Women Association, the project provides small grants and individual, personalized mentoring for women microentrepreneurs to grow their businesses and improve market access.

35 women in Himachal Pradesh and Uttarakhand received project support in 2022. Our team worked with each to conduct market research, develop business plans, and provide marketing support. We also helped them source raw materials, install machines and equipment, register food products with licensing authorities, and build market linkages to ensure their products reach more customers.

Women gained new confidence and skills to run their businesses, and continue to generate steady income to support their families. They include home producers of chili sauce and *tsampa*; artisans selling *thangka* paintings, prayer flags, and traditional dresses, and small restaurant owners.

In collaboration with Lodrik Welfare Fund, settlement offices, and USAID, a community managed revolving fund program was extended to Manang, a remote settlement near the Tibet border. Introduced in 2017, this program is now active in ten settlements of Nepal and has a repayment rate above 95%. 412 new loans were made, and borrowers received financial literacy training on savings options, expense analysis, goal setting, and digital financial services.

In India an assessment of microenterprises in Tibetan settlements was conducted to evaluate their challenges, growth potential, and local business environments. Enterprise resource centers were established in Dehradun and Delhi, where they began offering microentrepreneurs personalized mentoring and direct assistance for product development, marketing, distribution, upskilling, and soft skills training.

In Nepal we continued working with Hope and Challenge, a local NGO, to support struggling microenterprises in Boudha, Kathmandu. Vulnerable Tibetans received basic business training, seed funds, and mentoring to run their businesses, including a traditional apron weaver, a jewellery maker, and a producer of homemade dairy products.





Vocational Skills Training

With support from USAID, we worked with the CTA Department of Home to provide job skills training and vocational education scholarships to 310 unemployed youth. Trainees attended long and short-term courses to pursue a wide range of vocations, from baking and food production to hairdressing, graphic design, electronics repair, photography, cosmetology, tattoo art, and secretarial skills.

A new Digital Education Center was established at the Dalai Lama Institute of Higher Education in Bangalore, to help young Tibetan professionals gain employment in India's dynamic digital economy. Job-focused digital skills training is combined with soft skills coaching and

job placement support, leading to industry certificates and job offers. In 2022, the first cohort of 26 completed a three-month training in cloud computing skills, of which 16 passed an Amazon Web Services certification exam and received job offers.

The Tibet Fund continued supporting Lha Charitable Trust, a local NGO, to provide livelihood skills training for young Tibetans, focusing on those without school diplomas and former monks and nuns. 90 participants took six-week courses at Lha's training center to learn baking, barista, and cooking skills, and attended institutes in Delhi to learn bartending and fitness trainer skills. Livelihood training was complemented with sessions on financial literacy and business start-up basics.

In Nepal, we partnered with the Himalayan Society for Youth and Women Empowerment to provide 42 youth with vocational education scholarships. Himalayan Society helped youth research and gain admission to institutes offering courses of their choice, including baking, cooking, barista, tailoring, cinematography, tattoo art, cosmetology, *thangka* painting, and sound therapy.

Supporting Farmers

The Tibet Fund continued supporting initiatives to increase farmer productivity and income. With USAID funding, more than 600 farmers in India and Nepal received agriculture extension services including cash crop inputs, soil testing and treatment, exposure visits to demonstration farms, organic certifications, and training in new farm management practices. Over 10,000 citrus saplings were raised at the CTA Organic Research and Training Center in Bylakuppe, and 5,797 were transplanted to farmer fields in two settlements, which also received green manure, bio-fertilizers, fencing, and drip irrigation.

In Nepal, over 160 households in three settlements received support for cash crops, kitchen gardens, vegetable greenhouses, and livestock. In Tserok, a remote area of lower Mustang, apple trees planted with earlier USAID support reached the fruiting stage, and households received small sheds to dry freshly harvested apples and apricots for better marketability. In Dhorpatan, another remote high altitude settlement,

farmers grew vegetables and potato seeds in household greenhouses, and disadvantaged households received dairy cows with calves.

The Tibet Fund began a new collaboration with the CTA Department of Home and the Tibetan Medical and Astrological Institute to grow medicinal plants, with the goal of linking farmers to markets for the traditional ingredients used in Tibetan *Sorig* and Ayurvedic medicine. A feasibility study was conducted in two settlements, and ten farmers were selected to begin growing Indian gooseberry and chebulic myrobalan fruit next year. The Institute produced more than ten medicinal plant varieties at nurseries in Himachal Pradesh and Ladakh, and installed a digital refractometer for herbal medicine quality testing.

Community Matching Grants

The Tibetan Settlement Matching Grant Program was launched in 2021 to encourage Tibetans in North America to support the development and sustainability of their original settlements in India and Nepal, by co-funding projects for education, health, livelihoods, culture, and small infrastructure. We provided twelve matching grants to associations of Tibetans overseas for their proposed projects, which included construction and improvement of village roads, drainage systems, streetlights, and community halls. Associations provided at least half the budget for each project, and coordinated with local committees and the Central Tibetan Administration.





Protecting and Empowering Women and Girls

The Tibet Fund collaborates with multiple partners to prevent and protect against gender-based violence. With funding from the U.S. Department of State, USAID, and private donors, we support the CTA Women Empowerment Desk, Tibetan Women Helpline, and Drokmo, a women-led NGO. Their work is complemented by education, livelihood, and health initiatives that empower Tibetan women and girls.



We continued working to institutionalize protection and response mechanisms in Tibetan settlements, schools, and the Central Tibetan Administration. The CTA Women Empowerment Desk established gender-based violence committees in nine settlements and four schools, and trained more than 100 committee members on safety and redressal mechanisms. WED also gave gender awareness workshops to more than 700 college students, settlement residents, CTA and NGO staff.

The Tibetan Women Helpline maintained a 24/7 helpline and operated a safe space in Dharamshala. Helpline workers provided information and counselling on domestic violence, sexual harassment, legal aid, and shelter. Survivors received sustenance funds to meet medical, financial, and legal needs, and awareness drives were conducted to ensure vulnerable women have access to helpline services.

Tibetan gender focal persons organized awareness workshops for more than 1,000 students, and served as local contacts for students to seek safe counsel. Awareness sessions focused on host government laws protecting children from sexual offenses. Older students assisted in conducting safety audits at their schools to identify security risks, and made recommendations to school management to address issues such as inadequate



lighting. Trained barefoot counselors visited more than 160 residents at their homes, where they provided counseling on positive parenting, domestic violence, mental health, and substance abuse.

The Tibet Fund continued collaborating with Drokmo, a women-led NGO working for gender justice. Drokmo conducted menstrual, sexual, and reproductive health workshops for adolescents at Tibetan schools, at which they facilitated entry-level discussions about sexual consent, violence, and the changing patterns of relationships during adolescence. Drokmo also organized a menstrual health management workshop for several nunneries.

Gender-based violence prevention is complemented by education, livelihood, and health initiatives that empower Tibetan women and girls. In 2022 the Tibetan Girls Scholarship Program continued supporting girls from low-income families to attend college, and the Tibetan Women Microentrepreneurship Project supported vulnerable women to grow their businesses. The Every Mother and Child initiative began providing extra nutrition to breastfeeding mothers, and sensorial toys, baby books, and essential health and hygiene items for their babies.



Choedon is a counselor at the Tibetan Women's Helpline, which combats gender-based violence (GBV) in the Tibetan community in India and Nepal. A survey in 2021 found that 40% out of 1,487 respondents had experienced GBV. The USAID-supported helpline offers counselling, referral services, legal advice, job assistance, and connections to social protection schemes. Safe shelter and emergency funds are also available for women in need. Choedon has noticed a gradual shift in attitudes and behavior within the community, particularly among younger Tibetans. Despite the challenges, Choedon remains steadfast in upholding the rights of Tibetan women.



Building Healthy Communities

Working with the Central Tibetan Administration and Snow Lion Foundation, our health programs save lives, reduce morbidity, and strengthen community health systems. With generous funding from USAID, the U.S. State Department, and private donors, we support TB and Hepatitis prevention, safe drinking water and sanitation, maternal and child healthcare, community health insurance, behavior change communication, eye care, and essential services for vulnerable community members. In 2022, we launched new initiatives that focus on breastfeeding mothers and vulnerable elders. We also support grassroots NGOs to work on specific health issues such as cancer and heart disease.

Essential Community Services

More than 75,000 Tibetans in India and Nepal continued accessing a network of 49 settlement clinics and hospitals. Managed by the CTA Department of Health and Snow Lion Foundation, these facilities offer essential primary, preventive, and referral services, as well as limited in-patient care. Nurses make regular home visits to conduct point-of-care testing, deliver behavior change health messages, and provide primary care to the doorsteps of community members. To improve access in remote areas, telemedicine was introduced in three settlements, where more than 150 patients received teleconsultations with specialist doctors. Clinic nurses and health workers received online training to facilitate telemedicine, including diagnostics and e-prescriptions.

More than 24,000 Tibetans received emergency medical insurance through the CTA Tibetan Medicare System, which serves Tibetans in India unable to access health insurance. The most vulnerable community members received free consultations, life-saving drugs, and subsistence allowances, including the destitute, torture survivors, HIV patients, epilepsy and leprosy patients, Tibetans with disabilities, disadvantaged elders, and recovering substance abuse patients.

Fighting Communicable Diseases

We continued to play a pivotal role in the fight against life-threatening communicable diseases, including Covid-19, Tuberculosis, and Hepatitis B. Working with the CTA Department of Health, Snow Lion Foundation, and



Altruism in Action, we supported screening, diagnosis, and treatment programs, as well as awareness campaigns to promote behavior change.

The impact of the Covid pandemic continued to be felt through the first half of 2022. Over 3,500 Tibetans were tested in India and Nepal, and medical and sanitization supplies were distributed to health facilities and schools. 444 Covid patients and their family members received medical advice and counselling to address post-Covid trauma, and 47 critical patients received emergency treatment. At the end of 2022, the CTA Department of Health recorded a total of 9,381 cases throughout the pandemic, with a mortality rate of only 2%.

To prevent the spread of tuberculosis, active case finding was conducted in settlements, schools, colleges, and monasteries. Positive cases received medical treatment, diagnostic services, and supplemental nutrition. TB wards received new equipment and GeneXpert cartridges for rapid, reliable diagnosis, and drug sensitivity testing was conducted to determine the most effective treatment for multi-drug resistant cases.





To prevent and control Hepatitis B, more than 14,700 individuals were tested, out of which 7% were positive. Those testing positive received consultations, antiviral drugs, and guidance to make lifestyle changes, and more than 8,300 testing negative received vaccinations. Altruism in Action, a Tibetan NGO, also organized awareness and screening camps.

Safe Water and Sanitation

Access to safe drinking water, sanitation, and good hygiene are essential to combat the spread of water-borne diseases. The Tibet Fund collaborated with the CTA Department of Health, Leh Nutrition Project, and Snow Lion Foundation to construct and repair drinking water facilities, toilets, and drainage systems in settlements, schools, and elder homes, benefitting more than 6,800 Tibetans in India and Nepal. Water and sanitation support focused on the most remote communities in Arunachal Pradesh, Ladakh, Odisha, in India and lower Mustang, and Dhorpatan in western Nepal.



Reproductive and Child Health

The Tibet Fund worked with the CTA Department of Health and Snow Lion Foundation to improve the quality of reproductive, maternal, newborn, and child health care, benefitting more than 2,300 women and children. Pregnant women received safe delivery services and essential antenatal and postnatal care, including neonatal vitamins, injections, and counselling. Health workers provided gynecological and pediatric consultations, and reproductive-age women were screened for polycystic ovary syndrome.

As part of our new Every Mother and Child initiative, breastfeeding mothers received nutritional supplements to promote healthy infant growth and maternal health, and new mothers received baby bags with sensorial toys, baby books, and essential health and hygiene items.

More than 1,100 school girls and nuns were also screened for anemia, and positive cases received iron tablets.



Addressing Mental Health

Telepsychiatry services were introduced in four pilot settlements in south India using a new digital platform, Improving Access through Telepsychiatry – Tibet. Two psychiatrists provided teleconsultations to more than 150 patients, and nurses were trained in home-based counselling and peer supervision. To destigmatize mental illness, health workers conducted public events and awareness sessions for community leaders, teachers, students, parents, residents, and college students.

We collaborated with the Tibetan Psychological Association to organize a three-day conference on mind and mental health in Dharamshala. One of the world's leading meditation teachers, Yongey Mingyur Rinpoche, addressed the conference, and experts gave talks about mental health stigma, developing resilience in times of crisis, and Buddhist psychology.

Caring for Vulnerable Elders

We began working with partners to improve the quality of care for economically disadvantaged elders. An



assessment was conducted and the CTA adopted new policy guidelines to introduce individual care plans, track health data and organize routine activities. Caregivers received training and organized yoga and physiotherapy sessions, singing and dance performances, and group games. Elder homes received facility improvements and appliances including massage chairs, wheelchairs, and walking canes, benefitting more than 300 elderly people.

Supporting Grassroots NGOs

Our civil society partners worked to fight cancer, Hepatitis B, heart disease, and dental disease. Tibetan Cancer Society conducted H-Pylori cancer screening and awareness camps in eight settlements in northeast India, nine nomadic camps in Ladakh, and three settlements in central India, reaching more than 2,800 Tibetans, and assisted more than 100 cancer patients in navigating hospital appointments. Tibetan Heart Foundation conducted health camps in three settlements in south India, screening more than 950 people for cardiac disease. Charitable Tibetan Dentists conducted dental camps in Ladakh, where they screened over 1,500 nomads and provided free dental care to more than 570.



Empowering Tibetan Civil Society

The Tibet Fund is committed to empowering Tibetan-led community organizations to make positive change and sustain Tibetan culture. The Tibetan Civil Society Empowerment Program makes grants to increase the social impact and capacity of our NGO partners, while enabling their staff to gain technical skills and nonprofit leadership experience. Since 2017, we have made grants to more than 30 Tibetan civil society organizations in South Asia, many of which received multi-year support.



Manjushri Educational Services

Manjushri focuses on improving early childhood care and education for infants and children up to the age of 5, and Tibetan reading skills for children up to age 8. It organizes activities for children at its reading and play center in Dharamshala, and conducts workshops in settlements to raise awareness on the importance of early childhood and positive parenting strategies. Manjushri also publishes high-quality children's books and alphabet blocks, which have reached more than 7,000 children in India and Nepal.



Shatsa

Shatsa is committed to developing excellent reading habits among Tibetan children and setting them on the road to embracing lifelong reading. Shatsa conducts reading intervention programs at its community library in Ladakh and through a mobile library for children without library access. Shatsa's original children's books, based on stories of Tibetan nomadic life, have reached more than 8,700 children in India and Nepal.



TibetWrites

TibetWrites is a Dharamshala-based collective that works to promote Tibetan writers and publish their work in Tibetan and English. In 2022, TibetWrites published *Under the Blue Skies: A Tibetan Reader*, an anthology of fiction, essays, and poetry, and a Tibetan translation of Steinbeck's novel, *The Pearl*. The books were distributed to Tibetan schools, institutes, community libraries, and NGOs in India and Nepal. The Tibet Fund has supported the publication of ten new titles since 2019.



Drung

Drung is a Tibetan filmmakers collective that promotes Tibetan films and supports aspiring Tibetan filmmakers. Drung organized a mentorship program for two young filmmakers in 2022. Mentees received small grants to produce short films, and award-winning filmmakers from Japan and South Korea advised them on script development and pre-production, direction, editing, and post-production.



Lha Charitable Trust

Lha Charitable Trust offers educational and social services such as language and computer classes, cultural exchange programs, health and environmental awareness events, and skills training. Livelihood skills training focuses on young Tibetans who have never attended school, school dropouts, and former monks and nuns, and is complemented by financial literacy and basic business training. In 2022, 90 trainees received training in baking, cooking, barista, bartending, and fitness trainer skills, among others.



Tibetan Cancer Society

Tibetan Cancer Society works to spread awareness about cancer and assists cancer patients in securing hospital admissions. In 2022, it organized cancer awareness camps in remote Tibetan settlements of northeast and central India and nomadic camps in Ladakh. H. Pylori screening was conducted for more than 2,700 people, and more than 100 cancer patients received assistance securing doctor appointments and hospital admissions and communicating with cancer specialists.



Reimagining Doeguling Tibetan Settlement

Reimagining Doeguling is a grassroots organization in Doeguling settlement in India that specializes in water conservation, public health, and community development. In 2022 it installed new rooftop rainwater harvesting systems at a hospital, student hostel, and community hall, benefitting over 100 settlement residents, and began revitalizing a settlement pond.



Drokmo

Founded by two young feminists with support from The Tibet Fund, Drokmo works to advance gender justice in Tibetan settlements and schools. In 2022 Drokmo conducted menstrual health workshops at schools in Arunachal Pradesh and Karnataka, at which students were introduced to entry level discussions about sexual consent, violence, and the changing patterns of relationships during adolescence.



Hope and Challenge

Every year Hope and Challenge provides about ten vulnerable Tibetans in Kathmandu with seed grants, training, and mentoring to start and run microenterprises. Since 2018, more than 50 individuals have received support to earn a better livelihood. Beneficiaries in 2022 included a traditional apron weaver, a jewelry maker, and an applique *thangka* artist.



Altruism in Action

Founded by a nurse after recovering from a life-threatening case of Hepatitis B, Altruism in Action works to spread awareness about Hepatitis B, and provides consultations, vaccinations, and treatment to economically vulnerable Tibetans in India. In 2022 it organized screening camps in Ladakh and Dharamshala, and provided free medication to those testing positive.



Charitable Tibetan Dentists

Charitable Tibetan Dentists is a volunteer organization founded by young Tibetan dentists to provide free dental services. In 2022, they organized a series of dental camps in schools and settlements in Ladakh, where they screened more than 1,500 nomads for dental ailments and treated over 570 with fillings, extractions, scaling, and fluoride cleaning.



Tibetan Heart Foundation

Located in Doeguling, Karnataka, the Tibetan Heart Foundation was founded to spread awareness about cardiac disease and promote good cardiac health. In 2022, more than 950 Tibetans received cardiology screening in settlements of south India. Following medical camps, the organization assisted more than 100 patients with hospital visits, specialist consultations, and surgeries.



Rehabilitating New Refugees

Rehabilitating new refugees from Tibet and assisting them to lead healthy, dignified lives in exile is a core goal of humanitarian assistance from the U.S. State Department Bureau of Population, Refugees, and Migration (PRM). Since 1991, The Tibet Fund, in close partnership with the Central Tibetan Administration, has administered PRM funding to meet the basic needs of incoming refugees. Rehabilitation services are provided at two reception centers in Delhi and Dharamshala and three schools that cater to new refugees. Legal and physical protection, healthcare, and access to education equip them with the tools necessary to rebuild their lives.

Due to increased border security, restrictions on movement, and harsh punishments for those who are caught, the number of refugees escaping Tibet has sharply declined. In 2022, with PRM funding the CTA Department of Security secured entry permits, safe passage, and legal documentation for a small number of new refugees, working in coordination with UNHCR and the Government of India. Newly arrived refugees received food, shelter, clothing, counselling, and medical care, including check-ups and tests for infectious diseases. They also had the opportunity to have an audience with His Holiness the Dalai Lama. All were given the opportunity to attend schools, monasteries, or nunneries, and reported feeling physically and legally secure after arriving in India.

Event Highlights



The Tibet Fund Delegation Visit to Dharamshala

Michael Lemle, Chairman of the Board of The Tibet Fund, led a delegation of board members and friends of Tibet to Dharamshala, where they had an audience with His Holiness the Dalai Lama at his residence. During the visit, Board members met with local staff of The Tibet Fund, and were hosted by the Sikyong, Penpa Tsering, for a cultural evening at the Tibetan Institute of Performing Arts.



TibetWrites Book Launch

TibetWrites, a local NGO promoting Tibetan literary arts, launched its latest offering, *Under the Blue Skies: A Tibetan Reader*, an anthology of short stories, poems, and essays. Published with support from The Tibet Fund, the book includes selections by His Holiness the Dalai Lama and noted author Tsering Wangmo, who was present at the launch event in Dharamshala. The book has since been included as a supplementary text in Tibetan schools.



Tibet Museum

The new Tibet Museum in Dharamshala was formally opened to the public, marking the culmination of four years of work by a team of curators, specialists, and museum staff, most of which was funded by a USAID grant to The Tibet Fund. The museum's permanent exhibition is titled, *"I am Tibetan, this is my story,"* and features sections on Tibet's history, His Holiness the Dalai Lama, occupation, resistance, escape, exile, and Tibet's environment.



Secular Ethics and Youth Leadership Conference

80 Tibetan college students from North America attended a three-day Conference on Secular Ethics and Youth Leadership at the Garrison Institute in New York. The conference was jointly organized by The Tibet Fund and the Office of Tibet. Sessions on Social, Emotional and Ethical Learning were led by Tibetan professors from Emory University.



U.S. Special Coordinator for Tibetan Issues Addresses Scholarship Students

The U.S. Department of State Bureau of Educational and Cultural Affairs organized a virtual workshop for Tibetan Scholarship Program students studying in the United States. Under Secretary Uzra Zeya, Special Coordinator for Tibetan Issues, addressed the scholars and led a lively discussion on U.S. foreign policy priorities. Ms. Zeya later tweeted that she was "inspired by the resilience and drive" of the scholars.



12th Annual Gala of The Tibet Fund

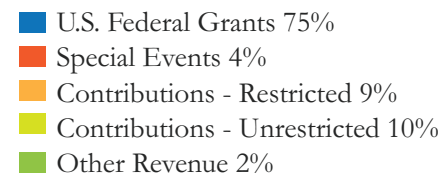
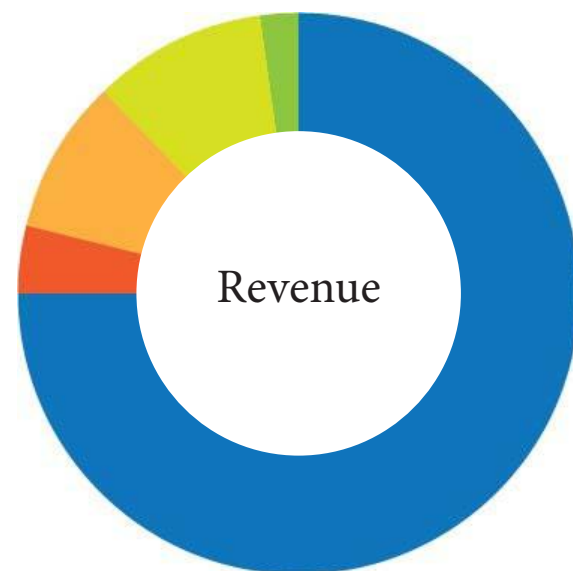
The Tibet Fund hosted its twelfth annual gala at Chef Eric Ripert's renowned restaurant, Le Bernardin Privé, in New York. The event was attended by more than 150 guests, including Under Secretary Uzra Zeya. Co-chairs of the event were Richard and Alejandra Gere and Diane Brandenburg, and three exceptional individuals were honored: Ama Jetsun Pema la, former President of the Tibetan Children's Village; Olivia Hansen, a philanthropist; and the late Richard Weingarten, a founding member of The Tibet Fund.

Financial Statements

Year Ended December 31, 2022

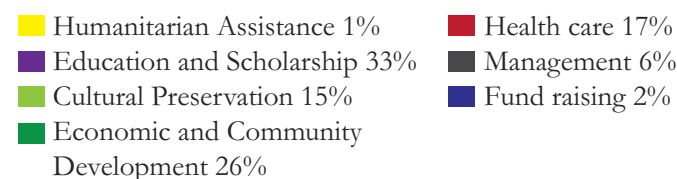
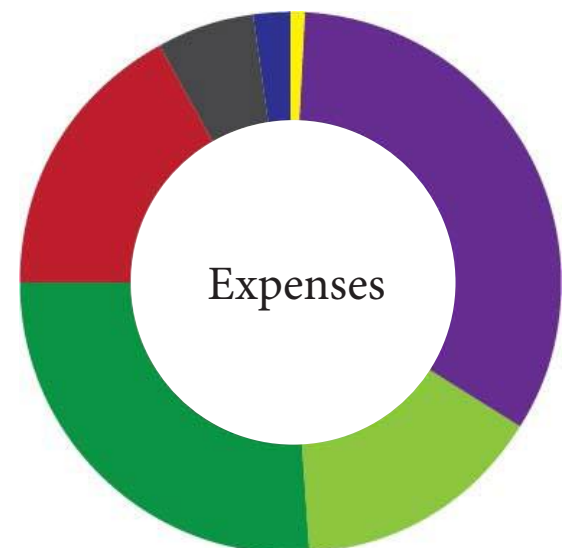
STATEMENT OF REVENUE

| Public support and revenue | Total |
|---|---------------------|
| U.S Federal grants | \$8,235,634 |
| Special events | \$446,086 |
| Less: direct expenses of special events | (\$56,525) |
| Contributions | \$1,034,628 |
| (<i>With donor restrictions</i>) | |
| Contributions | \$1,100,425 |
| (<i>Without donor restrictions</i>) | |
| Other revenue and gains | |
| Interest and dividends | \$78,895 |
| Rental income | \$87,934 |
| Total Revenue | \$10,927,077 |



STATEMENT OF PROGRAM EXPENSES

| Program services | Total |
|------------------------------------|---------------------|
| Humanitarian assistance | \$25,953 |
| Education and scholarship | \$3,584,398 |
| Cultural preservation | \$1,612,800 |
| Economic and community development | \$2,843,019 |
| Health care | \$1,856,786 |
| Supporting services | |
| Management and Operational | \$628,012 |
| Fund raising | \$75,758 |
| Total Expenses | \$10,626,726 |



Our Supporters and Partners

The Tibet Fund could not have succeeded without the generosity of our supporters, community partners, and education partners.

Community Partners

Active Nonviolence
Education Center
Altruism in Action
Bylkop Lugdhe Kyiduk
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Drokpo Team
Empowering the Vision Project
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Tibetan Medical Astro and Institute
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TibetWrites
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Tibetan Homes Foundation
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Sponsoring Needy Tibetans

Our sponsorship program serves hundreds of vulnerable Tibetan refugees at schools, monasteries, nunneries, and elder homes in India and Nepal. Sponsorship funds are used to provide healthy meals, basic necessities, adequate healthcare, and education to children, monks, nuns, and elders. In 2022, donations from many generous donors helped support more than 950 needy individuals. Sponsorships supported 262 monks, 113 nuns, 433 students, 46 disabled children, 78 elders, and 21 performing arts students at over 80 beneficiary institutions.

Schools

Atisha Primary School
STS Dalhousie
STS Darjeeling
STS Kalimpong
STS Mussoorie
STS Nainital
STS Shimla
Lophel Ling
Mt Kailash School
Namgyal Secondary School
Namgyal Middle School
Ngoenga Special Needs School
SOS Pokhara
Srongtsen School
STS Bylakuppe
STS Chandragiri
STS Chauntra
STS Dhanji

STS Gurupura
STS Kollegal
STS Manali
STS Mewon
Tsluglak Peteon
STS Mahendragarh
STS Miao
STS Mundgod
STS Paonta Sahib
STS Pokhriabong
STS Ravangla
STS Shillong
STS Sonada
STS Tenzingang
STS Tezu
TCV Suja
TCV Chauntra
TCV Dharamshala Lower
TCV Dharamshala Upper
TCV Outreach
TCV Selakui

TCV SOS
Gopalpur
TCV SOS Ladakh
TCV SOS
Bylakuppe
Tibetan Institute of Performing Arts
Tibetan Homes Foundation
Tibetan Medical and Astrological Institute
Yongling Creche and Kindergarten

Monasteries

Chuwar
Drepung Loseling
Drepung Gomang
Dzongkar Choede
Ganden Jangtse
Gosok Rinzin
Phodang

Guto Tantric
Gyudmed Monastic School
Gyudmed Trantric University
Gyuto Tantric University
Institute of Buddhist Dialectics
Kirti, Samtenling
Sera Jhe
Sera Mey
Sera Mey Toesam
Sera Mey Tsangpa
Shalu
Tashi Lhunpo

Nunneries

Khari
Dolma Ling
Geden Choeling
Jamyang Choling

Jangchub Choeling
Keydong Thukche Choeling
Ladakh Nuns Association
Namdroling
Sakya Rinchen Choeling
Samtenling
Shugseb
Tilokpur
Tsogyal Shedupling
Thekchok
Namdoling

Elder Homes

Dhondenling Old People's Home
Jawalakhel Elders Home
Tsering Elders Home



How You Can Help

Get involved with The Tibet Fund to create a lasting impact on the survival of rich Tibetan cultural heritage and uplift vulnerable Tibetan communities.

Your gift and time will go towards life-changing programs that address humanitarian needs in the fields of education, health, livelihoods, gender equity, and culture preservation.

Become a part of the long-term solution to sustain Tibetan culture and national identity!

Learn about how you can make a difference.
Please contact: Bob Ankersen at (212) 213-5011
or bob@tibetfund.org

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Remember us in your will
and leave a lasting philanthropic legacy

Sponsor a needy Tibetan refugee
and transform their lives

Become a TTF Member
and support our mission and activities

Engage your workplace
through a matching gift program or
combined federal campaign (Use CFC#10445)

Contribute stocks
and get a full tax deduction on their current value

Donate to our General Fund
or specific programs

The Tibet Fund's mission is to preserve the distinct cultural identity of the Tibetan people. Founded in 1981 under the patronage of His Holiness the Dalai Lama, The Tibet Fund is the leading nonprofit organization dedicated to supporting and strengthening Tibetan communities, both in exile and inside Tibet.

The Tibet Fund is a 501(c)3 organization and donations are tax deductible to the extent allowed by law.



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